



MARCH UU NEWS

Newsletter of the Unitarian Universalist Fellowship of Salina

<https://uusalina.org/> <http://www.uua.org>

also "Like" us (Salina UU Fellowship) on facebook

YOU ARE INVITED AND WELCOME to join us on Zoom for online services or in person at the Fellowship building... the SERVICES begin at 10:30 am



Please go to our website, www.uusalina.org to find the link for joining the Forum or the Service via Zoom.

Sunday Forum on March 2nd at 9:15 am

Tariffs and the Changes in the World Economy. With recent punitive tariffs by the United States, what will be the response of other countries? What will be the effect on citizens of the US? Facilitated by David Hanson.



Sunday Service on March 2nd at 10:30 am

Embracing Possibility in Times of Change. A video service provided by the UUA presented by our former UUA President Rev. Susan Frederick Gray, in 2023. Reverend Dr. Susan Frederick-Gray (she/her) began her six-year term as president of the Unitarian Universalist Association (UUA) in June 2017. "We know from these last several years the challenge, the loss, and the creativity and possibility of these transitional times. In liminal times, there's always a risk that fear and anxiety will dominate and lead people to cling more tightly to what has been." —Rev. Susan Frederick-Gray. What does it mean for us as Unitarian Universalists to live as a people of hope and imagination—especially during in-between times? How can we challenge ourselves (and each other) to learn and grow in uncertain times? Russ Carter will convene.



Sunday Forum on March 9th at 9:15 am

Open Forum. This is your opportunity to talk about spiritual, religious, political, humanitarian or even subjects that are off the beaten path. Facilitated by Glen Lakes.



Sunday Service on March 9th at 10:30 am

Mark Making: A Telling. Linda Foster, an artist from Miltonvale, Kansas, will talk about her journey as an artist, and how events, people, and decisions, shaped her interest in lines and mark making. "The quality of the mark, line and gesture...that's what keeps me coming back to the drawing table." says Foster, "Marks carry a great deal of information, and are a distinctive kind of telling — they hold evidence of how an artist's hand moved through space and time. And in my case, through concrete materials." This service will be followed by a **potluck lunch**, giving us time for further conversation with the artist and with each other.

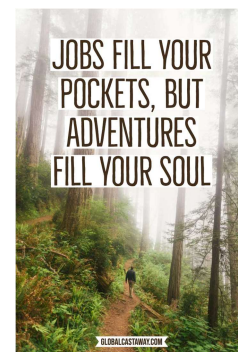


Sunday Forum on March 16th at 9:15 am

How To Be Environmentally Conscious When the Public Order Is Collapsing. How do you balance reading *Braiding Sweetgrass* and keep up with the Contrarian? Facilitated by David Norlin.

Sunday Service on March 16th at 10:30 am

Spiritual Journey. New member, Lesley Kelly, will share with us this morning. She is a registered nurse and enjoys exploring and living in new places. Come hear about her adventures!



Sunday Forum on March 23rd at 9:15 am

Can and Should Children Be Taught To Be Patriotic? Ending Radical Indoctrination in K-12 schooling: Executive Order of January 29th, 2025.

“Patriotic education” grounded in: ennobling foundational principles; States has admirably its history; aspirations is beneficial



means a presentation of the history of America (i) an accurate, honest, unifying, inspiring, and characterization of America’s founding and (ii) a clear examination of how the United grown closer to its noble principles throughout (iii) the concept that commitment to America’s and justified; and

(iv) the concept that celebration of America’s greatness and history is proper. Facilitated by Glen Lakes.

Sunday Service on March 23rd at 10:30 am

Christian Nationalism. Anita Specht will focus and discuss the book *Jesus and John Wayne*, which is a study by Kristin Kobes Du Mez of this underbelly, now in full view, in the US of A. Dr. Anita Specht received her undergraduate degrees from Kansas State University and a Ph.D. in History at the University of Notre Dame. She has taught at Kansas Wesleyan since 1999. She has served as the president of the Kansas Association of Historians, has chaired Salina's Heritage Commission, and is currently on the collections committee at the Smoky Hill Museum. Anita has spoken before during Women’s History Month, and we’re honored to have her back.



