
About the Therapist:

Meet Darilyn Edmison

With professional teachers' certifications in Saskatchewan, Alberta, and Manitoba, Darilyn has been a cornerstone of Prairie education since 1987. From Early Childhood Education to Senior High English, her career has spanned private, public, and band operated schools.

She brings a wealth of knowledge in Leadership and Personal Wellness to every session, ensuring your child is in the most experienced hands possible.

Darilyn is certified as both a Play Therapist and a Life Coach. She is a Professional Member of Canadian Counselling and Psychotherapy Association.



Are you ready to enter the Toy Box?

Website: www.toyboxcounselling.com

Email: darilyn@toyboxcounselling.com

Phone: 306-450-9070

Location: 202 Maple Street, Wolseley, SK

“Helping children rewrite their stories one play session at a time.”

Quick Questions

How do we get started?

Contact us for an application form.

When does counselling start?

The Spring session runs from April 13 to June 20, 2026.

What does each session cost?

The cost is \$180 payable by transfer at the beginning of each session.

Can I claim this cost through my insurance?

In many cases, yes. Many insurers cover the costs for members of the CCPA.



*Every child has a story.
Sometimes, they just need a different
way to tell it.*

*Professional Play Therapy and
Life Coaching for Children.*



Does your child struggle with any of these:

Anxiety,
School Refusal,
Big Feelings,
Emotional Regulation,
Learning differences,
ADHD,
ASD,
Life transitions
Or Trauma?

Why Play Therapy?

Play is a child's natural language. While adults use words to process stress, children use toys.

At **Toy Box Counselling Limited**, we provide a neuro-affirming space where “play with purpose” helps children build the resilience they need to thrive both at home and in the classroom.

The Mission:

The Mission is to provide a neuro-affirming “Safe Haven” where children use the Language of Play to process life challenges, build emotional resilience, and bridge the gap between emotional wellness and academic success.

Our Pillars of Care:

1. Safety First:

Building a secure ‘basement’ so the ‘attic’ (learning) can happen.

2. Child-Led Mastery:

Using the child's strengths to tackle their challenges.

3. Collaborative Growth:

Working with parents and teachers to ensure the child is supported in every environment.

What specifically is included:

Individual Play Therapy:

50-minute weekly sessions tailored to your child's unique needs.

Life Coaching for Children:

Goal-oriented support for building confidence and social skills.

Parent Consultations:

Strategies for your “Home Toy Box” to support progress between sessions.

School Liaison:

Drawing on 39 years of PK-12 experience to help bridge the gap between therapy and your child's classroom.