January 2024-Assisted Living

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| *Belly up to the Bar exercises as announced* |  **1** **10:30 Catholic Service****Happy****New Year!!** | **2****10:30 Exercise** |  **3****11:00 Faith Friends****1:30 Game** |  **4****10:30 Bingo****3:30 Happy Hour** | **5****10:30 Prayer and Praise** |  |
|  **7**  | **8****10:30 Shepherd of the Hills Worship****11:15 Exercise****1:30 Over the Hump**  | **9****10:30 Exercise****1:30 Card Game**  |  **10****11:00 Faith Friends****1:30 Game** | **11****10:30 Bingo****1:00** **Nail Care****3:30 Happy Hour** | **12****10:30 Prayer and Praise** |  |
| **14** | **15****10:30 Exercises****11:15 Immanuel Lutheran Worship** **1:30 Unlucky 7** | **16****11:00 Pokeno****1:30 Card Game**  |  **17****11:00 Faith Friends****1:30 Game** | **18****10:30 Bingo****1:00** **Nail Care****3:30 Happy Hour** | **19****10:30 Prayer and Praise** |  |
| **21** | **22****10:30 Mind & Body Fit****1:30 Matinee**  | **23****10:30 Exercise** |  **24****11:00 Faith Friends****1:30 Game** | **25****10:30 Bingo****1:00** **Nail Care****3:30 Happy Hour** | **26****10:30 Prayer and Praise** |  |
| **28** | **29****10:30 Mind & Body Fit****1;30 Dominoes** |  **30****11:00 Pokeno****1:30 Card Game** |  **31****11:00 Faith Friends****1:30 Game** |  |  |  |