

## **The Overcomers Guide to Ritual Abuse Recovery (Draft)**

**By Kay Elise Tolman**

### **Overcoming Faith**

Most survivors of ritual abuse struggle with faith. This isn't surprising because the essence of ritual abuse is spiritual by design. Unless recovery efforts address the spiritual nature of the abuse, complete recovery is not possible.

Ritual abuse is generally multigenerational, especially in bloodlines with Freemasonry in them. Over the last three hundred years millions have joined masonic fraternities believing it to be a Christian organization. Pastors, priests, and clergy of all types were deliberately recruited into the membership as wolves in sheep's clothing. Masonic legends often include Biblical characters and portions of Old Testament scriptures that have been perverted to create fictional stories that made it appear godly. Unless one was discerning and knowledgeable of the scriptures, one could easily be misled by the intentional deception of Freemasonry. Once initiated at the Luciferian altar, spiritual blindness came with the hoodwink blindfold in the first degree.

What many don't realize is that Christianity is often used as a front cover for masonic groups that perform rituals in churches of all types and denominations. Evil rituals often depict a mock crucifixion and a weak Jesus. Worse still is the use of a counterfeit Christ to inflict the abuse. This occurs when a man dressed up like Jesus, demands worship and covenant but fails to protect or rescue the child in ritual scenarios. This fake Jesus is generally sexually abusive. Through unholy covenant and sexual abuse, ongoing spiritual access is obtained to the child, which must be removed. Understandably, this creates internal conflict and an aversion to Christ and anything of a Christian nature. If the survivor of this abuse does become a Christian in their amnesic state, the voice they attribute to God within, may be the voice of a counterfeit Christ, otherwise known as an antichrist.

Recently an expert in the field of ritual abuse recovery expressed concern to me that Christianity can be a deterrent to survivors seeking help. I disagreed. Since 2004 I have worked with hundreds of ritual abuse survivors seeking wholeness. In every instance I have noticed that the level of their faith is the single most important factor in their healing. Therefore, building faith is a primary objective of early recovery work. Understandably in early recovery, much work is needed to address any Christian-based trauma that may be hindering faith.

Faith is different than religion. Faith has the spiritual power to move mountains. It is the unlimited currency of the highest heaven. In contrast, religion is a manmade construct that often limits the power of God.

*"Now faith is the substance of things hoped for, the evidence of things not seen."* – Hebrews 11:1 NKJV

Finding the true and living LORD Jesus Christ of Nazareth is like finding the source of all life! Once we experience Him, everything can change. He is not some notion in an old book. He is the Way the Truth and the Life! (John 14:6)

*"In the beginning was the Word, and the Word was with God, and the Word was God. <sup>2</sup> He was in the beginning with God. <sup>3</sup> All things were made through Him, and without Him nothing was made that was made. <sup>4</sup> In Him was life, and the life was the light of men. <sup>5</sup> And the light shines in the darkness, and the darkness did not <sup>[a]</sup>comprehend it."* – John 1:1-5 NKJV

Early in my own recovery I was confronted with the statement, "You don't trust God." It was true. I knew of Him, but I didn't trust him. How could I trust Him? He let all these terrible things happen to me! How could a loving God allow such horror to happen to children? Therein lay my biggest objection and judgment against Him.

It was many years later when I was finally at the end of myself, that I fully surrendered to Him. At that moment I heard Him say, "I want to earn your trust." It truly startled me. What? God doesn't just demand my trust, but He is willing to earn it. In that moment I felt like God was acknowledging the fact that my trust had been violated. Unlike the enemy of my soul, Jesus was willing to build relationship with me, if I would let Him.

I love the scriptural account of Mary of Bethany. She was an immoral woman, a prostitute, and an outcast of society. Like Mary Magdalene, she was likely tormented, and demon possessed. She wept at Jesus feet and dried her tears with her hair. She also had an alabaster jar filled with costly oil that she broke open and poured over Jesus.

When I think of the alabaster jar in that Bible story it reminds me of the point when I finally surrendered to Jesus and poured my heart out at his feet. It was as though every sin I have ever committed, all the pain and heartache of a life born in satanism and ritual abuse flowed out like oil. It was all I had to offer Him. Somehow, He received it as a sweet fragrant offering and drew me close to Him so He could heal my heart.

*"Therefore, I say to you, her sins, which are many, are forgiven, for she loved much. But to whom little is forgiven, the same loves little."* Luke 7:47

In other words, those who have been forgiven much, love much. Truly I have been forgiven much and I love Jesus with all my heart. His precious gift to me in return was overcoming faith. He gave me the faith to walk through horrendous memories and to forgive those who hurt me. Then years later when I lost my family in a divorce it seemed like all was lost. But Jesus gave me the faith to carry on and the vision to rebuild. Overcoming faith overcomes all and loves unconditionally.