

**SELF INSTRUCTIONS FOR HOME CLEANSING – by Gwen-Lynn  
BE PREPARED TO CALL A PROFESSIONAL**

**Prayer:**

- I call upon the assistance of the Angelic Hierarchy to assist me in this time of need. I request your presence in the name of Gwen-Lynn to cleanse this residence of all evil and deceitful spirits. May my home and all who reside within it (family) be protected. I ask for all unloving and uncompassionate spirits to vacate this home and land. For God's light compels you to leave and I send you back from whence you came.
- After this prayer, sage/cleanse all rooms, closets, attics, and basements of the home with Tibetan incense. Starting with the basement and working your way up to the attic. Attic being the last place to sage. It is preferred to recite The Lord's Prayer continuously throughout the staging process; although not necessary, it will provide stronger results. When cleansing, say repeatedly, "In the name of the father, and his son, and the holy spirit." Keep on repeating this, either out loud or mentally, throughout the house.
  - **The Lord's prayer:** "Our Father, Who Art in Heaven, Hallowed be Thy name; Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen."
  - Recite this 3 times during sageing. Once in the basement, once during the middle of the house cleansing, and once in the attic. To be most effective, repeat the prayer in rooms where the energies seem most intense.
- For this to work, one must believe in a higher divine power. One can alter the blessing towards his/her own religion; however, these instructions are calling upon the Angelic Hierarchy to do this work and one must be open to believe in angels.
- Cleansing Information:
  - (1) Buy a Tibetan cone or stick incense and place it in a heat proof container. (2) Then using a sageing feather, begin to sage all rooms of the home as instructed above.
  - **Incense to use:** Tibetan incense preferably made and shipped from Tibet. [Available on Amazon.com](http://www.amazon.com). This is a very strong incense used for thousands of years by Tibetans to help eliminate evil presences. One can use any incense you wish, but for strongest and best results, I recommend Tibetan incense. It may not smell as pretty as other sageing materials, however, it is much more effective. An acceptable alternative would be Dragon's blood incense, but I strongly recommend getting Tibetan incense
  - Do this once a week for three consecutive months even if there are no negative signs present. You should see steady improvement.
  - The stronger the evil entity is, the harder it will be to eliminate. **Please Note: If after cleansing, things get much worse; It is very important that you call a Professional Immediately!**  
Text: HAUNTED to [610-883-6804](tel:610-883-6804)
  - If not me, consult a priest, a religious order, Shaman, or vacate the house immediately.
  - If after 6 months of home cleansing and situations are still manifesting within the home, please don't hesitate to contact me. With the help of my spirit guides, I can eliminate any haunted residence permanently. This is my special psychic ability given to me by Divine source. [riseofthewhit phoenix@gmail.com](mailto:riseofthewhit phoenix@gmail.com)
- If your home has a barn or other buildings on the property, the evil infestation may be linked to that building and not the home itself. If this is the case, cleanse all buildings on the property and not just the one you think the entities are attached to.

**Vortexes** – there may be a vortex in your home. This is very bad. This causes negative spirits to enter and leave at will at any time. If one has a vortex open in their residence, one needs to close it. Otherwise, the situation will not improve. If you think there is a vortex that is causing your paranormal activity within the building or residence, this must be closed. Depending on how long this vortex has been open, you may not be able to close this vortex down. I can close it down.

[riseofthewhit phoenix@gmail.com](mailto:riseofthewhit phoenix@gmail.com)

or Text (cell phone): [Gwen Lynn-Cole 610-883-6804](tel:610-883-6804)