



SEPTEMBER UU NEWS

Newsletter of the Unitarian Universalist Fellowship of Salina

<https://uusalina.org/> <http://www.uua.org>

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YOU ARE INVITED AND WELCOME to join us on Zoom for online services or in person at the Fellowship building at 901 Beatrice...the SERVICES begin at 10:30 am

Please go to our website, www.uusalina.org to find the link for joining the Forum or the Service via Zoom.



Sunday Forum on September 7th at 9:15 am

Open Forum. This is your opportunity to talk about spiritual, religious, political, humanitarian or even subjects that are humorous. Facilitated by Glen Lakes.

Sunday Service on September 7th at 10:30 am

Spiritual Disciplines. Russ Carter will present and convene "an introduction to Spiritual Disciplines" and a summary of Richard Foster's book with a Quaker background. Also, a celebration of spiritual practices as outlined in UU publications.



Sunday Forum on September 14th at 9:15 am

Why in the World Would Anyone Want to Have Kids? them. And God said to them, "Be fruitful and multiply and subdue it, and have dominion over the fish of the sea and the heavens and over every living thing that moves on the from Genesis 1:28. Facilitated by Glen Lakes.



And God blessed fill the earth and over the birds of earth." -

Sunday Service on September 14th at 10:30 am

Kansas Appleseed. Teresa Woody is the Legal Director of Kansas Appleseed, now retiring after years of service to Kansas and the Appleseed organization. The Legal Director "leads a statewide program of impact litigation and legal and administrative proceedings, constitutional issues to bring about Appleseed's strategic and advocacy responsibilities is long and her presentation here, however, is spokesperson for Kansas Appleseed before other audiences, as appropriate. She coordinates media strategies for legal cases with communications staff." Teresa also attends Shawnee Mission UU Church (SMUUCH) and knows Yvonne Gibbons and Kent Johnson. We're pleased for that connection and, in solidarity, welcome Teresa to our fellowship!



Sunday Forum on September 21st at 9:15 am

Do Numbers in a Bank Account Make People Happy? University of Pennsylvania's Wharton School senior fellow Matthew Killingsworth, says that the more money you have, the happier you are — and there may be no ceiling. Do you agree? Facilitated by Glen Lakes.

Sunday Service on September 21st at 10:30 am

"I AM WHO I AM--Values and Betrayals." Our journey is a commitment in living our values while also remaining accountable for our betrayal of those values. Our presenter is Loretta Jasper, a long-time member of the Sisters of St Joseph of Concordia. A native Kansan, she has lived and served throughout the USA and internationally. In June of '25, she began her second retirement after moving to Salina from Abilene, where for eight years she presided over the launch and oversight of Neighbor to Neighbor Abilene, serving Dickinson County. The Neighbor to Neighbor project has also served Concordia and Cloud County for many years previous.



Sunday Forum on September 28th at 9:15 am

Is a Men's Self Care Revolution Happening? Men get it: Beauty masks aren't silly anymore. Taking time to get ready isn't a "ridiculous" concept. And a mani-pedi budget is not only sensible but, dare I say, commonplace. The first generation to be completely born on the web are adults now, and the power of appearance is not lost on them. Because at the end of the day, [men want to be pretty too](#). - OZY Media. Facilitated by Glen Lakes.



Sunday Service on September 28th at 10:30 am

Water Communion Service. Mike and Dianne Neustrom will present and convene a Water Service on the importance of water. A basic need of all forms of life on Earth. How water, or the lack of it, affects us all.



IMPORTANT DATES AND EVENTS TO PUT ON YOUR CALENDAR THAT REFLECT THE LIFE AND GROWTH OF OUR SALINA UU FELLOWSHIP

The UU Fellowship of Salina Board of Directors is:

President: John Kingsley
Vice President: Renee Martin
Secretary: Karin Cumming
Treasurer: Kim Morey
Member at Large: David Norlin

Member at Large: Rodrigo Carrizales
Member at Large: Tamara Von Fange
Member at Large: Dave Corl
Past President: David Hanson

The fellowship board meets once a month on the third Sunday after the service to discuss important items pertaining to our faith community. All members and friends are welcome to attend these meetings. Members are able to vote on issues that come to a vote during the meeting. Your voice and your vote are important to us! The September board meeting will be on Sunday the 21st.



