

Firas A. Nakshabandi, M.D.

Date Updated:

11/20/2025

Contact Information:

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Current Clinical Positions:

Empathic Resonance, LLC: CEO & Founder / Private Practice

CAQH ID# 13871582

Website:

www.empathic-resonance.org

Language Fluency

Arabic (Native fluency)

English (Native fluency)

Medical Education & Training

University of Chicago Medicine
Child & Adolescent Psychiatry Fellowship

Chicago, IL
07/2014 - 07/2016

Harvard Medical School / VA Boston Healthcare System
Clinical Fellow in Psychiatry / Psychiatry Residency

Boston, MA
07/2011 - 07/2014

Saudi Commission for Health Specialties / King Khaled University Hospital
Psychiatry Residency

Riyadh, Saudi Arabia
10/2003 - 09/2007

King Saud University College of Medicine
Doctor of Medicine

Riyadh, Saudi Arabia
08/1996 - 06/2002

Board Certification & Qualifications

Fellow of the American Psychiatric Association	Psychiatry	I.D. no.: 1109173	2023
Diplomate of the American Board of Psychiatry and Neurology	Child Psychiatry	Cert no: 9943	2016
Diplomate of the American Board of Psychiatry and Neurology	Adult Psychiatry	Cert no: 70270	2015
Arab Board of Medical Specializations	Psychiatry		2008

Medical Licensure

Illinois	Unrestricted Physician & Surgeon	036136493	Exp. Date: 07/2026
Illinois	Schedule II Controlled Substance	***	Exp. Date: 07/2026
Massachusetts	Temporary or Limited	249139	Exp. Date: 06/2014
Saudi Arabia	Consultant Psychiatrist	11-R-M-0026482	

Leadership

AACAP Arab Caucus Initiative	American Academy of Child & Adolescent Psychiatry	Spearheaded initiative to establish an Arab Caucus within AACAP along with Manal Assi, M.D. & Hesham Hamoda, M.D.
Multidisciplinary Treatment Team Leader	Lakeshore Hospital, University of Chicago Medicine, Harvard Medical School /VA BHS Saudi Commission for Health Specialties University of Chicago Medicine	Routinely lead a team of social workers, nurses, psychologists, junior psychiatrists and medical students in various settings Also supervised & staffed with junior residents & medical students on call

Various Leadership Projects Team Member	Harvard Medical School / VA Boston Healthcare System	Committees, poster presentations and publications in the field of leadership, focus on how it pertains to medical education, attended various workshops on education, leadership, group dynamics & systems redesign
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Academic / Scholarly / Editorial Positions

Clinical Associate of Psychiatry & Behavioral Neuroscience	The University of Chicago	2019 - 2021
Editorial Board Member	Journal of Humanistic Psychiatry ISSN: 2325-9485	2018 - Present
Editorial Board Member	Journal of Nature & Science of Medicine	2020 - Present
Adjunct Assistant Professor	College of Medicine, Al Faisal University	2016 - Present
Co-Editor	Illinois Psychiatric Society Newsletter	2016 - 2019

Committee Service & Advisory Boards

AACAP Arab Caucus Initiative	American Academy of Child & Adolescent Psychiatry
Private Practice Committee	Illinois Psychiatric Society (District Branch of the APA)
Music Therapy Advisory Board (Invited Testimony)	Illinois Department of Financial & Professional Regulation, Division of Professional Regulation
Recruitment & Selection Committee	University of Chicago Child & Adolescent Psychiatry Fellowship Training Program
Educational Policy Committee	Harvard South Shore Psychiatry Residency Training Program
ACGME Milestones Implementation Committee	Harvard South Shore Psychiatry Residency Training Program
LEAN Systems Redesign Committee on Inter-Facility Patient Transfers	Harvard South Shore Psychiatry Residency Training Program / VA Boston Healthcare System
Quality Improvement Committee on Implementing a Women's Mental Health Rotation	Harvard South Shore Psychiatry Residency Training Program / VA Boston Healthcare System
COOL (Creating Opportunities for Organized Leadership) Committee on Implementing Computerized Interventions on a Detox Unit	Harvard South Shore Psychiatry Residency Training Program / VA Boston Healthcare System