YOU

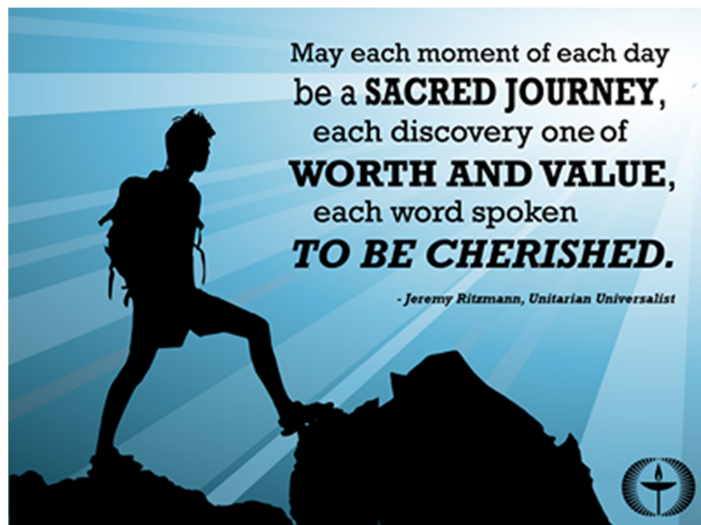
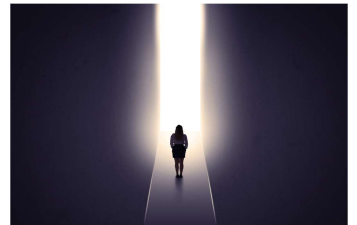


Sunday Forum on March 30th at 9:15 am

Who Do You Think You Are? A bit over twelve years ago, Freddie Elliot pondered the possible answers to the question, “Who do you think you are?” We remember Freddie by discussing it today. Facilitated by Glen Lakes.

Sunday Service on March 30th at 10:30 am

Finding Solace in Troubled Times. When our worlds are crashing around us and we’re doing everything we can, there seems no rest for weary hearts and souls. With so much to do, so much to fight, so many terrible tales drowning us in dread and fear and hopelessness, what right do we have to step back, tuck in, and pull the covers over our heads? There’s always someone hurting more than I. Pull back we must. We are no good to the fight if we cannot stay awake. We must take care of ourselves to take care of each other. We must ‘put on our own oxygen mask first’. Spring is coming, Ostara. The triumph of light over darkness. Join Lay Leader Barb Gutsch in taking a moment to breathe.



IMPORTANT DATES AND EVENTS TO PUT ON YOUR CALENDAR THAT REFLECT THE LIFE AND GROWTH OF OUR SALINA UU FELLOWSHIP

The UU Fellowship of Salina Board of Directors is:

President - John Kingsley

Vice President – Renee Martin

Secretary – Karin Cumming

Treasurer – Kim Morey

Member-at-Large – Rodrigo Carrizales

Member-at-Large – David Norlin

Member-at-Large – Tamera Von Fange

In addition, the Past President, David Hanson, is a member of the Board.

The fellowship board meets once a month to discuss important items pertaining to our faith community.

All members and friends are welcome to attend these meetings. Members are able to vote on issues that come to a vote during the meeting. Your voice and your vote are important to us!

Board Meeting is the third Sunday of the month. This month the board meeting will be on **Sunday, March 16th**, directly following the service.

Drum Circle meets on **Saturday, March 1st and 15th** at 2:30 pm

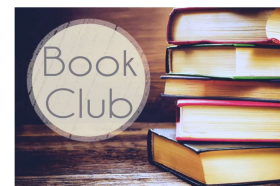
This is an invite to all, please come and share in the drumming and the music. We are a welcoming group! If you have questions about the drum circle, contact Tamera at tameraj@rhelectric.net.



