

# Capabilities Statement



*Nautilus*  
Leadership

Change is constant and accelerating. We are *all* experiencing some kind of transition. Every leader is challenged with a change / transition from a newly expanded role, a promotion to the next leadership level, to a behavior change or key skill that must be rapidly developed to achieve increased success. To this end, I offer professional *coaching and consulting* to leaders and organizations. I am an experienced (20+Years) International Coach Federation (ICF) Professional Coach Certified (PCC) executive coach with a passion to help and develop leaders. Let me help you accelerate the growth & development of your leaders.



Lisa Gary, PCC

## Coaching & Consulting Areas:



Custom Coaching  
Engagements – Executive,  
Transition, & Hi-Po Leader



Strategy and Goal  
Alignment



Change Leadership



New Leader Assimilation



Team Engagement



Team Alignment /  
Development

## Certifications:



## Some Of The Clients Impacted:



## What Makes Nautilus Leadership Unique?

- Over 30+ years in Executive, Business and Human Resources leadership roles across 4 global industries
- Deep expertise and proven capability in developing leaders, developing enterprise strategic capabilities, building high performing organizations and teams, and leading through significant transformative change
- Professional Coach Certified (PCC) through the International Coaching Federation (ICF) along with numerous leadership assessment certifications
- Significant expertise in neurodiversity leadership, leadership and executive development, psychological safety and adult learning
- 6-9 month coaching engagements include measurable goals with clients achieving their 2-3 development goals with sustained behavior change across my custom leadership development of self-awareness, durable skills, management/leadership, strategy and personalized leadership energy skills
- I deliver immediate cost savings on a comparative basis to other external coaching and consulting firms.

## Executive Coaching Engagement Framework



I do this work because I am passionate about making a difference for leaders and their organizations!