Drum Circle meets on **Saturdays, September 13th and 27th** at 2:30 pm

This is an invite to all, please come and share in the drumming and the music. We are a welcoming group! If you have questions about the drum circle, contact Rodrigo at carrizales.rodriigo@gmail.com

Shamanic Healing Circle scheduled for **Saturday, September 6th** from 2 pm to 8 pm has been cancelled due to illness. Contact Jonathan Chack for more information or to register at (978) 464-1048 to register for the next Shamanic Healing Ceremony that will take place on October 4th, focusing on Love and Death, during Death Awareness month.



UU **Service Planning Committee** meeting will be at the fellowship building on **Thursday, September 11th** at 7 pm. All are welcome to come and participate, to share ideas or concerns about our programming.

Saturday, September 27th is the **2025 Street Fair Parade**.

Our Parade Master, Russ Carter is again leading the way, holding our UUFS Banner high and inviting every member, friend, or anyone else who shares the UU spirit to join their gay bandanas and would love greet every kid on the route. Come everybody loves a parade, and the is no exception. This year's Smoky again feature an autumn or Old are highly encouraged for it is the an important role in the Street Fair's popularity. The parade entry sign-in will begin at 9:00 a.m. at Fire Station #1 on Elm Street. **Participants must be in place by 9:45 a.m.** The parade will begin promptly at 10:00 a.m. Mark your calendars now! Let Russ know if you are interested.



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Sneak Preview of a possible event the first weekend in October, possibly after the Art Opening on Friday, **October 3rd**... **“The Year to Save the Earth” - A Multimedia Experience by Jim Scott.** Mixing powerful songs and hundreds of beautiful PowerPoint projected images, Jim Scott’s lyrical melodies and outspoken poetry take us from grieving to celebration, and from protest to positive vision for the planet. As well as hard reality, the program’s message is one of optimism with many invitations to join in the singing.

Soul Matters Sharing Circles

Soul Matters groups are beginning again for the fall and are currently full, unless someone would like to step up and facilitate a new group.

Find out more by following these links.

<https://www.soulmatterssharingcircle.com/>

Find musical inspiration on each theme by following our monthly Spotify lists:

<https://www.soulmatterssharingcircle.com/spotify-lists.html>

Get daily inspiration on the monthly theme by liking our Soul Matters Facebook Inspiration Page:

<https://www.facebook.com/soulmatterssharingcircle/>



Soul Matters Theme for September is **Building Belonging.**

UUFS Compassion Fund. If you know of a Fellowship member or friend (person who attends) who might be in need of the Fellowship’s support with a food card, cash, or through connections with a local agency, please contact one of our compassion fund team, Teri Harrington, Mona Hargrave, Dianne Neustrom and Barb Gutsch. We want the Fund to be active - with funds and other help coming in and going out. The purpose of the Fund is to show that we care and take care of each other.



Cards for Fellowship Celebrations and Concerns.

Please let Teri Harrington know if there is someone that you believe could benefit from receiving a card from our Fellowship. She can be contacted by email at teriyaki315@hotmail.com or by cell phone at 785-342-4817.

How Can You Help Out? – Needs at our Fellowship.

Please look for opportunities to help out our fellowship and contact a board member about the area that you’d like to help out or see a need...you can find a way to express your talents and creativity! Contact David Hanson (dchanson46@att.net) if you can help out on the **grounds**. Interested in becoming a **convener** for Sunday services? Want to know more about how a UUFS service is created? Contact Barb Gutsch (bigutsch@cox.net) to find out more about our UU services.

Thursday mornings at 8:30 am the **yard crew** will be working now through early fall. Please come whenever you are able. If you have questions, contact LaNay (lanaym@hotmail.com). If there is a cancellation due to weather, watch for an email from Glen (glendon50@gmail.com).

Podcasts: Have you missed a service that you really wanted to attend? You can listen to a podcast of the service by going to the webpage at <http://uusalina.org/> and clicking on the Contact Us link. Let us know which service you would like to listen to and someone will get back to you with a resource for connecting to the service.



NEWSLETTER SECTION FOR OUTREACH OPPORTUNITIES

UU World Launches Digital Newsletter

Want to stay updated on the latest from UU World? You can now sign up for the magazine's free twice-a-month emailed newsletter, Wayfinder, which launches in October. As a Wayfinder subscriber, you will get the latest news and storytelling from UU World to help you chart a course that aligns with the Shared Values of Unitarian Universalism. Expect moments of insight, inspiration, joy, spiritual nourishment, and more! Sign up at the UU World website.

