

Psychic Definitions

Spirit Possession

Occurs when a spirit, whether extraterrestrial or earthbound, inhabits a physical body that is not theirs. All physical bodies have a spirit entity attached to it; called the soul. Possession occurs, when an outside spirit entity, not one of the incarnated soul, takes control over the physical body. When this manifestation happens, the individual will start showing signs of mood swings or personality changes. This can happen dramatically or progressively. When a full possession occurs, this spirit entity ejects the soul completely from the physical body, taking it as its own. An example of a full possession, is when one shows symptoms of a dramatic personality change. The person you know is no longer there. An entirely different person now emerges, and someone you no longer recognize is inhabiting your loved ones body. A partial possession occurs when a person has temporary personality changes. Sometimes these can be diagnosed as mood swings, bipolar disorder, schizophrenia, or other mental conditions. This type of possession may lead to full possession if not recognized and Exorcised. Going to a medical professional may result in a diagnosis and being given a prescription medication. In order to determine if that person is truly partially or fully possessed, one must consult a Priest or Pastor trained in Exorcism, an Intuitive Counselor, Gifted Psychic, or Shaman. (Z)

Black shadows spirits

Black shadow spirits are shadow like entities. They are not from planet Earth. We (spirits of earth) do not like to call them spirits because they don't live by our rules on Earth. However, we can't stop them from invading homes and possessing individuals. They reside in very dark areas, like cemeteries, vacant homes and buildings, barns, covered bridges, and people's attics. They are most noticed during the evening hours and usually associated with satanic work. They have very powerful energies that can grab people and throw things across the room. If one has a Black (satanic) Bible or uses an Ouija board, they are most likely to draw them in to your home. They have an abundance of universal energy attached to them, so this is why, they are mostly attracted to any kind of universal energies, black or white magic, it really doesn't matter. These entities travel the universe looking and feeding off negative thoughts, anger, hate, and greed. They will stop at nothing to try to possess someone or something. They are extremely difficult to get rid of once they find a home or individual/s that interests them. The only way to get rid of them is to destroy them. The only way this can be done is through a gifted individual that has the power to Exorcise them out. A mere house cleansing only flushes them out temporarily. The persistent ones will come back. The more you try to get rid of them the more hell bent they become. In some cases, they prey on individuals with low self-esteem or a child within the residence. Sometimes, this can lead to partial or full possession. They will deceive you or a child in any way that they can. Sometimes they will seem to try to help you, but this is only a ploy to delude you. They are highly intelligent and masters at deception. They will lay low for a couple of days or weeks to make you think they have left the household to make you think they have left. They really have not, and then they resurface with two or three times the vengeance. They will often take on any form, or any size. Sometimes showing themselves as a young child. Be extremely cautious with any children in the home. If one has a black shadow entity in one's home, please, I can't stress this enough, please call a professional house cleanser. (Met.)

The Black Bible is also known as the **Satanic Bible**. This bible is very bad and shouldn't be touched by bare hands. If one comes across one, they need to use a white cloth before handling it and wrap it securely. Afterwards, place it in a steel container, able to contain fire safely, and burn it. If you get the bible from a library, pay the no return fee, and dispose of it. If one can't burn the bible, throw it into a deep lake or pond where it can decay. This bible is so powerful that it has been known to call or draw individuals to it. Once touched, it can open up a person or home to satanic, evil spirits. Please, I can't stress this enough, do not touch it with your bare skin. If anyone finds one, or touches it, the best thing is to have that person blessed by a gifted psychic, priest, shaman, bishop, pastor, or any religious order, as soon as possible. (Met.)

Ghosts are normally harmless. Sometimes they can be negative or evil, but usually they can't do much harm to you. Just annoying. They sometimes can act childlike, but in a friendly, playful way. If cabinet doors seem to open by themselves, things disappear and reappear on their own, this can just be a deceased family member trying to get your attention. In some cases it can lead to a more dangerous situation. If things escalate into

objects being thrown around, or moved and placed in a peculiar pattern, do/or request a home cleansing. This could be a sign of a much stronger spirit/entity that very possibly has evil intentions. Overall, ghosts are just curious, and want to interact with people. (Met.)

