



# Zebra News

## Issue 16 2019



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APRIL 2019

### FROM THE PRESIDENT

Welcome to our first home game of the season against the newest side into Div. 4 Croydon North MLOC, we hope that everyone enjoys their day and our boys put on a great display of football. We are lucky to have all three sides playing at home today. Good Luck to everyone, please join us for a drink after the game in the clubrooms.

REMINDER - We have the Annual Frat party at the club tonight everyone is welcome, kick off is at 8.00pm

**Gayle Wood/President/Secretary**

### CLUB NOTES

Like many clubs the off-season was one of changes for the Forest Hill Football Club. We had a change in coaching staff as well as multiple changes to the off-field personnel. After many years of sustained success under the guidance of Martin Stillman we made the transition to Justin Scicluna and his coaching crew and are confident of continuing to be a contender in this Division.

It was great to have an under 19 side take to the park in the green and white again. This team has progressed through from our Junior ranks to Senior footy and much credit needs to go to the coaches and committee of the Junior club that made retention of this talented bunch a priority. We got off to a great start with the young Zebras hitting the ground running. In a quirk of the draw we kicked off against Coldstream at East Burwood. With the way the draw works in the Under 19s you will need to keep an eagle eye on the draw as fixtures will not align with the Seniors on a regular basis. The result was never in doubt as we built a comfortable lead and recorded a 22 goal to 1 victory. The ball was shared around as you would expect with 11 individual goal kickers although Stelling

with 6, Maharaj with 4, Banfield with 3 and Pearce-Schmidt with 2 were the multiple goal kickers.

Next week the Under 19s face Waverley Blues at home at this will undoubtedly provide a sterner test for us. Waverley Blues are listed in Division 3 and are yet to play a game so there is no form to go by but in recent years these teams have had great clashes in the Junior ranks.

The fixture wasn't kind to us, and our first game saw us away at East Burwood. The first week of the season isn't always a great indicator of where everyone sits, but I think one thing we can take from the first round of 2019 that East Burwood are the measure for every other team in the competition. They were favorites to take it out last year but stumbled in the finals and it looks as though they have recruited strongly over the Summer.

As our Reserves were taking on the reigning Reserves Premiers, we knew we would be in for a stern test and so it turned out. East Burwood hit the scoreboard early and we were never really in the hunt. We did manage to slow East Burwood down in the third quarter but eventually chasing the game took its toll and we allowed them to kick away in the last quarter. We only managed 2 goals for the game and went down by 20 goals. There were some positive signs and hopefully with more experience of playing together under match pressure we can work better as a team and put up a good showing in the next match. We were stretched for numbers in the Reserves and a couple of the Under 19s put their hands up to play a second game for the day. Thanks to Lachlan Harding and Toby Cross for making such a great contribution to the club and backing up.

The Seniors knew they were going to be in for a tough assignment, and it got a bit tougher when Dean Maguire went down with a quad injury in the warm-up. That meant Jimmy O'Sullivan had to play a second game fresh from a very good showing in the Reserves. That meant we were down some rotations which isn't a great start on a day you need everything to go your way. A goalless first quarter wasn't the start we wanted and East Burwood effectively had the game wrapped up by half-time. Despite a better second quarter from us the second half would be about playing for pride. We controlled the game more in the 3rd quarter and played it at our tempo and as a result kept the opposition to two goals for the quarter. The warm weather and injuries began to take their toll and the last quarter was one-way traffic as the opposition again piled on goals and we ran out of legs.

As always with home and away footy the next week is a chance for redemption. We have our first home game of the season this weekend and play host to Croydon North. We hope to see plenty of supporters at our first game on the home deck and are looking for a big turnaround on field. Croydon North have come across to the EFL this season and showed that it may take a while to adjust to the new league as both their Reserves and Seniors suffered sizeable losses to Fair Park. They will be keen to bounce back, and we will need to be switched on from the start.

We need to get wins in all three grades to ensure we can stay in touch with the final's contenders. Hopefully the weather comes good and we can have a bumper crowd on hand to see the Under 19s keep their perfect record and both the Reserves and Seniors square the ledger.

