



SCHIZOPHRENIA: DARK NIGHT OF THE SOUL

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Objective: To understand the dark world of Schizophrenia.

Understanding: Repressed memories of the soul often lead to schizophrenia. When a soul sails out on that unmarked sea called “Madness” they have gained release of their power of imaginations but physically entangling themselves with the chains of society. The wild hysteria of Madness means salvation (Speyrer 1995). Psychiatry’s biologic failure to heal soul through understanding and validating, results in schizophrenia. Abnormal balancing of “neurotransmitters” by the sea of imagination and unfulfilled imagination of the soul, guides the soul to the “dark night”. Schizophrenia, not exactly split personality but may be understood as fractured or broken spirit. The delusions, mood swings and excess of psychic energy associated with the psychosis breaks down natural equilibrium breaking the deadlock within the patients understanding of the world of him/herself. The healing of schizophrenia as ‘soul in crisis’ cannot be bottled into pills, or bestowed by applying information acquired through a university medical degrees (Roberts, 2001). As the great physician of the soul C. G. Jung demonstrated in his own psychiatric practice, it is an art requiring empathy, patience, a shrewd yet sympathetic understanding of human nature and, above all, heart. Schizophrenia can be called as ‘dark night of the soul’; the hallucinating soul finds difficult to cope up with the “normal” world, understand the “normal” world. However, nature abhors a vacuum, and is inclined to fill the mind with psychotic symptoms with ‘wonderful and empty’ as the Buddhists aim for (Vulliamy, 2001).

Conclusion: The dark world of Schizophrenia and the real world are accessed.