STANDARD PRAYERS - the first three (3) prayers were channeled from my Spirit Guides. They are based on a Roman Catholic outlook. They are for individuals who are Christian/Catholic and are important to recite as directed by my spirit guides for the purpose of protection from negativity. The following three (3) are standard Roman Catholic prayers that I'm told to say at certain times. I added them for reference only.

Connection To Spirit Guides And Protection From Evil Spirits (M)

- say once a day

Dear God, ruler of all mankind. I ____(your name)____ and my soul are at your command. I call upon you to guide me on the right path and to help me see the true light through the physical and spirit world. I apologize for all impure thoughts that may manifest through the day and night, and humbly ask you to connect me to our true spirit guides. Please banish all negative and evil spirits influenced by Satan from my home and family. I also ask for my body and mind to be cleansed from all of these evil forces that I can't control. From this day on, I pledge allegiance to you and all things of your creation. Lead me not into temptation, but deliver me from those who want to deceive me from my true purpose in the physical realm. I ask of you to surround me with my spirit guides assigned to me at birth, and to give them permission to do what is necessary to protect me from evil and guide me on the right path. Amen.

Protection Prayer (Gab) – say whenever you feel you are threatened by negative spirits. – Also once a day

By the power of God, I give my body By the power of Christ, I give my soul By the power of Heaven, I give my being

Prayer For Deliverance From Evil (R) – once a week

Because of Jesus Christ's sacrifice upon the cross, he delivered me from all sins. Breaking all bondages that I had with the devil and any evil spirits that prey upon me. He opened up the doors to his Father's kingdom. I should honor him every day of my life upon the physical realm. For he is one with me and Creator of All on earth. Without him I am nothing and for those who denied him, can rot in hell. At the times I feel threatened by Satan's evil forces, I should humbly pray and ask for forgiveness for my sins. I will at times be tempted into temptation, but at those times, I need to bow my head and ask to be delivered from these temptations before I sin. So in the name of the Father, and his son Jesus Christ, I ask of thee to deliver me from these devilish attacks upon my mind, body, and soul. I call forth Thee to cleanse my mind, body, and soul with the Holy Spirit so I can be yours once again. In the name of the Father, and his Son and the Holy Spirit. Amen.

Our Father Prayer

Our Father,
Who art in heaven,
Hallowed be Thy name;
Thy kingdom come;
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,

but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

The Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and Earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell. The third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.