Membership & Honorary / Professional Societies

Fellow of the American Psychiatric Association (FAPA)	2023 - Present
American Telemedicine Association	2016 - Present
Society for the Study of Psychiatry & Culture	2016 - Present
Collegium Telemedicus	2016 - Present
Illinois Psychiatric Society	2014 - Present
Illinois Counsel of Child & Adolescent Psychiatry	2014 - Present
American Psychiatric Association	2012 - Present
American Academy of Child & Adolescent Psychiatry	2012 - Present

Massachusetts Psychiatric Society	2012 - 2014
Saudi Commission for Health Specialties	2008 - Present
Network of Arab American Professionals	2008 - Present
General Hypnotherapy Register	2008

Medical School Honors / Awards

Top PRITE score	University of Chicago Medicine CAP Fellowship, Chicago, IL	2015
Certificate for "Top PRITE score"	Harvard South Shore Psychiatry Residency, Boston, MA	2012
Certificate of Appreciation for "Excellent" performance	Department of Surgery, King Khaled University Hospital, Riyadh, Saudi Arabia	2002
Certificate of Appreciation for "Overall Excellent Performance"	Occupational Medicine, Saudi Aramco, Dhahran, Saudi Arabia.	2001

Work Experience (see attached supplemental for details)

La Rabida Children's Hospital	Outpatient Child & Adolescent Psychiatrist	01/2019 – 09/2021
University of Chicago Medical Center	Clinical Associate of Psychiatry & Behavioral Neuroscience	08/2018 – 09/2021
Chicago Lakeshore Hospital Children's Pavilion	Inpatient Child & Adolescent Psychiatry Attending Psychiatrist, Private Practice Contractor	02/2017 - 10/2018
Empathic Resonance, LLC	CEO & Founder of Empathic Resonance, LLC, Private Practice, Contracting & Consulting	08/2016 - Present
University of Chicago Medicine	Child & Adolescent Psychiatry Fellow	07/2014 - 06/2016
Harvard Medical School /	Psychiatry Resident	07/2011 - 07/2014
VA Boston Healthcare System		
King Khaled University Hospital /	Psychiatry Resident	10/2003 - 09/2007
Saudi Commission for Health Specialties		
King Khaled University Hospital	Medical Intern	07/2002 - 07/2003
Saudi Aramco	Medical Sub-Intern	06/2001 - 08/2001

Volunteer Experience

Volunteer	Collegium Telemedicus, Syrian Tele-Mental Health Network	2016 - 2017
Volunteer	Public Awareness Outreach Initiative Project (Social Media & Lecture Series)	2016 - Present

Research Experience

Child & Adolescent Psychiatry Fellow	IRB approved retrospective study on links between slow wave sleep, inflammation and mental health in a pediatric population	University of Chicago Karam Radwan, M.D. Kathryn Keenan, PhD	07/2014 - 06/2016
Clinical Fellow in Psychiatry	Researched relationship between Arab Culture and possible effects on Child & Adolescent Development	Harvard Medical School	07/2013 - 06/2013
Visiting Researcher	Research relating to Tavistock Group Relations conferences & implications for medical education, attended two weekend meetings at Loyola & Northwestern University	University of Illinois at Chicago (UIC) Suma Jacob, M.D., PhD	11/2010 - 06/2011

Senior Resident (R4), University of Michigan

visiting researcher	Worked on ongoing research into ECT in Adolescents, as well as Racial Disparities in the Pattern of Referral & Service Use of Children with Autism Spectrum Disorders	Mohammad Ghaziuddin, M.D.	04/2007 - 05/2007
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Journal Publications

