

**Learning My
ABC's & 123's
While Dreaming
of NC's
*Crystal Coast***

*By: Kristin Gainey Ferree
2019 Edition*

The Crystal Coast is known as North Carolina's Gem. With more than 85 miles of enticing coastline, the Crystal Coast is an amazing place to vacation, visit, and live!

Thank you for reading to your child and for choosing this book so that your family can dream of the Crystal Coast no matter how far or near!

Now, come on. Let's dream. Come play. Once you visit, you won't be able to stay away.

Sincerely

Kristin

AKA Carter & Caroline's Mommy

**While dreaming of
North Carolina's
Crystal Coast,
I remember things I
love the most!**



**There are so many
fun things to do and
see. Let's name a few
while reviewing our
ABC's!**

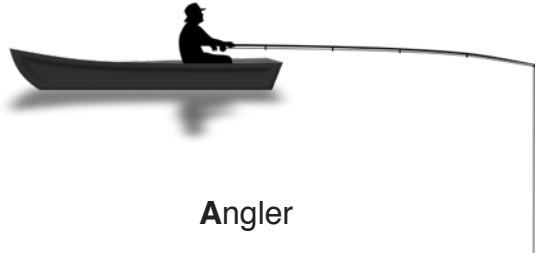
These words start with **A** and are found by the sea.



Anemone



Anchor



Angler

Point to the little letter **A** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **B** and are found by the sea.



Bathing suits



Bingo



Blackbeard

Point to the little letter **B** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **C** and are found by the sea.



Crabpot



Charter boat



Cannon

Point to the little letter **C** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **D** and are found by the sea.



Dolphin



Dune



Decoy

Point to the little letter **D** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **E** and are found by the sea.



Egret



El's



Eel

Point to the little letter **E** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **F** and are found by the sea.



Flip-Flops



Flags



Fireworks

Point to the little letter **F** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **G** and are found by the sea.



Golf



Ghost crab



Goggles

Point to the little letter **G** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **H** and are found by the sea.



Horseshoe crab



Historical **H**omes



Herron

Point to the little letter **H** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **I** and are found by the sea.



Ice cream



Island



Inflatables

Point to the little letter **I** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **J** and are found by the sea.



Jackfish



Jellyfish



Jolly roger

Point to the little letter **J** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **K** and are found by the sea.



Kite



King neptune



Kayak

Point to the little letter **K** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

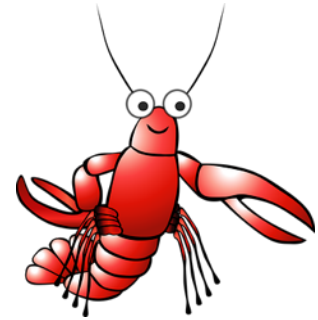
These words start with **L** and are found by the sea.



Live oaks



Lighthouse



Lobster

Point to the little letter **L** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **M** and are found by the sea.



Marsh's surf shop



Marlin



Mermaid

Point to the little letter **M** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

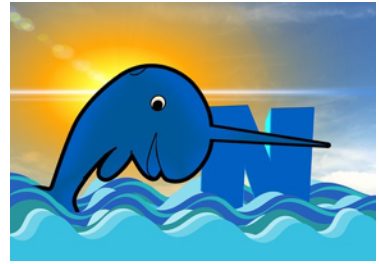
These words start with **N** and are found by the sea.



Nature trails



Navigation



Narwhal

Point to the little letter **N** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **O** and are found by the sea.



Octopus



Oyster



Otter

Point to the little letter **O** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **P** and are found by the sea.



Putt-Putt



Pirate



Port

Point to the little letter **P** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **Q** and are found by the sea.



Queen conch



Queen Anne's revenge



Quiver*

* A Quiver is a set of surfboards of different lengths and shapes for use with different types of waves.

Point to the little letter **Q** below for me.

