

# AUTUMN Seasonal Rituals

🍁 NURTURE • RELAX • RESTORE 🍁

VALID UNTIL END OF NOVEMBER

THE LITTLE  
BEAUTY  
HAVEN

Time for you.  
You deserve it.



## Peaceful Seas Nurturing Face, Shoulder & Scalp Ritual



A deeply relaxing and warming Indian head style experience with a melting neck and shoulder massage, a targeted pressure point facial massage sequence, lifting eye massage, and aromatherapy warm oil scalp massage.

The ritual is finished with an application of warmed seaweed-based scalp mud, to deeply condition the scalp and soothe the senses. Excellent for tension held in the head and neck.

*This treatment can be further enhanced by adding a Hot Salt Rock Stress Relief Back Massage or an Autumn Serenity Facial*

### TREATMENT TIME

55 min – £60.00

90 mins with Back Massage – £80.00

90 mins with Facial – £80.00



## Hot Salt Rock Stress Relief + Relax Massage

Take some time for yourself with a Hot Salt Rock Stress Relief + Relax Massage. This extraordinary sensory journey is designed to bring relaxation on a deep level and help you reclaim your inner balance.

Natural Himalayan salt rocks are heated to the perfect temperature, then used to massage your body in calming, rhythmical techniques, helping you to reach a new level of comfort and tranquillity.

As the healing salt power is transferred through the body, pink Himalayan salt rocks will help in remineralizing, detoxifying and rebalancing your mind, body, and spirit.

♥ Trust Hot Salt Rock Stress Relief + Relax Massage to nourish your soul and bring a sense of peace back into your life.



Receive your Himalayan Salt Rocks to take home to enhance your home care experience.

*Add to your experience with our Autumnal Serenity Facial*

### TREATMENT TIME

70 minutes – £70.00

100 minutes with Autumnal Facial – £90.00



## Coco Avocado Tropical Skin Drench



A decadent and relaxing full body scrub and massage experience, to buff away dead skin cells, boost skin radiance and deeply relax muscles.

The ritual begins with a luxurious Coco Avocado Buttercream Scrub full body exfoliation. The scrub is left on to deeply condition the skin whilst a deeply relaxing scalp massage is performed.

The scrub is removed with hot towels before the skin is drenched in warmed body balm.

An indulgent back massage is performed using our specialist Yogassage massage techniques, to relieve muscle tension and relax the mind.

### TREATMENT TIME

55 mins – £60.00



## Skinbase Hydro Facial

NEW  
LAUNCH  
FOR  
AUTUMN!



We've had the launch of our Microdermabrasion Facial during the spring and now sees the launch for Autumn of the Skinbase Hydro Facial.

Skinbase Hydro or Hydrodermabrasion is a medical grade facial that combines a gentle chemical peel with a tailored serum infusion.

Incorporating a controlled chemical peel chosen for your skin to dissolve dead skin cells, oil and congestion to prepare the skin. This follows a targeted serum infusion to hydrate, brighten, calm or balance depending on your skins needs.

A full hour facial to help congestion, dehydration, dull tired skin, hyperpigmentation, uneven texture, soften fine lines and wrinkles.

### INTRODUCTORY OFFER

£70.00 – 60 MINUTES

THE PERFECT  
TREATMENTS  
AS THE DAYS  
GET COOLER...



🍁 Book your Autumn Ritual today 🍁



07818 858682

RELAX. RESTORE. RECHARGE.

*You deserve it.*

