

# WHAT TO EXPECT FROM YOUR TELE-VISIT SESSION

Parent coaching is a central component of tele-intervention; therefore, *active participation* of the parent is essential. A good tele-intervention session should look the same as a high-quality traditional home visit which includes the use of coaching strategies, routines-based interventions, and naturalistic teaching opportunities. You must learn to become the primary facilitator of the child's learning goals. You will take control of the interactions with the child and practice the new skills they have learned while the provider provides positive feedback and constructive suggestions.



## REVIEWING THE PLAN FROM THE LAST VISIT

The session begins with the discussion of the following:

- Discuss in-between session plan from the last session.
- Update on newly learned milestones and behaviors since last session.
- Identifying the plan on what the parent hopes to get out of the visit.



## ENGAGING IN PLANNED ROUTINES OR ACTIVITIES

Next, we practice identified strategies that support the child outcomes. We can continue to work on the routines and activities that have been part of the plan or explore new ways to engage with you and your child.

- Discuss and demonstrate new or ongoing strategies, techniques with appropriate activities. You can show us how the activity is going now, new skills that our child is showing or new ways that you are interacting.
- We will observe and talk through how it looks or offer suggestions on things to try.
- Discuss how to integrate goals into the daily routines of the home. We can talk about the many ways these same skills and behaviors can be used at other times of the day

## SUMMARIZING AND PLANNING NEXT VISIT

At the end of the visit, we will reflect on today's visit as well as plan for the next visit. Some topics that will be discussed or summarized include:

- Asking any questions about the strategies that we practiced today.
- Discuss new routines and strategies we might try.
- Plan what you will do and what I will do between visits.

