Willing Partner

Sierra Club Offers Grant to Help Westmeade Elementary

By Marc Lyon
Vu Contributor

Westmeade Elementary has found a willing partner to help the school fund the cost of its extensive composting program through the end of May. The Tennessee chapter of the Sierra Club has committed up to $1,000 in a matching grant. The school’s grant from the Kroger Foundation (received earlier this year) was due to run out at the end of last month.

The Sierra Club will match every dollar donated up to $1,000 according to Communications Coordinator Gary Bowers.

Those wishing to make a donation can contribute online through the Society of St. Andrew’s website endhunger.org/donate.

Individual and corporate donors will need to scroll down the page to view a checkbox that says “dedicate.” Donors will need to check the box. Once the green box is checked two additional fields appear requiring additional information. Donors then designate the “type of tribute.” Select the “in honor of” option. Donors should type in School Composting Nashville in the next field (Tribute Name). Both of the fields have a red asterisk next to them. The other fields are not required to be completed. The society will oversee the process for paying the expenses connected with the schools (HG Hill Middle School is also included) composting program.

“Our club supports the Westmeade Elementary project which helps educate youth regarding how to reduce their impact on the planet by actively participating in keeping compost out of the landfill and redirecting unused food to those in need,” said Bowers. “Educating youth is the key to making behavioral changes of those involved. The students often take their new awareness home and have an impact on the rest of the family.”

Bowers said Westmeade librarian Karen McIntyre’s leadership provides a model for the rest of the Metro School System to follow. Over the past two years Westmeade Elementary has kept over 8,000 lbs. of food waste from reaching the landfill.

“If we raise at least $2000 it should be enough to get us through May (end of school year),” said McIntyre. “By that time I am hopeful that we can convince the school system that it will not cost them significantly more than they are already spending to take food waste to the landfill.”

Rev. Jeannie Hunter, Tennessee’s Regional Director of the Society of St. Andrew, said the 501C3 organization is partnering with Westmeade and the Sierra Club on the fundraising process.

Green Thumbs
These young ladies get the exciting job of planting new flowers as part of the school’s composting program at Westmeade Elementary School.

Photo by Mike Hastings

Continued on Page 3
Adventure Park
An Evening in the Trees: The Adventure Park at Nashville

By Jason Lovvorn
Special to The Vue

From the parking lot at twilight, The Adventure Park at Nashville resembles a fall festival rather than a site devoted to climbing, zip lines, and aerial forest adventures. Strands of warm light crisscross the grounds, and the excited voices of aerial explorers, sometimes rising to shrieks, punctuate the festive feel.

On a recent October evening, my daughter, Ella, and I visited the park, where manager Lynda Kelly oversees a collection of routes that challenge and thrill. After check-in, staff members provided us with appropriately sized harnesses, and we watched a short video about safely operating the park equipment. From there, we navigated a short 20’ practice course to reinforce what we had just learned.

The park’s safety lanyards employ a “Tweezle” system, which features two offsetting carabiners. When one is locked, the other can be opened, and vice versa. The result is that, since adventurers always remain locked into any given course, they can safely enjoy the routes on their own.

The park features twelve different courses that play to a variety of skill levels, marked as such by a graded color scale similar to what you might find on ski slopes: yellow (easiest), green, blue, black diamond (most challenging).

We started off with Sunflower, a yellow course recommended by one of the staff members to set a baseline for our skill levels. Ella and I have rock climbed and caved, and I commonly practice rope skills associated with vertical caving and rope rescue. However, neither of us had done zip lines, let alone an aerial course involving all manner of physical tasks and problem solving.

I was immediately surprised at the level of dexterity and balance required, and it took a while to get my aerial park legs. My fearless gymnast daughter, on the other hand, led the way and immediately left dear old dad in her dust.

From Sunflower, we progressed to Forest Run, a green course, and then to Waterfall, a blue. Each one a little higher than the last, the courses offered distinctive challenges, including simple cables, dangling logs, swinging platforms, and vertical “pogo” logs with foot rests at the bottom. On occasion, the courses required that we clip in a trolley device, hang on for dear life, and zip down a steel cable to our next station. Near closing time, when the longer, more complicated courses had shut down, we managed to squeeze in one more short, fun yellow course called Snapdragon. Exiting the park, we found a complement of fall treats, including drinks, a campfire, and the makings for S’mores. Icing on the cake!

In short, we had a blast, so much so that my daughter plans to host her birthday party at the park this coming spring. If you’re looking for a challenge accompanied by a lot of fun, you should check out The Adventure Park at Nashville. Information about the park, including tickets and reservations, can be found at https://mynashvilleadventurepark.org/.
Bellevue Beat

Team Delivers Hundreds of Meals to Needy

The mission of the Bellevue Community Engagement Team is, in part, to meet some basic community needs when we are able. Through their combined efforts the team has delivered hundreds of meals to people throughout our community over the past few weeks. Most of this work goes unseen and unnoticed. However, I would like to use this forum to extend my thanks to the team members for the great work they continue to do.

