



November 2019

LOOKING AHEAD

- November 1—19
Canned Food Drive
- November 5 & 6
4's & Pre-K walk to library
- November 12
Early Dismissal—Staff Meeting
- November 18—1:30 pm
Vivienne's & Emily's
classes walk to Mission
- November 19—1:30 pm
Samantha's, Sonja's & Emily's
classes walk to Mission
- November 21 & 22
Thanksgiving Feasts
- November 21 & 22—Chapel
- November 25—29
Thanksgiving Break
- December 16 & 17—Christmas
Programs in Wesley Hall
- 2's at 10:00 am
- 3's, 4's, & PK at 11:00 am
- Early Dismissal both days
- Christmas Break Dec. 18-Jan. 6
- Jan. 7—Students Return
- March 26—Silent Auction

Scholastic Book Fair



Rosanne Sherrieb, Lavender Nix, Erin Perkes and their wonderful group of volunteers did an amazing job with the book fair. Thank you, parents, for the books that you bought from the Teacher Wish Lists; the children feel so proud when "their" books are read in class.

We are excited to spend our reward dollars on hardcover books by great authors, rugs, bookshelves, Scholastic News for next year, and more.

We are thrilled that our All for Books donations are almost three times as much as they were last year. Wow! We will give books to 350 children at Charles Nash, T.A. Sims, and Van Zandt-Guinn Elementary Schools.

First Street mission provides 350 backpacks of food each week that go home with children each Friday. These children might otherwise be hungry over the weekend. We will add a new book in each backpack.

You are a caring and generous group of people.

THANK YOU!!



CANNED FOOD DRIVE NOV. 1—19

Please bring canned goods to our collection boxes in both preschool and PDO. The 4-year-olds and Pre-K classes will load up the wagons and pull the food to our mission. They will help stock the pantry. First Street Mission provides Thanksgiving baskets for struggling families. They accept donations all year long, but this is a good time of year to teach children about compassion and sharing our blessings with others. Suggested items include holiday items as well as everyday nonperishable items (i.e. pasta, soup, beans, PB).



Class Pictures Days

On Wednesday and Thursday, November 20 and 21, Diane Geary will take classroom pictures. If your child attends T/Th, your class picture day will be on Thursday. MWF children will be on Wednesday. Pre-K children will be on Thursday. Children who come 5 days and are in 2's, 3's, or 4's classes will have two picture days (one with MWF kids and one with T/Th kids). You can choose one or both pictures. Please be on time, as we take pictures right after morning drop-off. Mrs. Kim bills everyone for one picture (it is easiest, since most people want one picture) but send an email if you do not want a picture, or if you want more than one. Thank you!



Speech Screening and Developmental Screening Available at Preschool

Speech—If you are concerned about your child’s speech, here are some general guidelines:

- 2-year-olds should be understood 50% of the time, even by strangers
- 3-year-olds should be easily understood 75% of the time, even by strangers
- 4-year-olds should be easily understood 90-100% of the time, even by strangers

Your public school offers free speech services to children who are 3 and older. There are other great programs in town, and we can help you find one. We work with two wonderful speech therapists, Beth Finley, who can come to school on Tuesday/Thursday, and Amy Williams, who is available on Monday/Wednesday/Friday to do screening or individual sessions. Beth and Amy bill you directly, and work with your children here in our school.

Overall Development—Carrie Greer, a former preschool parent, offers developmental screenings for children 2 months through 5 years old. In about 15 minutes, online, and for \$24, you can find out if your child is on track, or if you might want additional screening. Carrie can help you locate diagnostic services, figure out insurance, and she also provides parent support. If you decide to have Carrie work with your child, she can do that here, and bill you directly.

We sent home CDC guidelines for child development, which list red flags at each age. Early intervention is important. Please talk to your child’s teacher, come to the preschool office or contact these ladies directly:

Carrie Greer: www.springlingtherapy.com
Beth Finley: bfinleyslp@gmail.com
Amy Williams: amywilliamsslp@gmail.com



November B-days

- 2—Blythe Arbour
- 6—Marcella Warren
- 8—Everett Sherrieb
- 12—Mrs. Vivienne Mays
- 15—Jaxon Harvey-Williams
- 15—Clara Perkes
- 17—Annabelle Moore
- 17—Beau Michel
- 17—Case Mitchell
- 23—William McMillian
- 23—Mary Alice Manulik
- 26—Isabella Frank
- 28—Jude Robertson
- 29—Campbell Klein
- 30—Vera Oswalt



**SAVE THE
DATE!**

**PRESCHOOL
SILENT AUCTION**

**MARCH 26
6-9 PM
MOPAC**

**EVENT CO-CHAIRS
Katie Coultriss & Stephanie Lynch**

**SILENT AUCTION CHAIRS
Rosanne Sherrieb & Erin Perkes**

FIRST MEETING SOON!

**Plenty of other positions available
And we'd love to have your help!**

When Our Children Struggle

It is hard to watch our children struggle. But dealing with difficulty helps them to build resilience. Helicopter parents (who jump in to fix things at the first sign of trouble) and snowplow parents (who remove all potential obstacles) mean well, but do their children a disservice. Children gain problem-solving skills by dealing with problems, and learn to manage emotions by overcoming frustration and disappointment.

Resilience is one of the most important skills we work on in preschool, with the hope that all children leave our program with the ability to manage their emotions, stand up for themselves by using their words, learn perseverance, and get along well with others.

Each of our rooms has a “safe place” or “cozy corner” where children can go when they need to regain their composure. This could be when they are angry, or sad, or frustrated. Using a safe place is different from putting a child in time out. Children can choose to go to a safe place when they need to, and can choose to leave when they are ready. The goal is not to punish but to help them manage. It is more like a “time in.”

We work together to make school a safe place, physically and emotionally. And when difficulties arise, we support children as they gain skills and confidence in themselves. For more information on our school’s approach to discipline, visit www.consciousdiscipline.com.

As we head into the holiday season, I want to wish you all a wonderful time with family and friends. I am thankful for you all, and grateful to be doing work I love with people I love. May God bless you and yours!

All My Best, Mrs. Nina