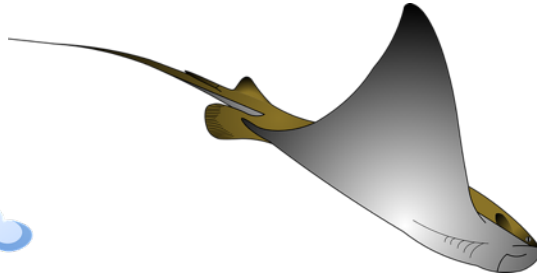
a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **R** and are found by the sea.



Rainbow



Ray



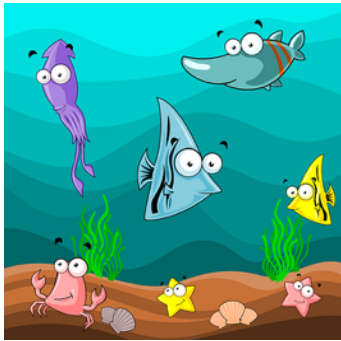
Rocks

Point to the little letter **R** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **S** and are found by the sea.



Sea life



Shrimp boat



Splashpad

Point to the little letter **S** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **T** and are found by the sea.



Turtle



Train depot



Teacher's pet

Point to the little letter **T** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **U** and are found by the sea.



Urchin



Umbrella



Unicorn float

Point to the little letter **U** below for me.

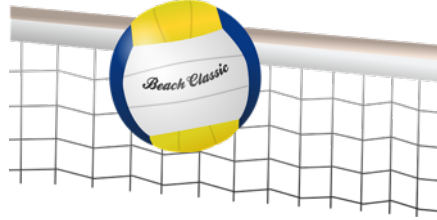
a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **V** and are found by the sea.



V-bottom boat



Volleyball



Vacation

Point to the little letter **V** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **W** and are found by the sea.



Waterslides



Wild ponies*



Waves

*

* Shackleford Banks and the Rachel Carson Reserve are both home to wild ponies.

Point to the little letter **W** below for me.

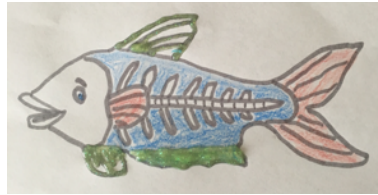
a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **X** and are found by the sea.



Xanthoid crab



X-ray fish



eXcitement

Point to the little letter **X** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **Y** and are found by the sea.



Yacht



You!!!!



Yellow sun

You? That's right, **You!** The *Crystal Coast* is calling **You** to come play!
Once **You** visit, **You** won't be able to stay away!

Point to the little letter **Y** below for me.

a b c d e f g h i j k l m

n o p q r s t u v w x y z

These words start with **Z** and are found by the sea.



ZZZZZZ's



Z&Z Designs



Zebra fish

Point to the little letter **Z** below for me.

a b c d e f g h i j k l m

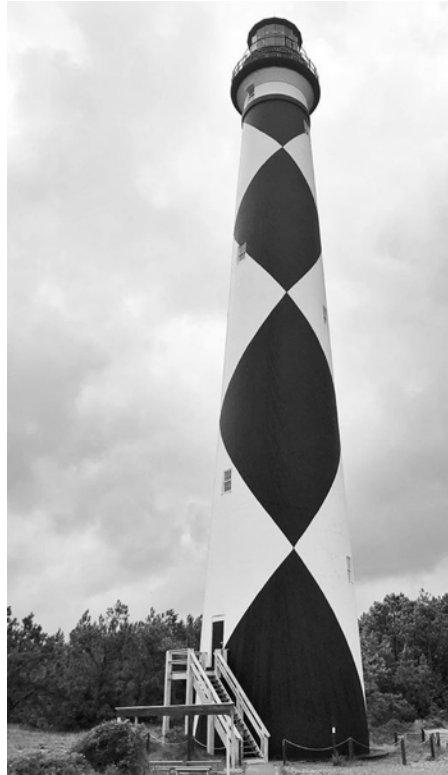
n o p q r s t u v w x y z

**Great job reviewing
your **A****B****C**'s!**



**Let's give your
parents a few more
reasons to visit, while
we review our **1****2****3**'s!**

**How many lighthouses do you see?
Can you count them for me?**



**That's right! The Crystal Coast has
1 Beautiful LightHouse located at
Cape LookOut.**

Did you know Cape Lookout National Seashore offers 56 miles of undeveloped beach sand! It's true!

