



July 2026 Newsletter



Dear Friends,

Has anyone else been looking at the thermometer lately and thinking, "**There has to be a cooler place than this!**"

With Virginia feeling more like the surface of the sun than summer, I've found myself daydreaming about crisp mornings, colorful autumn leaves, charming Main Streets, and evenings spent on a porch with a cool breeze instead of another heat advisory. Sometimes the best way to beat the heat is simply to start dreaming about where you'd like to go next.

As we celebrated our nation's 250th anniversary this Independence Day weekend, I was reminded how blessed we are to live in a country filled with incredible places to explore. While many of us dream of wandering through Europe—and I certainly encourage those adventures—some of the most memorable experiences can be found right here at home. From the Blue Ridge Parkway to scenic vineyards, charming small towns, and hidden gems waiting to be discovered, there is no shortage of places that remind us just how beautiful our own backyard can be.

Lately, I've found myself drawn to destinations that invite us to slow down, linger a little longer, discover local traditions, and simply enjoy the journey. Those are often the experiences we remember most—not because we rushed from one attraction to the next, but because we took the time to truly be there.

Whether your next adventure is close to home or on the other side of the world, my goal has always been the same: to help you experience a destination in a meaningful way. Whether you're traveling solo, planning a romantic getaway, gathering friends for an unforgettable escape, or joining one of my hosted group adventures, every itinerary is designed with one purpose—to help you create memories that last a lifetime.

Thank you for allowing me to be part of your travel dreams. I hope this month's newsletter inspires you to look beyond today's heat and start dreaming about tomorrow's adventures.

Until next time...

Travel Smart. Dream Big. Wander Well.

— Sonya

There's a Cooler Place
CALLING YOUR NAME... 





Slow down. Breathe deep.
Small towns. Local flavors. Beautiful views.
The kind of moments that stay with you.

*Adventure doesn't have
to be far away.*

Let's go somewhere memorable.

If you're ready to trade the summer heat for crisp mountain air, charming small towns, and unforgettable experiences, I'd love to have you join me this November.

Could you picture yourself here?

[Discover the Journey](#)

Wander Well

Travel Smart Tip: Don't Try to See Everything

When planning your itinerary, remember that more isn't always better.

It's tempting to fill every hour with attractions and activities, but some of the most memorable moments happen when you leave a little room to simply be present. Wander through a local market, linger over lunch at a sidewalk café, strike up a conversation with a shop owner, or pause on a quiet bench to take in your surroundings.

Not every beautiful view needs to be captured through the lens of a camera. Sometimes the most meaningful memories are the ones you experience with your own eyes and carry home in your heart.

You've worked hard and waited a long time for this vacation. Don't let it become a whirlwind of checklists and rushing from one place to the next. Plan with purpose. Give yourself time to breathe, to explore, and to truly experience the destination.

After all, the best Hidden Spaces are often the ones you never expected to find.

Travel Your Way

One of the things I love most about being a travel advisor is that no two travelers are exactly alike.

Some people enjoy the camaraderie of a hosted small-group adventure. Others dream of a quiet anniversary getaway, an unforgettable girls' trip, a multi-generational family vacation, or a custom itinerary through Europe or right here in the United States.

There isn't a "right" way to travel—only the way that's right for **you**.

Whether you're looking for a relaxing long weekend, an ocean or river cruise, a once-in-a-lifetime international journey, or a personalized itinerary built around your interests, I'm here to help you create an experience that's uniquely yours.

Wherever you're dreaming of going, let's start planning together.



Ready to Start Planning?

Every unforgettable journey begins with a conversation.

Whether you're dreaming of a relaxing weekend escape, a custom European itinerary, an unforgettable cruise, or simply aren't sure where to begin, I'd love to help.

Together, we'll talk about your travel style, your interests, your budget, and the experiences that matter most to you. My goal isn't simply to book a trip—it's to help you create memories you'll treasure for years to come.

Let's start with a complimentary 15-minute travel consultation and begin turning your travel dreams into reality.

Let's Start Planning

Hidden Spaces Travel Agency®

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