

EACH ATHLETE RECEIVES A GOODY BAG!! CATCH THE LIVESTREAM ON THE NATL'S FACEBOOK PAGE

Spectators \$5 at the Door!

SCHEDULE: TIMES LISTED AS EASTERN (CENTRAL)

ZOOM TEAMS SHOULD CONSULT THEIR HOME GYM'S INFO & SCHEDULES FOR ARRIVAL & WARM-UP TIMES. THESE MAY VARY BY GYM.

10:30am (9:30am CST) Prestige Doors open at the live event for athletes & spectators.

10:30am (9am CST): Warm-ups @ Prestige Begin Immediately.

Make sure to warm up all events and team routines.

Once events start there will be no breaks.

You are permitted to continue practicing skills & warming up while other

teams perform as long as you are in place for your events promptly.

10:55am (9:50am CST): Anthem & Opening Greetings

11:00am (10:00am CST): Events Begin (Awards @ Approx. 1:30pm Eastern)

ORDER OF EVENTS:

- Acro Compulsory

Pyramid Compulsory

- Toss Compulsory

- Tumbling Compulsory

- Team Routine

- Placement Announcements / Awards

PERFORMANCE ORDER:

Mini Novice – RAD RUMBLE Junior Elite – APEX

LEGACY G. LIGHTNING RAD RAGE RAD RUBIES PRESTIGE

LOCATION & CONTACT:

Prestige Gymnastics 3549 Hempland Rd #A Lancaster PA 17601 Coach Britney 717-715-3447 prestigeacroandtumbling@gmail.com

Local Hotels: Heritage Hotel 0.6 miles

Candlewood Suites 0.8 miles Sleep Inn & Suites 1.5 miles