During certain times of the year, you can actually climb to the top of the lighthouse to witness the absolutely breath-taking view.

Shackleford Banks and the many other islands and sandbars along the Crystal Coast are exciting to visit, too!

These islands are accessible by private boat. Or, contact a ferry or local tour company like one of my favorites, the LookOut Cruise, to take you!

**How many piers do you see?
Can you count them for me?**



**That's right! The Crystal Coast has
2 piers remaining.**

Oceana & Bogue Inlet are both popular destinations. Both offer restaurants, beach parking, restrooms, and fishing access/supplies in addition to other amenities.

**How many aquariums do you see?
Can you count them for me?**



That's right! NC is home to 3 aquariums, one of which is located on the Crystal Coast in Pine Knoll Shores.

The North Carolina Aquarium at Pine Knoll Shores is located on the Crystal Coast. Open daily 9 a.m. to 5 p.m. including most holidays. The Aquarium is closed on Thanksgiving Day and Christmas Day.

How many museums do you see?
Can you count them for me?



That's right! The Crystal Coast has
4 Museums:

NC Maritime Museum
History Place
Fort Macon

Core Sound Waterfowl Museum & Heritage Center

**How many bridges do you see?
Can you count them for me?**



**That's right! The Crystal Coast has
5 high-rise bridges.**

Morehead-Atlantic Beach
Cape Carteret-Emerald Isle
Morehead-Radio Island
Radio Island-Beaufort
Highway 101

**How many libraries do you see?
Can you count them for me?**

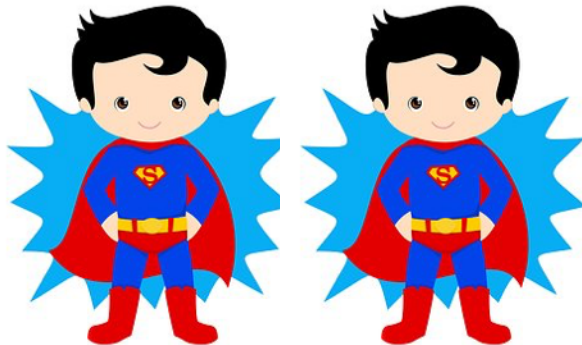


**That's right! The Crystal Coast has
6 wonderful libraries!**

Webb Library
Bogue Banks
Carteret County Library
Down East Library
Newport Library
Western Carteret Library

Each library offers a story-time for children. The PKS Aquarium, Maritime Museum, and Teacher's Pet also offer storytime. Check online for most up-to-date information on days and times.

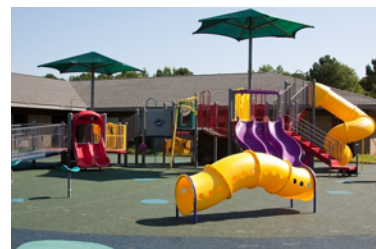
How many kids do you see?
Can you count them for me?



**That's right! The Crystal Coast has
7 (+) activities designed specifically with children in mind!**

MacDaddy's
Golfin' Dolphin
Salty Pirate WaterSlides
Sea & Play
Beaufort Pirates' Revenge
Lost Treasure
Atlantic Beach Splashpad, Park, Putt-Putt, & Skate Park

