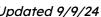
Schedule 2024-2025 (Sept-June)

Updated 9/9/24					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30-10am Rockin' Babies (infant-6mos w/ caregiver)				10am OPEN TODDLER GYM (once per month TBA)
	10-10:45am Dancing Diapers (6mos-3yrs w/caregiver)	11:30am-12:30pm Adult Yoga (Gentle)	11-11:45am Chair Yoga (In Studio & Virtual)	11:30-12:15 Mommy & Me Yoga (18mos-3yrs w/caregiver)	11am-12pm Adult Yoga (Vinyasa All Level: In Studio & Virtual)
4:15-5pm Tiny Dancers <i>(ages 3-6)</i>			4:15-5pm Kids Yoga (ages 5+)		
5-6рт <mark>Acro</mark> <i>(ages 7+)</i>	5-6pm Kids Ballet <i>(ages 7-11)</i>	5-6pm Kids Hip- Hop <i>(ages 7-11)</i>	5-6pm Kids Jazz <i>(ages 7-11)</i>	5-6pm Adult Sculpt (In Studio & Virtual)	Check out our Monthly Events or Book your Party Today!
6-7pm Adult Yoga (In Studio & Virtual)	6-7pm Teen Ballet <i>(ages 12+)</i>	6-7pm Teen Hip-Hop <i>(ages 12+)</i>	6-7pm Teen Jazz <i>(ages 12+)</i>		Facials, Reflexology, & Reiki Appts Upon Request!
7-8pm Adult Dance Fitness (In Studio & Virtual)	7-7:30pm Pointe	7-8pm Contemporary	7-8pm Adult Barre Fusion (In Studio & Virtual)		





2141 Crompond Rd, Cortlandt Manor, NY 10567 (914) 293-7021 www.expressiondancewellness.com

2024-2025 Dance Expression Pricing

(Kids/Teens Sept-June)

Full Tuition for the Season may be paid in full (receive a 10% Discount) or broken down into 10 payments. There are discounts for siblings and multi-classes.

Tiny Dancers \$70/mo (\$700/Year)

Kids/Teens 1 Class per week \$75/mo (\$750/Year) 2 Classes per week \$145/mo 3 Classes per week \$210/mo 4 Classes per week \$270/mo 5 Classes per week \$325/mo 6 Classes per week \$375/mo

> ***A one-month Deposit is required when registering*** A \$25 registration fee per family will be applied

2024-2025 Self Expression Pricing

ADULT Yoga/Fitness Classes \$20 Drop-In 10-CLASS PASS \$175

Chair Yoga: \$15 Drop-in, 10-CLASS PASS \$135

BABY/TODDLER Classes

\$15 Drop-In *10-CLASS PASS \$135*

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