**Go Zebras!**

Good luck to all our coaches today in our first game at home. Our coaching staff is made up of the following

Head Coach:	Justin Scicluna
Senior Assistant:	Manny De Bono
Runner:	Mitch Gibbons.
Team Manager:	Lin Rotherham
Reserves Coach:	Matthew Peterson
Runner:	Josh Massugar
Team Manager:	Terry Rotherham
Under 19's Coach	Scott Savage
Assistant Coach :	Paul Davidson
Team Manager :	Karen Banfield
Runner :	Lynden Banfield

### ZEBRAS NETBALL

We are still looking for netballers if you know of anyone who is interested in taking part in the 2019 netball season please contact a member of the committee and they will give you the relevant information.

### FOREST HILL CRICKET CLUB

I would like to congratulate the Forest Hill Cricket Club on amazingly successful season by winning the Div. 1 Premiership, our thanks also to the FHCC Committee for letting us take over the rooms earlier than expected and leaving the rooms in such a fabulous condition.

### FOREST HILL ZELDAS

We are looking for ladies to become members of our Zelda's Coterie Group for 2019. Please have a think about joining the Zelda's in 2019, please speak with Fay Smith if you are interested.



### EVENTS

Annual Frat Party tonight from 8.00pm

Drinks package available for all ladies who attend.



### DRAW FOR SEASON 2109

13/04/18	Home	Croydon Nth/MLOC
27/04/19	Away	Nunawading
04/05/19	Home r	Fairpark
11/05/19	Away	Silvan
18/05/19	Away	Coldstream
25/05/19	Home	Kilsyth
01/06/19	Away	Surrey Park
15/06/19	Bye	
22/06/18	Home	East Burwood
29/06/18	Away	Croydon Nth MLOC
06/07/19	Home	Nunawading
13/07/19	Away	Fairpark
20/07/19	Home	Silvan
27/07/19	Home	Coldstream
03/08/19	Away	Kilsyth
10/08/19	Home	Surrey Park
17/08/19	Bye	

### NEW AFL RULES

The rules below will come into place in 2019 season

1. **Traditional playing positions at centre bounces**
  - a. Clubs must have six players inside both 50m arcs, with one player inside the goal square.
  - b. Four midfield players must start inside the Centre square with two wingmen stationed along the wing
2. **Kick-ins**
  - a. At kick ins a player will no longer need to kick to himself to play on from the goal square.
  - b. Following a behind the man on the mark will be brought out to 10m from the top of the goal square rather than the existing 5 m

3. **Marks and free kicks in defence**
  - a. When a defender marks or receives a free kick within nine metres of their own goal, the man on the mark will be brought in line with the top of the goal square.
4. **Runners and Water Carriers**
  - a. Team runners may only enter the playing surface after a goal has been kicked and must exit before play starts
  - b. Water carriers are not permitted to enter the playing surface during live play.
5. **Umpire contact**
  - a. Players will be prohibited from setting up behind the umpire at centre bounces
6. **50m penalties (25m)**
  - a. The player will the ball must be allowed to advance the mark by 50m (25m) without the infringing player delaying the game and will be able to play on while the 25m penalty is being measured out.
7. **Kicking a goal after the siren**
  - a. A player who has been awarded a mark or free kick once play has ended will now be able to kick across their body using a snap or check side kick, but they must kick the ball directly in line with the man on the ark and the goal.
8. **Marking contests**
  - a. The hands in the back-rule interpretation has been repealed so a player can now place his hands on the back of his opponent to protect this position in a marking contest, PROVIDED he does not push his opponent in the back.
9. **Ruck Contest (prior Opportunity)**
  - a. A ruckman who takes direct possession of the ball from a bounce, throw up or boundary throw in will no longer be regarded as having prior opportunity.

THANKYOU TO OUR AMAZING SPONSORS FOR 2018



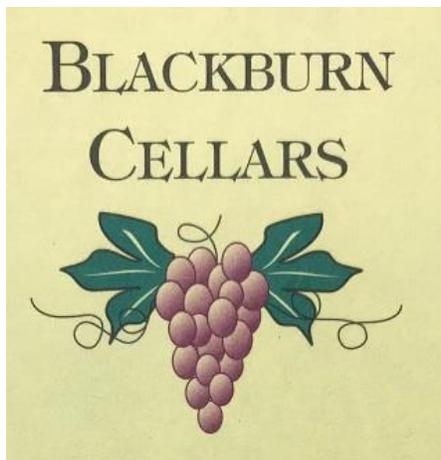
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Bar Table Sponsors



List of Players for Season 2019

## Social Events

## Season Draw

## **Season Draw Vets**

**Unfortunately, we do not have the Under 19 complete draw as yet.**