1. *Arabs & Child Mental Health: On empathy, bias, acculturation & using cultural language in therapy* Nakshabandi F, M.D., Afzal K.I., Elnajjar A., Alsarraf O. (2024). Journal of the American Academy of Child & Adolescent Psychiatry. October 2024 Volume 63 / Number 10S, S59–S60 doi.org/10.1016/j.jaac.2024.07.266
2. *Arabs & Child Mental Health: Cultural considerations & the relationship between empathy, bias & stress* Nakshabandi F, M.D. (2024). Journal of the American Academy of Child & Adolescent Psychiatry. October 2024 Volume 63 / Number 10S, S59–S60 doi.org/10.1016/j.jaac.2024.07.267
3. *Arabs & Child Mental Health: Acculturation issues & cultural language in family therapy* Nakshabandi F, M.D., Afzal K.I (2024). Journal of the American Academy of Child & Adolescent Psychiatry. October 2024 Volume 63 / Number 10S, S59–S60 doi.org/10.1016/j.jaac.2024.07.268
4. *Arabs & Child Mental Health: Effects of negative stereotypes & negative media portrayal on the mental health of children and families of Arab descent* Nakshabandi F, M.D., Alsarraf O. (2024). Journal of the American Academy of Child & Adolescent Psychiatry. October 2024 Volume 63 / Number 10S, S59–S60 doi.org/10.1016/j.jaac.2024.07.269
5. *Preparing Residents in Training to become Health-Care Leaders: a pilot project.* Guerrera RJ, Dismukes R, Edwards M, Feroze U, Nakshabandi F, Tanaka G, Tang M. (2011). Journal of Academic Psychiatry. 2014 Dec; 38(6):701-5. PMID 25026945
6. *Cognitive Demands and Bias: Challenges Facing Clinical Competency Committees.* Dickey C, Thomas C, Feroze U, Nakshabandi F, Cannon B. (2017). Journal of Graduate Medical Education: April 2017, Vol. 9, No. 2, pp. 162-164. PMID 28439346
7. *From the Dark Side Back to the Light: An Argument for “Teaching Empathy” or The Therapeutic Evocation of Empathy to Achieve Altruistic Drive.* Nakshabandi, F (2016). Journal of Humanistic Psychiatry Winter 2017 / Volume 5 · Issue 1 ISSN: 2325-9485 pp. 29-31
8. *On Empathy, Stress, Bias & Humanity: The Empathy-Distress Cycle.* Nakshabandi, F (2017). Journal of Humanistic Psychiatry Spring 2017 / Volume 5 · Issue 2 ISSN: 2325-9485 pp. 5-10
9. *The Genie of the Mind: Jinn, Witchcraft & Psychiatry.* Nakshabandi, F (2017). Journal of Humanistic Psychiatry Fall 2017 / Volume 5 · Issue 4 ISSN: 2325-9485
10. *Workplace Violence Among Healthcare Workers in a Tertiary Medical City in Riyadh: A Cross-Sectional Study.* Fares F. Alharbi, Nowar A. Alzneidi, Ghaida H. Aljbli, Sarah A. Morad, Ettab G. Alsubaie, Mahmoud A. Mahmoud, Sami A. Al-Dubai, Firas A. Nakshabandi, Saleh bin Saleh (2021). Cureus 13(5): e14836. doi:10.7759/cureus.14836