Spells / Magic: Spells are a group of words that implement a force of power thru words/chants to get what a person wants. This is a process of tapping into the universal energy and using it to suit the individual's own needs. Spells are a form of magic. Spells are not the type of spiritualism that the one divine God wants his children to practice. Why? because of temptation, one spell leads to another, and so forth. The more power the spells bring you, the more one is compelled to do more. This can even turn the most charitable, loving person with good intentions, for example a white witch, to the dark side, black witch. Spiritualism, Shamanism, and Prayers are ok, but magic/spells are not. There are two types of magic, white (good) and black (bad). White is usually of good intentions, or, for personal use. Black, is evil, or of bad intentions. It projects ill intentions onto others. Curses are an example of black magic. A person should never interfere with any other individual's life path on earth. One that does practice black magic builds up Karma that will affect them in their future incarnations. Individuals wanting fast results to their spiritual development process resort to magic; thus, opening themselves up to the temptation of black/dark magic, possible possession, or invitations to unwanted spirits. (Met)

Prayers: Prayers are a call for divine intervention, or Angelic help. Prayers can be used for calling out for protection, help, guidance, love, etc. There are many forms of prayers for many purposes. With the belief of an incarnation, our souls have chosen a life path. It may not seem glorious, but our souls learn from it. By experiencing hardships or trauma in our incarnation, we learn lessons. Yes, it may not be a pleasant experience, but, the more difficulties we endure, the more our soul learns and grows from these experiences. Once our physical body dies, our soul passes over to the spirit world. Then we understand why. If we haven't already come to an understanding while on the earth plane. Prayers help us throughout our lives, especially, when we need comfort and protection in times of stressful situations. You may not see an angel or hear a voice speak to you, however your prayers are received and heard. (I)

Spiritualism is an understanding of incarnation and the spirit world. It is an understanding and acceptance that your loved ones are not dead, but in spirit. They want to communicate with us, instead of being isolated from us in their spirit form. Thru spiritual development, one can open up to the receiving of psychic gifts that enable one to interact with the spirit world. Spiritualism is not bad, and should not be frowned upon by other individuals or religions. Yes, it can open one up to negative spirits, but thru proper precaution and protective measures, one can be safe. At one point, for the safety of incarnation, spiritual development was closed off to all, but a selected few. Now the doors are open to all. We can all receive a degree of divine gifts, if we show interest and determination. These gifts will come in the form of what is called, clairvoyant, clairaudient, or clairsentient. In some cases, one may receive two of these abilities thru the course of a lifetime. Most of the time an individual will only have one or the other. Spiritualism is an honoring of the spirit and learning how to communicate with them. (Met.)

Soul – is the primary essence of our physical existence. Without it, the human body is just a host for other negative spirit entities, to use and manipulate it to their will. If these spirit entities kick the soul out of its vessel, it can gain possession of it. The human does have a uniqueness to it that, we call the ego, an individuality of its own, without the influences of the soul. If one chooses to go the spiritual path, than that individual learns to understand their soul and their purpose of the physical existence on Earth. He or she learns to bond with their soul, and to become one with it. (Met.)

Incarnation is when a soul choses a human body or life path which it can learn and grow from. The human body is a physical existence in which a soul can experience situations and hardships that it wouldn't usually understand in the spirit world (other side). This enables it to comprehend Heaven's rules and values much faster than being in spirit form only.

Psychic is one who can communicate with spirits/ghosts. A psychic can be clairvoyant, clairaudient, or clairsentient. (Met.)

Clairvoyant is one who can see spirits. This individual can have telepathic or clairaudient abilities. (Met.)

Clairaudient is one who can hear spirits thru the use of one ear. (Met.)

Clairsentience is one who can feel and sense spirits. This individual is usually telepathic. (Met.)

Telepathic – is a psychic gift that enables one to communicate with the spirits, animals, or to another individual's mind. The type of gift received depends on the individual's life path that their soul chose at the time of the incarnation. (Met.)

