January 2024-Assisted Living

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| *Belly up to the Bar exercises as announced* | **1**  **10:30 Catholic Service**  **Happy**  **New Year!!** | **2**  **10:30 Exercise** | **3**  **11:00 Faith Friends**  **1:30 Game** | **4**  **10:30 Bingo**  **3:30 Happy Hour** | **5**  **10:30 Prayer and Praise** |  |
| **7** | **8**  **10:30 Shepherd of the Hills Worship**  **11:15 Exercise**  **1:30 Over the Hump** | **9**  **10:30 Exercise**  **1:30 Card Game** | **10**  **11:00 Faith Friends**  **1:30 Game** | **11**  **10:30 Bingo**  **1:00** **Nail Care**  **3:30 Happy Hour** | **12**  **10:30 Prayer and Praise** |  |
| **14** | **15**  **10:30 Exercises**  **11:15 Immanuel Lutheran Worship**  **1:30 Unlucky 7** | **16**  **11:00 Pokeno**  **1:30 Card Game** | **17**  **11:00 Faith Friends**  **1:30 Game** | **18**  **10:30 Bingo**  **1:00** **Nail Care**  **3:30 Happy Hour** | **19**  **10:30 Prayer and Praise** |  |
| **21** | **22**  **10:30 Mind & Body Fit**  **1:30 Matinee** | **23**  **10:30 Exercise** | **24**  **11:00 Faith Friends**  **1:30 Game** | **25**  **10:30 Bingo**  **1:00** **Nail Care**  **3:30 Happy Hour** | **26**  **10:30 Prayer and Praise** |  |
| **28** | **29**  **10:30 Mind & Body Fit**  **1;30 Dominoes** | **30**  **11:00 Pokeno**  **1:30 Card Game** | **31**  **11:00 Faith Friends**  **1:30 Game** |  |  |  |