**How many parks do you see?
Can you count them for me?**

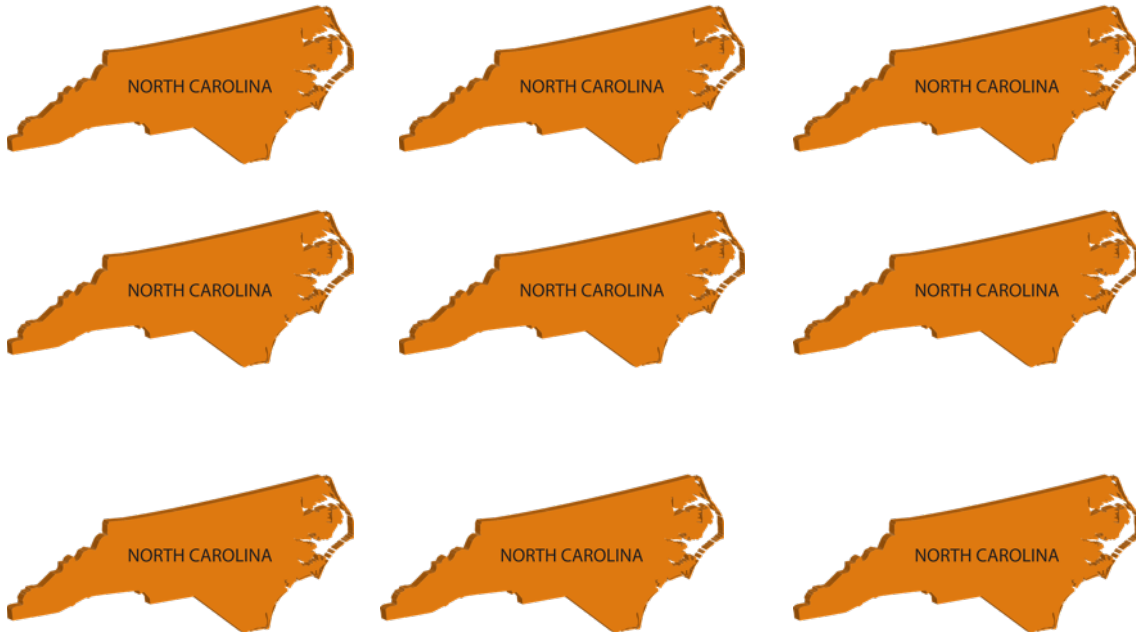


**That's right! The Crystal Coast has at least
8 (+) parks with playgrounds!**

Shevans Park, Morehead
Martin Luther King, Jr., City Park, Morehead
Mitchell Village Park, Morehead
Fort Benjamin Park, Newport
Rotary Park, Morehead
Freedom Park, Beaufort
Blue Heron Park, Emerald Isle
Swinson Park*, Morehead

* Swinson Park is considered an inclusion playground with easy access and play areas for children with physical challenges.

**How many maps do you see?
Can you count them for me?**



**Did you know North Carolina's Crystal Coast offers
9 distinct Regions!**

Atlantic Beach
Beaufort
Morehead City
Pine Knoll Shores
Indian Beach
Salter Path
Emerald Isle

Down East & Shackelford Banks

Down East refers to communities east of Beaufort that begin at the North River Bridge. The portion of U.S. 70 that runs through Down East is designated as a NC Scenic Byway.