Articles / Abstracts / Poster Presentations

1. *Guns, Rights, Safety & Stigma: Where Should We Stand?* Nakshabandi F, M.D. (2017). Illinois Psychiatric Society Mind Matters. April 2017 pp. 5 & 14
2. *Correlation between Slow Wave Sleep & Inflammation Biomarkers: Implications for Mental Health.* Nakshabandi F, M.D. (2016). Research findings presented at University of Chicago Graduation; Chicago, IL
3. *Effects of Arab Culture on Child & Adolescent Development.* Nakshabandi F, M.D. (2013). Poster presented at both: Harvard Day & VA Research Day; Boston, MA.
4. *Harvard South Shore (HSS): Residents Leading Milestones Implementation.* Feroze U, M.D., Nakshabandi F, M.D. (2013). Poster presented at both: Harvard Day & VA Research Day; Boston, MA.
5. *Leadership Opportunities During Residency: Challenges Faced in Restructuring a Complex & Multidimensional Residency Training Curriculum.* Zucker Z, M.D., Sava S, M.D., PhD, Tang M, D.O., MPH, Feroze U, M.D., Nakshabandi F, M.D., Dismukes R, PhD, MHA, Dickey C, M.D. (2013). Poster presented at both: Harvard Day & VA Research Day; Boston, MA.
6. *Implementing Computerized Interventions for Addictions Treatment on a Detoxification Unit.* Tarnavsky T, M.D., PhD, Nakshabandi F, M.D., Khan I, M.D., Festin F, M.D., Dismukes R, PhD, MHA, Chang G, M.D., MPH. (2012).. Poster presented at both: Harvard Day & VA Research Day; Boston, MA.

Select Oral Presentations / Teaching Sessions / CME Presentations

1. <i>Arabs & Child Mental Health: On Empathy, Bias, Acculturation & Using Cultural Language in Therapy</i>	AACAP Annual Meeting, Seattle, WA (as Co-Chair: Clinical Perspectives 42)	2024
2. <i>Arabs & Child Mental Health: Shaping the Narrative: Cultural Considerations (Arab Caucus Initiative)</i>	AACAP Annual Meeting, New York, NY	2023
3. <i>Open for Bussiness: Practical Tips on Private Practice for Early-Career Psychiatrists</i>	AACAP Annual Meetings: Virtual, Toronto, Canada, New York, NY	2021,2022, 2023
4. <i>Empathy in the Era of the COVID-19 Pandemic</i>	Saudi Ministry of Health, Riyadh, Saudi Arabia (Virtual Lecture)	2020
5. <i>Career Development: Life After Training / Private Practice</i>	University of Chicago Child Psychiatry Fellows Didactics Session, Chicago, IL	2019
6. <i>The Answer is Empathy: Practical Solutions to Everyday Problems / Physician Burnout & Stress (CME talk), (Invited Speaker)</i>	National Arab American Medical Association (NAAMA) 39 th National Medical Convention, Westin Hotel, Chicago, IL	2017
7. <i>Depression in Medical Illness / Anxiety & Somatoform Disorders / Neurocognitive Disorders (2.25 CME) (Invited Speaker, Live Conference Plus Live Video Feed)</i>	American Medical Forum: Update CME - Internal Medicine & Primary Care, Chicago Conference, Embassy Suites, Chicago, IL	2017
8. <i>Public Awareness Initiative Open Discussion on Mental Health</i>	Saudi Student Association, Loyola, Chicago	2016
9. <i>From The Dark Side Back to the Light: An Argument for "Teaching Empathy" / The Therapeutic Evocation of Empathy to Achieve Altruistic Drive (Also Published Online)</i>	Interdisciplinary Grand Rounds Presentation, University of Chicago Psychiatry Department, with interstate Skype tele-conferencing	2016
10. <i>Acculturation, Cultural Considerations & Cultural Formulation, Resident Case Consultations</i>	The Society for the Study of Psychiatry & Culture (SSPC) Annual Meeting, Minneapolis, MN	2016
11. <i>Attitude or ADHD? Practical Tips on ADHD in the classroom</i>	Hyde Park Academy High School Teacher & Staff Interactive Panel, Chicago, IL	2015
12. <i>Emotional Education: What Our Bodies are Telling Us & How Thoughts, Emotions & Behaviors are Related</i>	Hyde Park Academy High School Classroom Presentation, Chicago, IL	2015
13. <i>Preparing for College</i>	Hyde Park Academy High School Parent Panel, Chicago, IL	2015
14. <i>Multifactorial Altered Mental Status & Seizures: Dilemmas of a Complicated Case of SLE</i>	University of Chicago Psychiatry C/L Service, Chicago, IL	2015
15. <i>Arab Culture & Child Development, a Psychiatric Perspective</i>	Harvard Psychiatry C/L Service, West Roxbury, MA	2013
16. <i>WE CARE: World Emergency Crisis Assessment & Relief Enterprise (Group Business Plan Project)</i>	Harvard South Shore Business & Leadership Course, Brockton, MA	2013
17. <i>Somatic Treatment Methods</i>	Knowledge Based Review (KBR) Course, Brockton, MA	2012

