

2026 Miss Orem & Teen Workshop Schedule

Thursdays-7:00-9:00

All workshops at the Orem Friendship Center unless otherwise noted. Some details subject to change

March 5 7:00-7:45-Journals/Get to know you activity. 7:45-8:15- Walking Intro. 8:15-9:00 Interview intro- Favorites. HOMEWORK: Video #1 Nonverbal Communication

March 12 7:00-7:45- Paperwork, CSI, Wardrobe. 7:45-8:15 Opening Number. 8:15-9:00- Interview Practice (Nonverbal Communication). HOMEWORK: Video #2. CSI

March 14 **Headshots at Gary's Home 519 West 650 South. Times TBA by Danielle Meeves**


March 19 7:00-7:30- Teen Opening Number, Miss Fitness Walking. 7:30-8:00 Miss Opening Number, Teen Fitness Walking. 8:00-8:20- Opening and Closing Statements. 8:20-9:00. TBA

March 26 **Stations Workshop- MANDATORY**. Stations include- Paperwork, Talent Consultation, Wardrobe Consultation, Individual Walking coaching, Present and discuss your CSI, Opening Number, National/Spotfund registration, EG questionnaire due. **Application cut-off**. HOMEWORK: Video #3 Hot Topics & Video #4 High Gain/Low Gain Questions

April 2 7:00-7:45 Opening Number. 7:45-8:15 Walking Patterns. 8:15-9:00- Interview Practice- High Gain/Low Gain and Hot Topics. Final individual help available for paperwork.

April 9 *Spring Break* **No Workshop**. Use this time to finalize your RESUME and CSI Essay. One on one help available upon request.

April 16 **PAPERWORK DUE** (Interview Fact Sheet, CSI Essay, Contract (National Registration/Spotfund) , Code of Conduct, EG Questionnaire) 7:00-7:45 Record Opening Number, 7:45-8:15 Posing for pictures and stage makeup tips. (Natalie Green) 8:15 **LOTTERY!** Choosing your competition number.

April 23 5:30 DRESS DRESS REHEARSAL- MANDATORY Run each area of competition in full wardrobe with feedback from an experienced panel of judges (many forever Miss Orems) 

April 27. City Council Interviews -City Council Chambers. 6:00 MANDATORY

April 30 Marathon Interview Night! Practice full 10 minute interview with Opening and Closing Statements. Practice On Stage Questions. Rotate Teen and Miss Opening Number

May 7 7:00. FINAL WORKSHOP! Opening Number. Walking Patterns/Poses. **TALENT TRACKS DUE TO** Chast@scera.org. No YouTube recordings. Include Name, Contestant number, and Teen or Miss in Subject line.

Monday, May 11 7:00 Kickoff Night! Celebrate our hard work, short motivational, Awards and Recognitions as we prepare for PAGEANT WEEK!

Wednesday May 13 5:30 Miss Tech/Dress at the Scera Center for the Arts. Bring all wardrobe and accessories. Dinner will be provided. Bring Service hours and prepare to vote for Spirit of Miss Orem

Thursday May 14 5:30 Teen Tech/Dress at the Scera Center for the Arts. Bring all wardrobe and accessories. Dinner will be provided. Bring Service hours and prepare to vote for Spirit of Miss Orem's Teen.

May 16 Pageant Day! Interviews in the morning. Times TBA. Teen Pageant 4:00. Miss Pageant 7:00. PLAN ON ATTENDING BOTH PAGEANTS

May 17 New Royalty Orientation- Joanne's Home 8:00

May 18 6:00 Forever Miss Orem Welcome Dinner. New Royalty. Olive Garden, Provo.