Western Crystal Coast

Cape Carteret, Cedar Point, Stella, Pelletier and Newport

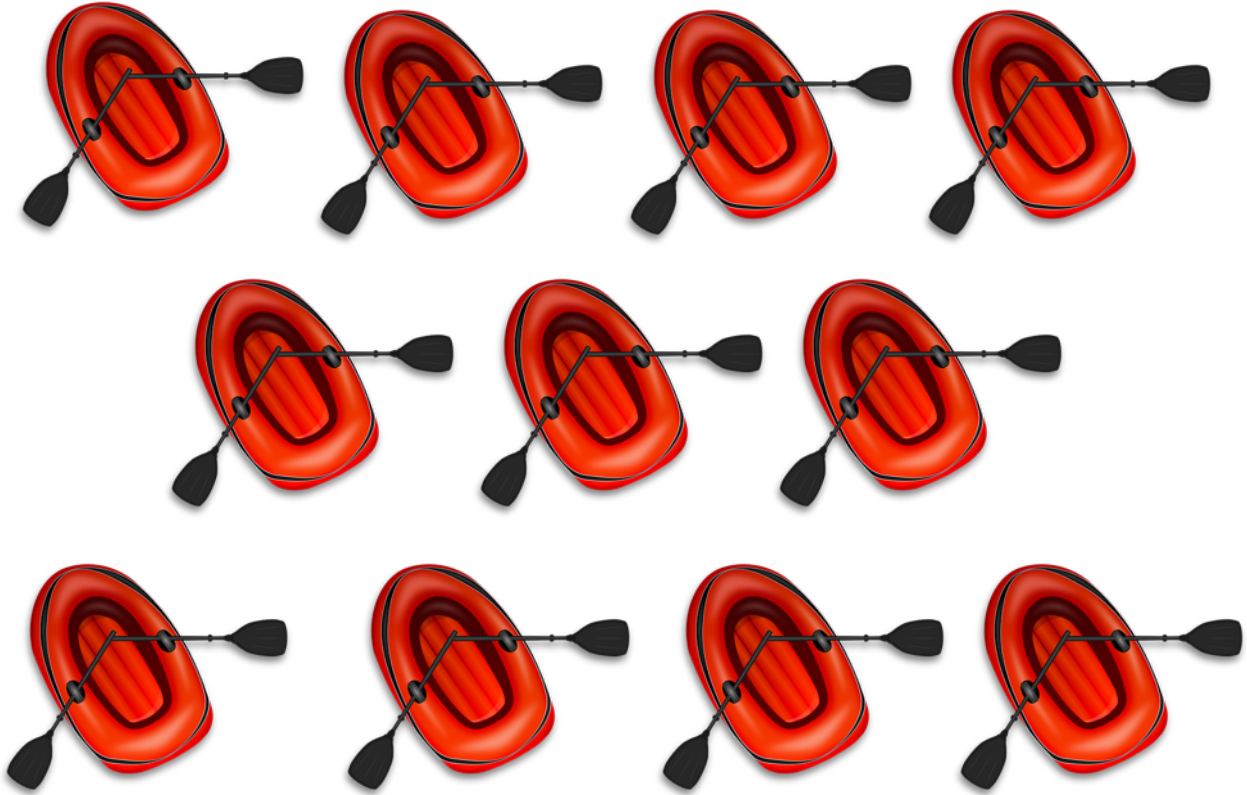
**How many cars do you see?
Can you count them for me?**



That's right! 10 Cars. The Crystal Coast offers 10 (+) areas that offer public beach parking.

Fort Macon, Atlantic Beach (AB)
Iron Steamer Public Access, Pine Knoll Shores (PKS)
Trinity Center Public Access, PKS
Ameri-Suites Parking, PKS
Knollwood, PKS
Memorial Park Public Access, PKS
Clamdigger Inn Public Access, PKS
Salter Path Regional Public Access, Salter Path
Western Ocean Regional Access, Emerald Isle (EI)
Eastern Ocean Regional Access, EI

How many boats do you see?
Can you count them for me?



**The Crystal Coast has *at least*
11 public boat launch ramps!**

Morehead/Beaufort Causeway Boat Launch
Curtis Perry Public Park/Taylor's Creek Ramp
Harkers Island Beach & Boat Ramp
Newport River Pier and Ramp, Beaufort
Town Creek Water Access, Beaufort
Grayden Paul Town Park, Beaufort
Derwood's Landing, Beaufort
Thorofare Bridge, Cedar Island
Cedar Street Park, Emerald Isle
Fishermen's Park, Beaufort
Conch's Point, Morehead City

How many calendar months do you see?
Can you count them for me?



There are 12 months in a calendar year and 12 excellent months to visit North Carolina's **Crystal Coast**! Can you say the months of the year in order with me?

- January
- February
- March
- April
- May
- June
- July
- August
- September
- October
- November
- December

**Nicely done
reviewing your 123's.**

**The next few pages
will help your family
enjoy North
Carolina's beautiful
Crystal Coast with
ease!**

Tips to Make Your Next Family Beach/Boat Day Easier

Beach Bag Must-Haves

Life Jackets and/or Puddle Jumpers
Sunscreen
Sunglasses
Towels
Hats
Snacks
Shade
Water
Cooler/Ice
Toys
Sand-free Mat (or a fitted sheet can work)
Mesh Laundry Bag
Ziplock Bags
Baby Powder or Corn Starch*

*Baby powder or cornstarch work great for removing sand from hands, feet, hair, and whatever else!