18. <i>Alzheimer's & Memory: Updates on Behavioral Physiology</i>	Physiology of Behavior Course, Brockton, MA	2012
19. <i>A Case of Neuropsychiatric Manifestations of SLE</i>	King Khaled University Hospital Psychiatry Department, Riyadh, Saudi Arabia	2003

Select CME Workshops and Institutes

Advanced Psychopharmacology for Practitioners	AACAP 61 st Annual Meeting	San Diego	10/2014
Maudsley Center Model of Care	AACAP 61 st Annual Meeting	San Diego	10/2014
Mentalization-Based Therapy for Self-Harm	AACAP 61 st Annual Meeting	San Diego	10/2014
Culturally Informed Child Psychiatric Practice	AACAP 61 st Annual Meeting	San Diego	10/2014
Disaster Psychiatry: Updates to the Field	AACAP 61 st Annual Meeting	San Diego	10/2014
Hypnosis as a Psychotherapeutic Facilitator	AACAP 61 st Annual Meeting	San Diego	10/2014
Parent-Child Interaction Therapy	AACAP 61 st Annual Meeting	San Diego	10/2014
Successful Telepsychiatry Program	AACAP 61 st Annual Meeting	San Diego	10/2014
Advanced Child & Adolescent Psychopharmacology	AACAP 62 nd Annual Meeting	San Antonio	10/2015
The Assessment and Treatment of Preschool Children	AACAP 62 nd Annual Meeting	San Antonio	10/2015
The Child Psychiatrists' Guide to Sleep Disorders	AACAP 62 nd Annual Meeting	San Antonio	10/2015
The Use of Individualized Positive Behavior Support	AACAP 62 nd Annual Meeting	San Antonio	10/2015
Integrated Treatment of Self-Destructive Behavior	AACAP 62 nd Annual Meeting	San Antonio	10/2015
Selective Mutism	AACAP 62 nd Annual Meeting	San Antonio	10/2015
Complementary and Integrative Medicine Research	AACAP 62 nd Annual Meeting	San Antonio	10/2015
Trauma Focused CBT for Interpersonal Violence	AACAP 64 th Annual Meeting	Washington DC	10/2017
Starting a Private Practice	AACAP 64 th Annual Meeting	Washington DC	10/2017
International Medical Graduate Mentorship	AACAP 64 th Annual Meeting	Washington DC	10/2017
Basic Concepts in Mentalizing Therapy	AACAP 65 th Annual Meeting	Seattle	10/2018
Workshop for Clinicians on Using Music in Treatment	AACAP 65 th Annual Meeting	Seattle	10/2018
DBT Toolkit for Child Psychiatrists	AACAP 65 th Annual Meeting	Seattle	10/2018
CBT for Insomnia	AACAP 65 th Annual Meeting	Seattle	10/2018
Advanced Psychopharmacology Institute	AACAP 66 th Annual Meeting	Chicago	10/2019
How to Get Published	AACAP 66 th Annual Meeting	Chicago	10/2019
Child-Adult Relationship Enhancement (CARE) Training	AACAP 66 th Annual Meeting	Chicago	10/2019
Understanding Neuropsychological Assessments	AACAP 66 th Annual Meeting	Chicago	10/2019
Autoimmune Encephalitis Special Interest Group	AACAP 66 th Annual Meeting	Chicago	10/2019
How to Provide Asylum Evaluations for Children	AACAP 66 th Annual Meeting	Chicago	10/2019
This Workshop Will be Improvised	AACAP 66 th Annual Meeting	Chicago	10/2019
Safe Opioid Prescribing Training	IL License Requirement 2020	Chicago	11/2019
Sexual Harassment Prevention Training	IL License Requirement 2020	Chicago	11/2019
How Can Risk Management Help You?	APA Risk Management	Chicago	11/2019
Minimizing Risk When Treating Suicidal/Violent Patients	APA Risk Management	Chicago	11/2019
How to Prepare for a Deposition	APA Risk Management	Chicago	11/2019
Buprenorphine Waiver Training Program	AACAP 2020 Virtual Meeting	Virtual	10/2020
An Update in Psychopharmacology	AACAP 2020 Virtual Meeting	Virtual	10/2020
Using Principles of Improvisational Theater to Set Your Education Potential Free	AACAP 2020 Virtual Meeting	Virtual	10/2020
Youth Cannabis Use: What the Busy Clinician Needs	AACAP 2020 Virtual Meeting	Virtual	10/2020
Managing Intrafamilial Conflict: "Catching the Bullet" from Emotionally Focused Therapy (EFT)	AACAP 2020 Virtual Meeting	Virtual	10/2020
So You Want to Make an App? From Vision to Execution	AACAP 2020 Virtual Meeting	Virtual	10/2020
Twitter for Intermediate Users: Hands-on Skills	AACAP 2020 Virtual Meeting	Virtual	10/2020
#Heretostay: How to Assess Digital Media Use	AACAP 2021 Virtual Meeting	Virtual	10/2021
This Workshop Will be Improvised	AACAP 2021 Virtual Meeting	Virtual	10/2021
Helping You Know What You Don't Know: Psychotherapy	AACAP 2021 Virtual Meeting	Virtual	10/2021
How to Effectively Advocate in Public	AACAP 2021 Virtual Meeting	Virtual	10/2021