Let's Party! Pizza and Games Night on **March 7th** at 6pm, after the First Friday Art Opening. Join us in celebration of Mona Hargrave's retirement! Bring your favorite games, music, and drinks. We will order pizza, play games, dance, and sing (karaoke anyone?). Suggested donation \$5 which will go towards pizza. If pizza's not your thing, feel free eat ahead or bring your own dinner.



UU Book Club meets on **Wednesday, March 12th** from 5:30 - 7:00 pm
This month's topic is BYOB (bring your own book). Read a book of your choosing and be prepared to talk about it, so that we can all add more books to our already extensive list of books to be read. If you need a ride to get to the group, please contact Barb (bgutsch23@gmail.com) to arrange transportation.



for

Service Planning Committee Meeting happens on **Thursday, March 13th** at 7 pm at the Fellowship Building or can be attended on Zoom, if you'd like to join and you let someone on the program committee know that you'd like to attend. Bring your thoughts, comments and ideas for future services to help us continue to be strong faith community.

Quilting and Crafting Group will meet on **March 28th and 29th**. Join us Friday from 1 PM to 9 PM and Saturday 10 AM to 9 PM. Bring a project to work on Friday afternoon/evening and all day Saturday. Contact Barb (text 785-829-1821) for more information or to RSVP.



Shamanic Sound Healing will be held on **Saturday, April 12th** from 2 pm to 6 pm.
Contact Jonathan Chack for more information or to register at (978) 464-1048.

[Soul Matters Sharing Circles](#)

Soul Matters groups are gathering for another session. Find out more by following these links.

<https://www.soulmatterssharingcircle.com/>

Find musical inspiration on each theme by following our monthly Spotify lists:

<https://www.soulmatterssharingcircle.com/spotify-lists.html>

Get daily inspiration on the monthly theme by liking our Soul Matters Facebook Inspiration Page:

<https://www.facebook.com/soulmatterssharingcircle/>



Soul Matters Theme for March is *Living Love through the Practice of Trust.*



Coming Soon! **[UUFS Spring Retreats for Women](#)** (Apr 25-26) **and Men** (May 2-3).

Women should sign up at <https://forms.gle/QMWyJ53jsmL3iSNv7>

Men should sign up at <https://forms.gle/bvjuXuMPd6ednwPbA>

Non-Binary, the choice is yours! There are also paper sign-up sheets at the Fellowship. The retreats will begin with Friday evening dinner, followed by programming and social time. Saturday will kick off with a light breakfast followed by programming throughout the day and into the late evening. For more information contact Barb Gutsch.

[UUFS Compassion Fund.](#) If you know of a Fellowship member or friend (person who attends) who might be in need of the Fellowship's support with a food card, cash, or through connections with a local agency, please contact one of our compassion fund team, Teri Harrington, Mona Hargrave, Dianne Neustrom and Barb Gutsch. We want the Fund to be active - with funds and other help coming in and going out. The purpose of the Fund is to show that we care and take care of each other.



[Cards for Fellowship Celebrations and Concerns.](#)

Please let Teri Harrington know if there is someone that you believe could benefit from receiving a card from our Fellowship. She can be contacted by email at teriyaki315@hotmail.com or by cell phone at 785-342-4817.

[How Can You Help Out? – Needs at our Fellowship.](#)

Please look for opportunities to help out our fellowship and contact a board member about the area that you'd like to help out or see a need...you can find a way to express your talents and creativity!

Contact David Hanson (dchanson46@att.net) if you can help out on the

grounds. Interested in becoming a **convener** for Sunday services? Want to know more about how a UUFS service is created? Contact Barb Gutsch (bjgutsch@cox.net) to find out more about our UU services.



[Podcasts:](#) Have you missed a service that you really wanted to attend? You can listen to a podcast of the service by going to the webpage at <http://uusalina.org/> and clicking on the Contact Us link.

Let us know which service you would like to listen to and someone will get back to you with a resource for connecting to the service.