Telekinesis – is a psychic gift that enables one to move things with their mind. Strength and type of ability varies for each individual. (Met.)

Mediums

Mediums are individuals who are able to communicate with the spirit world. All psychics are mediums in their own individual way; however, when someone says they are a medium, this means they are acting as a translator to other individuals. Those who are unable to communicate with the spirit world, but, who wish to hear messages from their loved ones in Heaven. In order to do this, seek out mediums.

Trance mediumship

Trance mediumship is form of mediumship communication with spirit world. It is not the same as standard mediumship. It allows one to open themselves up to the spirits by allowing the spirit or spirit guide to channel thru them. Using the medium as a vessel for conveying a message to other individual/s. When a medium allows this to happen, the spirit slowly takes control of the physical body of the medium. Then the spirit speaks his/her message directly thru the medium without the thought process of the medium to interfere. If a medium finds themselves in a situation where a spirit or spirit guide channels through them without the medium's permission, then one should back off from performing trance mediumship. One's true spirit guides are trained how to do this in a slow, secure, and safe fashion. Trust in one's true spirit guides must be established prior to trance mediumship. Let no spirit entity pressure you into doing so.

Auras – This is the energy field that is associated with our physical bodies. If this energy field is not functioning properly, certain diseases, cancers, or other illnesses may manifest. (Met.)

Chakras – are the main areas of the body that need adjustments, attunements, and balancing. This system is the primary energy field of the human body. If one doesn't take care of the flow of energy associated with these chakras, one can create tears in the human aura which can lead to diseases, cancer, or other illnesses. (Met.)

Lucid dreaming is a form of dreaming in which he or she knows they are dreaming and they have the ability to modify or change their dreams while still in it. Maybe not control it completely, but to shape it, or stop it, and go into another type of dream scenario. (Met.)

Astral projection is where one's consciousness merges with the sub-consciousness (soul). They become one mind. This allows an individual to soar to new heights in their spiritual development. This is also called enlightenment. This connection with the soul is a great gift from divine source, and one, that one should not take it for granted. This gift is offered by your soul. Your soul is giving up its freedom so the incarnation can experience spirit liberties. Imagine being able to see anything or be anywhere. Going half way across the world in just a split second. This is a very special opportunity that can be revoked if misused. However, for one's protection, one should always request that they be accompanied by one of his or her spirit guide/s. (Met.)

Spirit guide is a spirit that is assigned to you at birth, like a guardian angel. Their job is to help you through your incarnation and/or spiritual development. Depending on the culture or country one is brought up in, determines the number of spirit guides one will have. (Met.)

Mythology is the history of Earth when multiple Gods ruled the Earth. Different names would be used for the same Gods depending on the different cultures based on the different areas of the world. Once one God was assigned to rule over all of mankind, this is when Heaven came in to being. Gods that chose not to accept this change of rulership, left to serve the underworld or went to other parts of the universe. Gods that chose to remain part of Heaven, were given leadership roles, known as Archangels. This did create controversy and disagreements that later resulted in a rebellion, "Heaven's War". After the war ended, more left and others were exiled from Heaven. Overtime, some returned to Heaven. Heaven is about understanding, forgiveness, and working together despite our differences. (Met.)

Incubuses and/or Succubuses

These are sexual spirits in nature. They can be a demon or black shadow. Demons are associated with earth's underworld and black shadows are extraterrestrial. They are spirits that have sexual intention on the physical incarnation. People who are alienated from God in their life are vulnerable. Individual's experimenting with magic and spells are also vulnerable. However, people actively involved in shamanism, mediumship, or spiritual development are protected by his or her spirit guides. If one has had a sexual encounter with a spirit, one needs to contact help immediately. Contact a priest, a psychic, a shaman, or a Reiki master for help. You need to find help and quickly. These spirits will not stop and will continue relentlessly draining you of your energy. After a couple of days, you will feel fatigued and tired, leaving you feeling like you have no energy to do your chores around the house or work. Often times they can be sexually persuasive and extremely seductive. If you are seduced, please know that these situations are not something that can be taken lightly, and you must seek help immediately.