Parent-Child Relationship Assessment	AACAP 2021 Virtual Meeting	Virtual	10/2021
Psychotherapy with Medically Ill Children	AACAP 2021 Virtual Meeting	Virtual	10/2021
TBI: Psychiatric & Educational Diagnosis & Management	AACAP 2021 Virtual Meeting	Virtual	10/2021
Trans 202: Advanced Practice	AACAP 69 th Annual Meeting	Toronto	10/2022
Organization & Executive Functioning in ADHD	AACAP 69 th Annual Meeting	Toronto	10/2022
The Impact of Cannabis Legalization	AACAP 69 th Annual Meeting	Toronto	10/2022
Effective Communication of Neuroscience for CAPs	AACAP 69 th Annual Meeting	Toronto	10/2022
Tips to Make Exercise Part of Your Treatment	AACAP 69 th Annual Meeting	Toronto	10/2022
Parent Child Interactive Therapy (PCIT) for ASD	AACAP 69 th Annual Meeting	Toronto	10/2022
Family Therapy Skills Boot Camp Workshop	AACAP 70 th Annual Meeting	New York	10/2023
Regulation Focused Psychotherapy for Children (RFP-C)	AACAP 70 th Annual Meeting	New York	10/2023
Mentalizing as a Transdiagnostic Approach to Emotional Dysregulation Workshop	AACAP 70 th Annual Meeting	New York	10/2023
Social Media's Role in Illness Identity: Support or Social Contagion?	AACAP 70 th Annual Meeting	New York	10/2023
IPT-A: Implementing the Interpersonal Inventory & Communication Analysis	AACAP 71 st Annual Meeting	Seattle	10/2024
AACAP Arab Child & Adolescent Psychiatry Caucus	AACAP 71 st Annual Meeting	Seattle	10/2024
Enhancing Transition Planning for Adolescents with ASD	AACAP 71 st Annual Meeting	Seattle	10/2024
Positive Child & Adolescent Psychiatry at Work & Home	AACAP 71 st Annual Meeting	Seattle	10/2024
Beyond Ears: The Art of Whole-Body Listening	AACAP 71 st Annual Meeting	Seattle	10/2024
Embodied Practice: Trauma-Adapted Yoga in Psychiatric Settings	AACAP 71 st Annual Meeting	Seattle	10/2024
Impact of International Medical Graduates in Advancing Diversity & Equity in CAP Workforce	AACAP 71 st Annual Meeting	Seattle	10/2024
Healing Through Justice: A Youth Led Breakthrough Strategy for Healing-Centered Communities	AACAP 72 nd Annual Meeting	Chicago	10/2025
What is Regulation-Focused Psychotherapy for Children?	AACAP 72 nd Annual Meeting	Chicago	10/2025
AACAP Arab Child & Adolescent Psychiatry Caucus	AACAP 72 nd Annual Meeting	Chicago	10/2025
Parenting Does Not Come with a Manual: Using the Evidence to Promote Effective Parenting Strategies	AACAP 72 nd Annual Meeting	Chicago	10/2025
Using Art & Poetry in Work with Patients	AACAP 72 nd Annual Meeting	Chicago	10/2025
Family Therapy Skills Boot Camp for CAP Psychiatrists:	AACAP 72 nd Annual Meeting	Chicago	10/2025
Strategies to Optimize your Family-Based Intervention Across Treatment Settings	AACAP 72 nd Annual Meeting	Chicago	10/2025