Nice to Have

Games like Bocce-Ball
Water Resistant Speaker
Good Book
Kite or Frisbee
Beach Chairs
Tent or Umbrella
Beach Towels
Water shoes

Mom-Tested Tips for Taking a NewBorn

Check out the Fisher-Price On-the-Go Baby Dome.
Consider a portable fan.
Formula, formula, formula! (Or, Breastmilk!)
Don't forget the diapers. And, wipes!

Crystal Coast Family Bucket List

- | | | | |
|--------------------------|--------------------------------|--------------------------|----------------------------------|
| <input type="checkbox"/> | Build a SandCastle | <input type="checkbox"/> | Have a Backyard BBQ |
| <input type="checkbox"/> | Have a Water Balloon Fight | <input type="checkbox"/> | Go to the Aquarium |
| <input type="checkbox"/> | Make S'mores | <input type="checkbox"/> | Learn how to help Sea Turtles |
| <input type="checkbox"/> | Have a Picnic in a Park | <input type="checkbox"/> | Spot a Wild Pony |
| <input type="checkbox"/> | Go Stargazing | <input type="checkbox"/> | See Dolphins Swimming |
| <input type="checkbox"/> | Make Popsicles | <input type="checkbox"/> | Read a Story |
| <input type="checkbox"/> | Go to an Outdoor Movie | <input type="checkbox"/> | Decorate the Sidewalk with Chalk |
| <input type="checkbox"/> | Fly a Kite | <input type="checkbox"/> | Spend a day at the Beach |
| <input type="checkbox"/> | Go to an Outdoor Concert | <input type="checkbox"/> | Have an electronics-free day |
| <input type="checkbox"/> | Go to a Museum | <input type="checkbox"/> | Plant flowers or a tree |
| <input type="checkbox"/> | Watch a Sunset | <input type="checkbox"/> | Run through a hose or sprinkler |
| <input type="checkbox"/> | Go to the Splash pad | <input type="checkbox"/> | Play Putt-Putt |
| <input type="checkbox"/> | Go to a Marlins' Baseball Game | <input type="checkbox"/> | Wash the family car |
| <input type="checkbox"/> | Take a picture | <input type="checkbox"/> | Catch a Crab or go Fishing |
| <input type="checkbox"/> | Watch the Sunrise | <input type="checkbox"/> | Watch the Sunset |
| <input type="checkbox"/> | Write your name in the sand | <input type="checkbox"/> | Make a Wish |
| <input type="checkbox"/> | Learn to talk like a Pirate | <input type="checkbox"/> | Find a shell for someone special |

“If a child is to keep alive his inborn sense of wonder, he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement, and mystery of the world we live in.”

— **Rachel Carson**

Family Friendly *Crystal Coast* Happenings NOT To Miss!

Penguin Plunge - January 1st Every Year

Chocolate Festival - 1st Weekend in February

Mardi Gras in Beaufort

St. Patrick's Day Festival in Emerald Isle

Easter Egg Hunts - Several in the area to choose from

Newport Pig Cooking Contest - April

Strawberry Picking - seasonal at local farms

Beaufort Wine & Food Weekend - April

Cherry Point Air Show - May, every other year

Wooden Boat Show - 1st Weekend in May

Beaufort Music Festival - 3rd Weekend in May

Crystal Coast Boat Show - 3rd Weekend in May

Atlantic Beach Music Festival

Mile of Hope - Typically occurs in May

Military Appreciation Day

Big Rock Blue Marlin Tournament - June

Bogue Banks Kiteboarding Festival - June

Beaufort Old Homes & Garden Tour

Alive at 5 - Fridays starting at 5 during peak months

Morehead City Marlins Baseball Games - during summer months

Races at the Carteret County Speedway

(Continued on next page! On the *Crystal Coast*, every month is FUN!)

Family Friendly *Crystal Coast* Happenings NOT To Miss!

