

GIST OF THE CONFERENCE

The International Conference on Public Mental Health and Neurosciences – 2020 started on 12th December 2020 with prayer song by Ms. Shiraksha Padaki followed by welcome message by our beloved President, Mrs. Padmashree Murthy. This was followed by inaugural message by Dr. R. Somashekhar, Chairman, ICMFN-2020.

The morning session started with the talk by a beautiful talk by Dr. Dharav Shah who gave very nice presentation “Cultivating a Healthy Self-Esteem”. He emphasized on the importance of Self-Esteem. Following his talk we had Jayanthi R. Prasad who spoke on “Misconception about imagination”. Next was brilliant presentation by Dr. Dr. Navyashree G.C, who spoke on “Key Determinants That Influences The Effects Of Child Sexual Abuse” wherein she stressed on affects on the child who had undergone sexual abuse.

The afternoon session had oral presentations by Manish K Dwivedi on topic “Evaluation of In vitro Antimalarial activity and Identification Diterpenoids as Antimalarial potent molecules using HPLC-LC-ESI-MS/MS”, by Sayujya on "Humor and subjective well-being among women across age groups", by Dr. Prathiba H.D "A Review On Herbal Medicines As Neuroprotective Agent" and by Sakshi Sharma “Assessment of Health Condition of Working Women in Delhi”.

The following day 13th December 2020 started with the keynote presentation by our chief guest Dr. Kathryn Rossi whose topic was “A Tribute to Ernest Lawrence Rossi’s Principles of Creating Daily and Hourly New Cosmic Consciousness” wherein she said Yoga is an integrative mind-body system of wellbeing invented and developed in India since at least three millennia ago and Yoga has gained considerable attention in recent decades, partly driven by recent research and evidence about its effectiveness. Following, we had talk by Dr. Ashish Deshmukh, who spoke on “Role of Mild Stress in Healthy Aging” followed by Dr. Angshuman Bagchi, who spoke on “Application of Bioinformatics in Structure-Based Drug Designing”.

Next we had oral presentation by Satyabrata Mitra titled "Neuroplasticity: Structural and Functional, How the adult human brain rewires itself", by Sarah Ahamed titled "Developing An Assessment Tool to Diagnose Depression by Investigating Speech Perception Patterns in Depressed Patients with The Help Of Neuro-Imaging (EEG)" and by Dr. Jhuma Mukhopadhyay on “Emotional Intelligence : Managing Academic Stress And Anxiety Of Secondary School Students”

Afternoon session started with the talk by gynaecologist Dr. Taru Jindal who spoke on “When the Vagina refuses to open up” with extensive case studies. This was followed by talk by Dr. Shambhavi G, on “Addictive Behavior”.

Satyabrata Mitra was awarded 1st in oral presentation, Manish K Dwivedi & Sakshi Sharma, 2nd and Sarah Ahamed was adjudged 3rd. Certificate of appreciation was awarded to Dr. Jhuma Mukhopadhyay, Sayujya and Aswathi Raj L.