

**Sample Prayer to Remove Trauma**  
**by Sandra Kersten (House of Nacham, New Zealand)**

Lord Jesus I pray that you come as the Prince of peace, and bring your peace to.....Come and establish your dominion of peace in him/her in such a way that she/he will know that you are there. Enable him/her to feel the depths of your love.

Lord I ask you to rebuke every force of darkness that seeks to harm.....in any way, or has tried to keep him/her in this prison of trauma. You have not given.....a spirit of fear, but of love, power and soundness of mind. That is what we claim for.....today. Hide him/her under the shadow of your wings, and keep him/her safe. I break every assignment of trauma against.....and bind and send away every “guard” assigned to him/her.

I ask that you be like a poultice, drawing all the pain, trauma, shock, fear, terror and shame from.....and bringing it all to death on your cross. You suffered and died for.....and we appropriate all that you accomplished for him/her.

Pour in your love and grace, and by the power of the Holy Spirit remove any trauma that has been stored in the cells of .....'s body. Restore the cells to perfect order and vibration.

Lord I ask that you remove any shock, trauma, fear, terror or shame experienced at conception, in the womb or during birth. ....I bless the moment of your conception, I bless the time when you were knit together in your mother's womb. I bless the moment of your birth, and call you forth into newness of life. I say

that you are welcome on this earth, There is a place for you here. Your Heavenly Father has a purpose for you, and a plan to give you a future and a hope, to prosper you in every way.

Lord I ask that you heal ..... 's DNA and remove all shock, trauma, fear, terror and shame that has come through his/her generational flow. Together we plant the cross of Christ firmly between.....and his/her generations. And we ask that all iniquity be stopped at the cross of Christ. Forgive those in his/her generations who traumatised others, or manipulated, dominated or controlled through fear and torment. Release your precious blood and heal all unresolved grief and pain.

I ask that you heal the “fear centre” of..... 's brain and every place where memory is processed and stored. Remove all shock, trauma, fear terror and shame from the conscious, sub-conscious and un-conscious memory, and draw from her/him all the pain that has caused so much torment. Turn off the alarms that have been ringing for so long, and replace the fear, dread and hypervigilance with Godly discernment. Let him/her know when there truly is danger, and give wisdom to know how to respond. Bring peace and rest to the part of the heart that has always had to stand guard and be alert. Remove any pervasive low level anxiety.

Please fill up every area of unmet need with your love and peace. Establish new neurological connections to the joy centre of the brain. Enable.....to have the full range of emotions that you have purposed for him/her.

Heavenly Father please remove the trauma from ..... 's eyes and ears. With the blood of Jesus Christ wash over any images “seared” upon the soul. Remove trauma that has come from any harmful and harsh words spoken, and remove any dis-harmony, dis-ease and dis-order that these words or images have caused.

Remove any trauma associated with scent, and remove any trauma from the skin.

Sing your song of love over.....and bring everything within him/her into agreement with your song and original design. In the name and the blood of Jesus Christ, I declare order and healing to spirit, soul and body.

Trauma has shaken..... to the very core of his/her foundation, and I ask that you heal every crack with your love. Restore trust and grace to believe in you and to receive your promises and to trust others.

Please remove all shock, trauma, fear, terror and shame from the will and spirit of.....Restore his/her will and strengthen it in every way.

Please remove all shock, trauma, fear, terror and shame from the muscles, ligaments, bones and bone marrow. Bring your healing power to every area where.....'s spirit has been crushed or broken, and restore health, vitality and vigour. Make his/her bones and connective tissues strong. I ask that you remove all shock, trauma, fear and terror off the organs.*(Pray specifically as the Lord leads)*

Please heal the immune system and remove all toxins that remain from any chemicals or hormones that have poured through his/her body for so many years. Cancel any and all effects they have had on the spirit, soul or body, and restore all neurochemical balance.

Please sever all fear bonds, trauma bonds, and all unhealthy and unholy soul ties that have been created through reaction to trauma.

Lord Jesus help.....recognise and bring to death all the old ways of responding and reacting to shock, trauma, fear and terror.

Empower him/her with wisdom and power to dismantle the un-Godly structures of defence, and rebuild Godly new structures of defence based on scripture. Help him/her come to a new

understanding of his/her spiritual authority as a child of the most high God.

Please fill every cell with your peace and healing grace. Replace any darkness with your light. Keep.....in your perfect peace, especially in the night seasons, and bring your rest. Surround him/her with your protection and love.

In Jesus name

AMEN