Fort Macon Stargazing Events

Free Outdoor Movies in AB and EI all summer

Free indoor kids movies - on certain weekdays at local theaters during summer months

FireWorks in Every Town Celebrating July 4th

Take A Kid Fishing

NC Ducks Unlimited Billfish Tournament - July

Beaufort Pirate Invasion - August each year

Seafood Festival - 1st Weekend in October

Carolina Kite Fest - October

Garner's Corn Maze & Pumpkin Patch -seasonal

Small Business Saturday - November

Flotillas - These are boat parades! There are several flotillas in the area to choose from!

Beaufort Candlelight Home Tour - December

Core Sound Decoy Carvers Guild, Harkers Island - December

Veterans Day Parade

Christmas Parades

Carteret Partnership for Children Events

New Years Eve Events! - CrabPot Drop in Morehead, Pig Drop in Newport, and Pirate Drop in Beaufort

The Carteret Partnership for Children is a great place to check into resources available in our area. Carteret Smart Start is a non-profit 501(c)3 organization dedicated to inspiring, supporting and advocating for young children and their families in the areas of health, education and childcare.

Check out my site: www.crystalcoastfamily.com for more information about the Crystal Coast, Local Life, Boat Life, Beach Life, and Pool Life.

Also check out the Carteret County Chamber of Commerce for more local news and events: www.nccoastchamber.com

What if it rains during our beach vacation?

Have No Fear!

Sea & Play, the NC Aquarium at Pine Knoll Shores, museums and more are here!

SEA and PLAY is a space where kids are encouraged to explore! The hands-on opportunities, geared toward a wide range of ages, promote and encourage interactive play for everyone. We are offering various activities and events throughout the summer, as well as customizable birthday parties to make that special day the best one yet! Go in and see them!



The NC Aquarium at Pine Knoll Shores is open 9 a.m. to 5 p.m daily, including most holidays. The Aquarium is closed on Thanksgiving Day and Christmas Day.

The Crystal Coast has 4 Museums:
NC Maritime Museum
History Place
Fort Macon
Core Sound Waterfowl Museum & Heritage Center

Also, keep in mind that Chick Filet and Dairy Queen in Morehead City have indoor playgrounds. Michaels and Lowes' offer kids' activities on some weekends.

During Summer Months, the following places on the *Crystal Coast* are known to offer summer camps!

Maritime Museum

Pine Knoll Shores Aquarium

Camp Albemarle

Cape Carteret Aquatic & Wellness Center

The Trinity Center

Morehead City Parks & Rec.

Emerald Isle Parks & Rec.

Surf Camp offered by Marsh's Surf Shop

Junior LifeGuard Program - Atlantic Beach

Horse Camp at The Barnyard

Crystal Coast Gymnastics

Justice Elite Dance

Carolina Strut

Hole in the Wall Dog Training

Boys & Girls Club

Wine & Design

Morehead City Marlins

Additional local churches offer Bible School and camps. I suggest calling or checking their websites for more information.

**Where can I find a children's gift to remind me of the
*Crystal Coast?***

Personally, I love finding gifts at these local shops. These are not paid sponsorships and are not listed in any particular order. A few of these even gift-wrap for free. Bonus!

Teacher's Pet

DeeGee's

Beaufort Linen Company

Gift Shop at the PKS Aquarium

Gift Shop at Fort Macon

Gift Shop at the NC Maritime Museum

Harbour Specialties

Scuttlebutt - Nautical Books and Bounty

Sew Trendy

ICW Gifts & Monogram Company

James' Clothing Boutique

Do you have a suggestion or an event that you would love to see in the next printing?

If so, please email me at: kristinferree1@gmail.com

I am constantly updating and improving this little book to provide families with a fun and up-to-date resource about the Crystal Coast. Both the Bogue Banks Library and Webb Library, two of our favorite local libraries, have copies available!

To purchase your next copy, I encourage you to first check with your favorite local gift shops, but it is also available on Amazon. When you use Amazon, please consider using AmazonSmile!

The easiest way to find this book on Amazon is by searching under my name, Kristin Ferree, as the author.

I appreciate your help, your interest in my book, and most of all your love for the *Crystal Coast!*

*This book is dedicated to my two Crystal Coast beach babes -
Carter and Caroline.
Your Crystal Coast Mommy loves you both so much!*

