

# Children's Dental Health Services



# TOOTH TIMES

SUMMER 2020, VOLUME 2



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## Why We're Smiling

BY SARAH HAYES, EXECUTIVE DIRECTOR

We smile because we are grateful for your partnership. COVID-19 turned 2020 upside down and halted dental service for months. We are grateful to reopen our doors and provide comprehensive dental services to children in need.

Thank you for your ongoing support for our mission and shared belief that every child deserves quality dental care and oral health education to promote a lifetime of happy, healthy smiles.



# Elliot's Story

Elliot moved to Minnesota from Chicago three years ago. There, he was receiving orthodontic treatment that was halted due to personal/financial reasons, leaving Elliot with the inconveniences of brackets of braces on his teeth, with no wire or active tooth movement. Elliot's mom struggled to locate an orthodontist in their new community in Minnesota to remove the braces, as finances were a significant barrier to treatment.

Our dental hygienist saw Elliot at his school dental clinic; pronounced gingivitis, as well as caries (cavities) around some of the brackets, were discovered. The brackets can make brushing a challenge, and Elliot's family could not locate an orthodontic home to stop treatment and remove the brackets.

Elliot's mom consented to allow our dentist to remove the brackets required for treatment. The brackets were easily removed, so our dentist discussed the benefits of removing all the brackets. Mom was very happy and grateful our dentist could do this procedure and agreed to the removal of brackets. We were able to remove all remaining brackets and associated orthodontic cement before treating Elliot's restorative needs. Elliot now has a healthy mouth that is free of unnecessary orthodontic brackets.

CDHS is honored to provide much needed dental care to children and teens like Elliot. We believe everyone deserves a Happy Healthy Smile! Enjoy your new smile, Elliot!

## CDHS News



We are VERY excited to announce we have added a Dental Therapist to our staff. She will provide fillings, stainless steel crowns, extractions and more.

Call today to schedule your child's treatment!

# Dental Sealants Prevent Dental Disease

Dental sealants are thin plastic coatings that when painted on the chewing surfaces of the back teeth (molars) can prevent cavities (tooth decay) for many years. Sealants protect the chewing surfaces from cavities by covering them with a protective shield that blocks out cavity causing bacteria and food. This plastic resin bonds into the depressions and grooves of your teeth. Applying sealants takes only a few minutes per tooth and protects areas hard to clean.

Once applied, **sealants protect against 80% of cavities** for 2 years and continue to protect against 50% of cavities for up to 4 years.

CDHS is proud to have applied 2944 dental sealants during the 2019-2020 school year!

**BEFORE SEALANT**



**AFTER SEALANT**



## Donor Spotlight

We would not be able to do the work we do without the generous support of our community donors, as well as our corporate grantors.

This quarter we are excited to honor Blake Flores. Blake learned about our program and the extreme need for dental care for underserved children living in low income families at an event in Austin, Minnesota and felt compelled to support the children in his community.

Blake's donation helped to provide uninsured children with:

Dental sealants to 33 healthy molars

or

Dental X-rays for 50 children

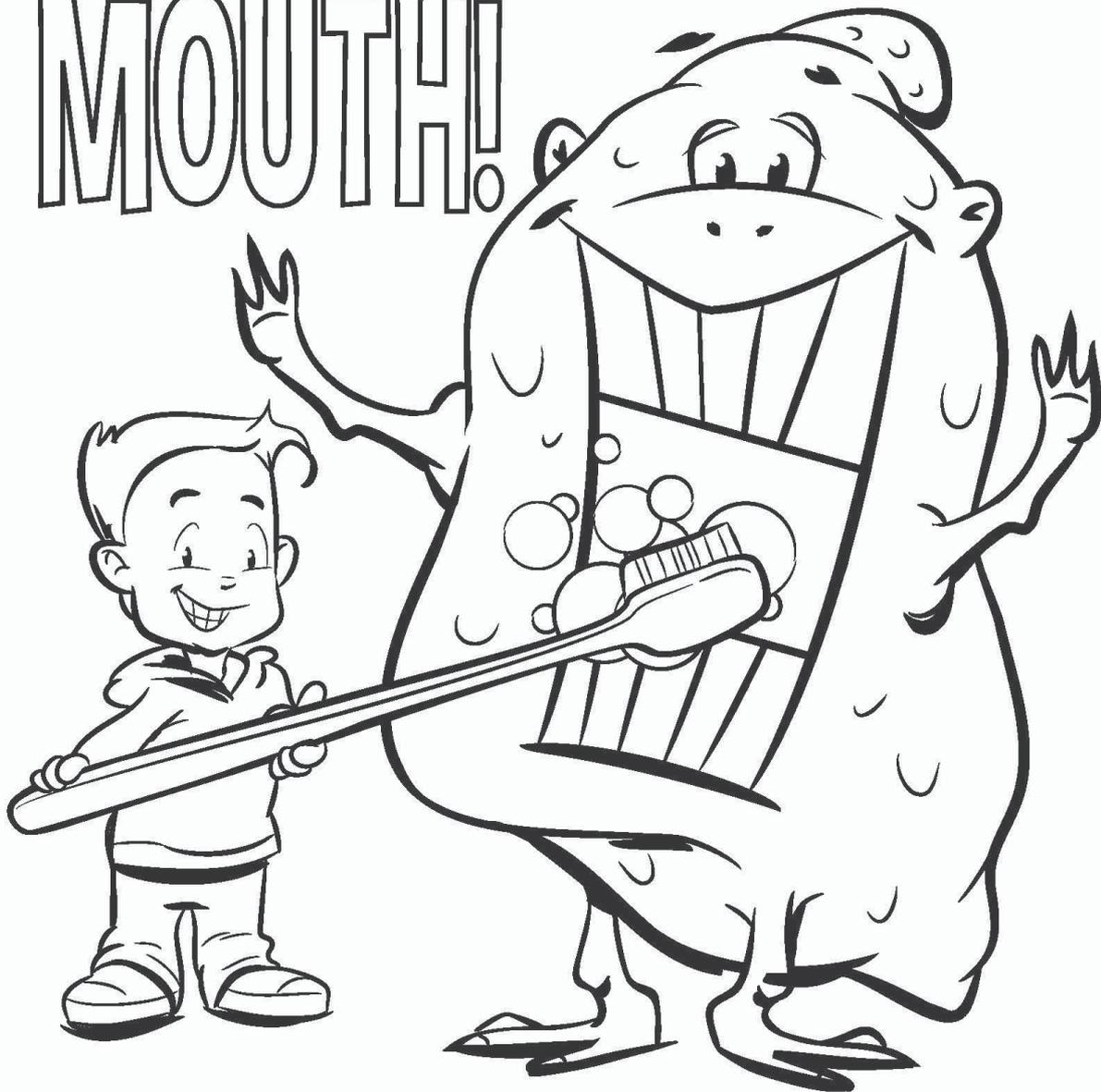
or

10 children with complete cleanings at their schools



# CDHS Patient Activity

## DEFEAT MONSTER MOUTH!



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