Demons are related to the underworld, mostly Hell. There are many types. Some just are curious and enjoy hanging around you out of curiosity. Usually during the nighttime hours. Others are known as incubus or a succubus. Then there are the ones that like to torment or possess individuals, and then there are ones who are satanic. They seek out individuals involved in magic and help those involved in black/satanic magic or evil intentions.

Ouija boards are a bad source of spirit contact if not used in a protective manner. Most of the time, people use them out of curiosity and amusement. Totally unaware of the dangers and what they can draw into their home. It is best to stay far away from using one if you are not an experienced psychic. If you are interested in the spirit world, seek out a group or community who are actively involved in spiritual development who have true, good, and loving intentions towards the spirit world. Do not try to contact spirits thru a Ouija board without any spiritual experience.

Divine magic is a form of spiritual development seeking the aid and teachings of divine beings. God and his divine spirit council. These can be your spirit guides assigned to you at birth, archangels, or other angels. Through a course of years one may be given special psychic gifts. These are gifts given to you upon completion of hard, devoted divine purpose. Each individual is different in his or her progress, so one should not judge or compare their gifts and progress with someone else. These gifts were chosen by your soul upon the incarnation. One who desires divine magic must work with the Tree of Life (Qabala Magic) and be prepared to do extensive dreamwork and meditation. People who are known to have divine magic are prophets, seers, spiritual teachers, some shamans, oracles, or divine healers, like Jesus.

Wicca is a form of magic using spells. The spells are done through the use of rituals involving candles, crystals, and herbs. Though these spells someone tries to pull forth the universal energies to set in motion a desire of theirs. As long as the desire is intended only for themselves and doesn't interfere with anyone else's life path on earth, it is safe and harmless. However, if one starts to interfere with another soul's paths on earth, this is not accepted by the one divine God in charge of humanity. One has the right to venture out and experiment, but just remember there are boundaries where one should not cross. Just be extremely careful in what you do and who you choose to hang around with who are also involved with magic and spells.

Tree of Life (T.O.L.) is also known as Qabala Magic or path working. It is a form of spiritual development to improve one's overall quality of life. If one wants to become more efferent at public speaking, writing, or assertive in life, the T.O.L. can help you. It can transform your life and help one in acquiring qualities that you have always wanted to be better at.

Book of Knowledge is a gift accessible only by completing the Daath sephira/level and Path 13 on the T.O.L. This knowledge obtained from God and from the counsel closest to God. Very few individuals will succeed in gaining this knowledge. It requires constant dedication to spiritual work, tests, unpleasant experiences, and the surrendering to divine will.

Black / White Magic this is a form of magic associated with witchcraft, spells, and rituals. Black magic is satanic in nature. White magic is of good intentions of personal use or to help others. If one is tempted into practicing more powerful spells, this can lead to black magic.

Shamanism is a general term used throughout the world. In America or USA, we typically call it the Native American Indian ways. In other areas of the world it is known by different terminology. It is a form of

understanding that we are a soul living a physical existence on earth. Shaman's understand that we are a part of earth and not any more important than any other organism living here. (All my Relations) . They consider us to be equal to all living creatures from an ant to a whale, and invite us to respect all creatures of earth.

Additionally, we are to respect and see the sacredness of earth as well as her resources, air, fire, water, minerals, and earth's environment. We are a part of the universal energies, the solar system, the creator, God and all his creations.

Channeling / Automatic Writing: Channeling is a form of writing through use of one's spirit guides. This takes time and practice to become efficient at. When one becomes efficient, it is like writing a book without thinking of what to write. One just types what he or she is instructed through telepathic or clairaudient communications. One just types or writes exactly what he or she is told. Like a secretary dictating what is told to her. Her boss tells her what to write and she types it exactly as he dictates it. Automatic writing is generally the same concept except sometimes one just may receive thoughts in their mind instead of having a telepathic link. One can ask a question to a spirit, and he or she types what comes into his or her mind. Another form is thru meditation. One meditates either thru the use of a computer or a notepad and one goes into a trance like state and begins to write. Sometimes that individual will be aware of what they are writing and at other times they have no idea until they come out of the trance like state. All forms are a way of communicating with spirits. One just needs to keep an open mind about the concept of how it works.