Democracy Festival?! In May 2023, First Parish UU in Concord, MA hosted its first Democracy Festival to celebrate democracy and encourage civic engagement. It was such a success that the congregation will repeat the festival this year, in early June. The festival was the brainchild of Reclaim Our Democracy, an inclusive, collaborative, and multi-partisan movement at First Parish that seeks to educate about democracy, raise awareness about attacks on it, and limit the corrupting influence of big money on elections and politicians, explains its leader, Fred Van Deusen. For more information go to <https://www.uuworld.org/articles/democracy-fair>. Anyone interested in engaging in a UUFS effort or this sort, contact Lay Leader Barb Gutsch, David Norlin, or Diana Tarver.

Expand your Knowledge: Take a class at the **UU Institute** (<http://uuinstitute.org>), a service of the Unitarian Universalist Association (UUA) and is administered by UUA Staff, underwritten by congregations' gifts to the UUA's Annual Program Fund. The UU Institute is an online learning community offering trainings and other learning experiences that support members, leaders and professionals in Unitarian Universalist communities. The UU Institute's trainings and other learning experiences include readings and video presentations that you can access online at your own pace, paired with discussion questions and activities you can share with others in "real time". Read and/or sign up to receive the MidAmerica Region newsletter: <https://www.uua.org/midamerica/news>

Sermon of the Month: Each quarter an email will be received with the video links and a link to the PDF for each service for that quarter. Each video comes with a elements listed in their PDF of the transcript as well being listed and linked in the description of each video on Vimeo. You will also continue to have access to the video and the video with captions on screen. You can use them in any order and at any time. Also you can always access all the videos at our [showcase](#) using the password **sermon2025**. **September 2025, Transformative Joy**. Many folks are wondering how the maintain resilience in times such as these. One of the many meaningful and grounding tools is fostering joy and play. Joy and play are not something we earn through hard work, but the tool that helps us do the difficult things. In this worship, we explore the power of play to build community and action. Presented by Rev. Sunshine J. Wolfe, Regional Lead, Pacific Western Region.

Our new UUA virtual hymnal, **Sing Out Love**, is taking shape in beautiful ways and is available for purchase! Ask Nyla for more information.

If you haven't visited [WorshipLab](#) recently, please check out its growing resources. (WorshipWeb's [Words for Worship search page](#) is filled with thousands of pieces of worship content, whereas WorshipLab is a spacious warehouse for worship collections, blog posts, and inspirational ideas for holidays like [Earth Day](#) and the [Flower Ceremony](#).)



VISUAL VOICES GALLERY

First Friday Art Rush

Cary Brinegar

September 5, 2025 4:30-6 PM

For more information, contact heikesneva@gmail.com

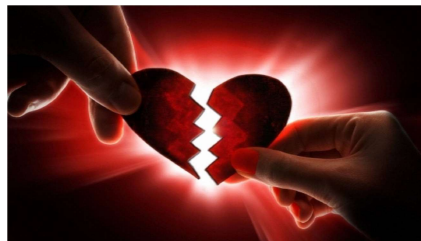
Originally from Howard, Kansas, Cary Brinegar has been a Salina resident since 1973. Cary took up art after he retired as Principal of USD 305's Special Education Center. For the past 20 years Cary has produced artwork using ink drawings, watercolor, photography and most recently, oil painting. His artwork has been on exhibit in Lincoln, Lindsborg, Manhattan and Salina. He serves on the Board for the Birger Sandzen Memorial Gallery. He is currently displaying his abstract oil paintings. He will speak about his exhibit at 5:00 pm. Refreshments will be served. BRING A FRIEND!

WHERE: Visual Voices Gallery at UUFS (Unitarian Universalist Fellowship of Salina), 901 Beatrice in Salina.

Exhibitions at the Visual Voices Art Gallery at UU *Visual Voices exhibitions are determined by a committee, and will remain in the gallery space for two months. Artists interested in showing their two-dimensional work at Art at UU - Visual Voices can receive an application; please send an email to uusalina@cox.net. All are welcome.*

We are biologically, cognitively, physically, and spiritually wired to love, to be loved, and to belong.
When those needs are not met, we don't function as we were meant to.

We break.
We fall apart.
We numb.
We ache.
We hurt others.
We get sick.
words of Brené Brown



The mission of the Unitarian Universalist Fellowship of Salina:
To provide a place for personal spiritual growth within an open and affirming community, actively promoting peace, reason, and the transformation of our world.