NEWSLETTER SECTION FOR OUTREACH OPPORTUNITIES

[UU World Launches Digital Newsletter](#)

Want to stay updated on the latest from UU World? You can now sign up for the magazine's free twice-a-month emailed newsletter, Wayfinder, which launches in October. As a Wayfinder subscriber, you will get the latest news and storytelling from UU World to help you chart a course that aligns with the Shared Values of Unitarian Universalism. Expect moments of insight, inspiration, joy, spiritual nourishment, and more! Sign up at the UU World website.

[Do You Know About Summer Institute?](#)

Summer Institute (SI) is an intentional, multi-generational UU community that comes together each July for a week of fun, community and spiritual growth. Gathering for over 40 years, SI includes an active children's program, a vibrant youth-led youth program, and a strong young adult community as well as many opportunities for the entire community to come together through dance, music, games, and worship. In 2025, Summer Institute is relocating to Oberlin College in Oberlin, OH and gathers July 7th-12th. Our theme speaker will be Rev. Joanna Fontaine Crawford, speaking on the theme Live a Life on Fire: Change the World with Your Love.

[Democracy Festival?!](#) In May 2023, First Parish UU in Concord, MA hosted its first [Democracy Festival](#) to celebrate democracy and encourage civic engagement. It was such a success that the congregation will repeat the festival this year, in early June. The festival was the brainchild of [Reclaim Our Democracy](#), an inclusive, collaborative, and multi-partisan movement at First Parish that seeks to educate about democracy, raise awareness about attacks on it, and limit the corrupting influence of big money on elections and politicians, explains its leader, Fred Van Deusen. For more information go to <https://www.uuworld.org/articles/democracy-fair>. Anyone interested in engaging in a UUFS effort or this sort, contact Lay Leader Barb Gutsch, David Norlin, or Diana Tarver.

[Expand your Knowledge:](#) Take a class at the **UU Institute** (<http://uuinstitute.org>), a service of the Unitarian Universalist Association (UUA) and is administered by UUA Staff, underwritten by congregations' gifts to the UUA's Annual Program Fund. The UU Institute is an online learning community offering trainings and other learning experiences that support members, leaders and professionals in Unitarian Universalist communities. The UU Institute's trainings and other learning experiences include readings and video presentations that you can access online at your own pace, paired with discussion questions and activities you can share with others in "real time". Read and/or sign up to receive the MidAmerica Region newsletter: <https://www.uua.org/midamerica/news>

UU of Salina

Visual Voices Gallery

First Friday Art Rush

For more information, contact
heikesneva@gmail.com

Visual Voices Art Gallery

Presents

Painting & Monotypes by

Linda Foster



First Friday Art Rush

Friday, March 7, 2025

4:30 – 6:00

Artist will speak at 5:00

Unitarian Universalist Fellowship of Salina

901 Beatrice Street – Salina Kansas 67401

Exhibitions at the Visual Voices Art Gallery at UU as you can see by the above announcement are back!! Visual Voices exhibitions are determined by a committee, and will remain in the gallery space for two months. Artists interested in showing their two-dimensional work at Art at UU - Visual Voices can receive an application; please send an email to uusalina@cox.net. All are welcome.

Four Views on Trust from Soul Matters Curriculum

I don't trust people who don't love themselves and tell me, 'I love you.' There is an African saying which is: Be careful when a naked person offers you a shirt.

- *Maya Angelou*

trust the people who move towards you and already feel like home...

trust the people who revel in pleasure after hard work.

trust the people who let children teach/remind us how to emote, be still, and laugh.

trust the people who see and hold your heart.

trust the people who listen to the whales.

- *adrienne maree brown*

Everybody loves butterflies. But I trust the caterpillars more. I trust the ones who know they aren't done.

- *Andrea Gibson*

Distrust all in whom the impulse to punish is powerful.

- *Friedrich Nietzsche*



created by P. Evans



The mission of the Unitarian Universalist Fellowship of Salina:
To provide a place for personal spiritual growth within an open and affirming community, actively promoting peace, reason, and the transformation of our world.