Additional Training, Workshops & Certifications

LEAN Six Sigma White Belt
 Family Based Treatment of Eating Disorders (Maudsley Method) (FBT)
 Cognitive Behavioral Therapy (CBT)
 Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
 Cognitive Processing Therapy (CPT)
 Parent Child Interactive Therapy (PCIT)
 Motivational Interviewing (MI)
 Mentalization Based Therapy (MBT)
 Clinical Hypnotherapy
 Eye Movement Desensitization & Reprocessing (EMDR)
 Electroconvulsive Therapy (ECT)
 Tavistock Group Relations Conferences
 Psychodynamic Psychotherapy
 Psychodrama

Additional Public Awareness and Educational Initiatives / Press Engagements

Featured guest on Euthymia Podcast discussing Telepsychiatry in the Era of the Covid-19 Pandemic

Guest appearance on WCIU T.V. Broadcast The Jam discussing Domestic Violence

Featured guest radio appearance on WCEV-1450 AM discussing Empathy & Psychiatry

Engagement across various multimedia outlets including YouTube, SnapChat and Facebook

Resources are also published and maintained on www.empathic-resonance.org

Areas of Interest / Competencies

Child & Adolescent Psychiatry, Trauma, Leadership & Group Dynamics, Tele-Psychiatry, Hypnotherapy, Empathy, Cultural Psychiatry, Academics & Teaching, Supplementary & Holistic Treatment Modalities, Social Media Outreach

Hobbies

Composing music, jewelry box crafting, resin art, woodwork, photography, digital image processing, travel, foreign languages, painting, mineral & rock collecting, writing

Other Awards / Scholarships / Accomplishments

Provisional Patents Pending on Novel Therapies

King Abdullah Scholarship from Saudi Ministry of Higher Education for abroad studies

Outstanding Academic Achievement Presidential Academic Fitness Award, signed by George Bush, Bloomington, IN

Social Studies Award for Good Citizenship & Scholarship, Bloomington, IN

Excellent Academic Achievement in both Ministry and Special English Programs in all years of attendance at Najd National Schools, Riyadh, Saudi Arabia