

PFAS AND YOUR HEALTH



PFAS are associated with several serious health risks. Firefighters are at risk of having elevated PFAS levels and can take action to learn more about their exposure and protect their health.



PFAS Health Effects

- Immune Suppression (USEPA)
- High Cholesterol (ATSDR)
- Testicular Cancer (ATSDR)
- Kidney Cancer (ATSDR)
- Liver Effects (ATSDR)
- Hormone Disruption (USEPA)
- Impaired Fertility (USEPA)

See the 'Exposure' section of this packet to gain a better understanding of your occupational exposure pathways - turnout gear, firefighting foams, and even fire station dust.



PFAS Blood Testing

There are specific tests that you can request from your doctor to measure the level of PFAS in your blood.

Providers should use ICD-10 diagnosis code Z13.88, and if ordering a test through Quest, they should use Test Code 39307 and CPT Code 82542.



PFAS Medical Screening

Many of the medical screening recommendations for PFAS are part of your regular physical like monitoring for cholesterol and checking for testicular cancer. Your doctor may also consider including other basic tests recommended in current medical screening guidance for PFAS.

More guidance on PFAS blood testing and clinician resources are available online at www.pfas-exchange.org/resources.