

Does this sound familiar?

You are tired of getting a **lot** of advice (that you didn't ask for) from people that ***don't understand*** your life



(like family, friends, or even complete strangers!)

I really want to better understand my child and **how to support** them.



You have tried **tons** of different strategies, some work... for awhile... but then they just don't work anymore

and you don't know what to try next!



SpeciALTy

Parent Coaching

If so, I CAN HELP

I work **WITH YOU** to help **YOU** help your child.

- Group Coaching Program
- Individual sessions in-home (if in Clark County) or Virtual
- Private Facebook Group for Caregivers Coming Soon!
- Twice-Monthly Virtual Support Group Coming Soon!
- Neurodivergent Affirming Parent-Child Interaction Therapy

Gain more confidence with parenting and managing difficult behaviors

Learn skills to work **WITH** your child to create *Supportive Strategies* THAT WORK

Transform the relationship you have with your child from **combative to collaborative**



Dena Alt, MEd, CCC



Contact Dena to set up a **FREE** virtual **Discovery Call** and learn more about **HOW** she can help **YOU**

<https://altruisticpursuits.com>