Prophets or Oracles: They are God's vessels of communication. Jesus Christ was the last one known to have such an ability. Prophets and Oracles have the ability to preach God's word. They are channels of God. Thru them, God speaks.

Seers are individuals who have a psychic gift of seeing the past, present, and future.

Akashic Record is an individual's soul information. Depending on the degree of access a psychic has to the Akashic library, determines how much information they can receive on an individual. These records contain past life information and sometimes can reveal the soul identity; For instance, if he or she is an incarnated God, Goddess, past saint, archangel, or angel. At this time in history there are thousands of people around the world that are being spiritually called to honor their soul's purpose. One should never give another individual the right to access these records unless they totally trust that individual or you're given permission by your spirit guides. If you don't have telepathic communication with your spirit guides, use a pendulum for verification.

Pendulum is a divine tool for interacting and working with one's spirit guides. It is also useful in obtaining information about your souls past life and other information one may need to acquire . A pendulum is just another tool that can be useful in answering questions that one may want to ask their spirit guides.

Mantra are aids in spiritual development. There are many different types. Some can be created for dreamwork, pathworking (Tree of Life), and to use as an amulet. An amulet can be worn like a necklace. They can be used during a healing, for protection, or other purposes one may have in mind.

Crystals are also used as spiritual tools. They are natural stones or rocks taken from the earth's ground. Some are known to be man made. They are also known as birthstones. Crystals give out an energy signature similar to our Aura. Each crystal has a different energy signature attached to it. Most can absorb negative energies, so after working with one, one should cleanse it. Running it under warm water for a minute with the intent of cleansing it, is good enough. These stones can be used to draw specific energies for a designated purpose. Ultimately, one crystal should be used or programmed for one task only. However, some people have a lack of finances and spirit guides understand what your intent it is to be used for. There are many different types and some give better results with black magic while other are better for white magic or divine intentions. Having more of them will not increase the purpose it was intended for. Having a more expensive one is not necessary, and will not make one have faster results in their spiritual journey. Spiritual development takes time to develop. There is no fast track. Just be patient and understanding to your spirit guides.

Extraterrestrials are spirits that are not from planet earth. Incarnated souls from other places within the universe. They are not here for the benefit of earthbound incarnations. They do not abide by the spirit laws of earth and should be avoided for one's protection. If one has contact with one of them telepathically or visually, please instruct them to leave. If they don't, call upon Archangel Michael (protector from evil) for assistance.

Tarot Cards are a divine tool used to communicate with your spirit guides. They can tell you answers to your questions or provide you with an objective outlook on the question being asked. Cards drawn from the deck and the location they reside in can help one understand a situation one is going thru and how to navigate thru it. It can provide an outcome to the consequences of one's actions. There are many types of different card decks. It may take a deck or two before one finds a deck that resonates with them. I strongly recommend a divine tarot deck only.

My suggestion: refer to and/or request my suggestion document (riseofthewhitephoenix@gmail.com)

Other Card decks: there are other decks that may be easier to work with for beginners. I used an animal oracle cards deck when I first started until I got comfortable enough to start using tarot cards. There are other card decks that one may be drawn to. It is all about trial and error. It is whatever you feel drawn to and comfortable using.

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The Golden Age is a time of love, peace, and of universal understanding which will awaken the world. As people awaken to their spiritual path, the golden age will start manifesting through out the world. These individuals are incarnated souls from Heaven that chose to incarnate for a greater divine purpose. As the golden age comes upon us this will cause a shift from the ongoing (imbalance?) violence throughout the world to a worldwide balance of good and evil.

Vodu - to be added later on

Verbal Mantras - to be added later on