

# Stephen A. Millet

Motivational, Transformational Speaker & Life Coach

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Stephen A. Millet is a transformational speaker and life coach who helps you to go beyond your physical, mental and financial limitations. With 30 years of experience speaking in the private and professional sectors, he is a licensed ordained minister, a professional technical instructor, a stand up comedian and a new best selling author of TALK STRAIGHT DAMMIT, available on Amazon.

Stephen Millet was raised by a mother with severe mental illness and an absentee father. Over the course of his life, Stephen overcame many obstacles including divorces, depression, bankruptcy, and foreclosure that could have caused him to give up on life. Through self-study, determination, and his love for his three daughters, he learned to TALK STRAIGHT to himself and created the life of BLISS he has today.

He uses his extraordinary personal life lessons to help you or your audience create positive outcomes. Together with his wife, he developed a process that will help you turn negative thoughts into powerful actions, obstacles into opportunities, and tragedies into triumphs. He is committed to help you TALK STRAIGHT DAMMIT! and improve your relationship.

He provides fun, easy to follow instructions that will set your life on the path to unlock your most powerful self. If you are looking for a dynamic speaker or life coach who will make you laugh, cry and motivate you to change your life, contact Stephen Millet for your next speaking, coaching or training event.

## **Contact Information**

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