Also, last week the Bellevue Team participated in a great event partnered with the Special Olympics of Tennessee.

We assisted in waiting tables and delivering food at Dalt’s American Grill on White Bridge Pike. We enjoyed meeting everyone and we appreciate the support from everyone who came out! We received very generous donations from everyone in attendance.

Finally, there are still a few weeks left in the holiday shopping season. We remind everyone to Park Smart by ensuring they lock their car doors, take their keys, and secure their valuables. There were 0 incidents of auto burglary reported in Bellevue last week. Motor Vehicle thefts and Auto Burglaries are down starkly compared to the same period last year. This is good news, and these are good signs that the department’s efforts are having a noticeable impact on crime in the community.

Sierra Club Partners with Westmeade

Continued from Page 1

Hunter, like McIntyre, views this as a bridging effort in hopes Metro school leaders will enhance overall the system’s commitment to sustainability.

“Nashville’s Metro Council just passed a 25-year comprehensive sustainability plan for Davidson County government buildings, properties and fleets,” said Hunter. “The Metro School System should be a part of the plan. We hope to see the school district move more aggressively in the direction of sustainability over the long run.”

Bellevue area School Board Member Amy Frogge supports the sustainability efforts that have arisen at several of the schools. Frogge said she attended a recent event at H.G. Hill Middle School where it was shared that one in nine Americans experience hunger and that 40 percent of the nation’s food is wasted.

“Although the school board has not yet discussed local efforts toward sustainability, I am very excited about the possibility of moving forward with this work in my district,” said Frogge. “I have long been a proponent of whole child education, including school gardens, time for play and exploration in nature, and outdoor recess. These experiences calm children, teach them about nutrition, and offer opportunities for healthy social emotional learning. If MNPS, which serves 86,000 children every day, could also focus on the reduction of food waste by composting; by sharing our leftover school lunches with persons experiencing hunger in our community; and by reducing wasteful procedures in general, we could make a major impact for the city of Nashville and our environment.”

Hunter noted that the composting and food waste diversion program at Westmeade is coordinated for the most part by volunteers from the community. The major expense incurred by the composting program is paying the vendor, Compost Nashville, which picks up and delivers the school’s compost to other locations in the region. Most of the unused food not consumed by students and faculty at the school is collected by society volunteers and redistributed to the Nashville Rescue Mission and other similar organizations seeking food assistance.
Basketball Jamboree Benefits Community Fund

By Bob Allen
Vue Contributor

The Bellevue Community Fund sponsored a Boys and Girls Bellevue Middle School Basketball Jamboree at Bellevue Middle School that included Nashville Christian, Bellevue Middle, Harpeth Middle, H G Hill Middle, CPA, and Grassland Middle. All teams played 20 minutes against each other in multiple opponent situations and the scores do not count toward their season records.

What Is the Bellevue Community Fund?

In 1990, an elderly widow named Donna Davis faced foreclosure on her Pasquo Park home. Charlie Tygard was approached by her Church, Pasquo Church of Christ and former employer David Lipscomb University, where Ms. Davis worked in the cafeteria-about options to save her home. To make a long story short, the Bellevue Community did what it has always done in times of need, as was true after the 2010 flood. We raised the $30,000+ necessary to purchase the home allowing Ms. Davis to live out her natural life there. After Ms. Davis’s death, the home was sold, and the money invested with the Community Foundation of Middle Tennessee to form The Bellevue Community Fund. The fund has grown to over $125,000, enabling us to award grants annually to Bellevue-area schools, churches and non-profits.

Among the past grant recipients are the Bellevue Middle School Edible Learning Lab (BELL Garden), the Harpeth Valley Elementary School Garden, Proverbs 10:12 Animal Rescue (weekly animal rescue and adoption from the Bellevue Petco), The Friends of Warner Parks S.W.E.A.T. program (summertime jobs for local teens in the Park) and more.

Among other initiatives are the annual food drive in partnership with Kroger and the Bellevue Community Food Bank, an outreach project of the Bellevue United Methodist Church, maintenance of the Bellevue Beautification sites (located in front of SunTrust Bank, the MTA Park & Ride lot/Recycling Center, and at Harpeth Valley Elementary School and an annual community cleanup day where citizens can dispose of unwanted trash and paper shredding. The Bellevue Community Fund has hosted several past events, and more are planned for the future to bring the Bellevue community together and serve residents through grant making and volunteer support. We hope you will want to get involved with our efforts to strengthen the already strong sense of community in Bellevue.

Today, the Bellevue Community Fund is the only neighborhood specific fund in Davidson County.
Christmas time in Old Bellevue was festive, homes were decorated for the season inside and out, neighbors spent Christmas Eve going door-to-door singing Christmas carols, and gathered for sandwiches, sweets, and hot beverages. On Christmas Day, everyone attended church, remembered the season of giving and helping those less fortunate, and had a family dinners together.

Among the most prominent homes were Riverside built on a knoll overlooking the Harpeth River toward the east, Belle Vue II located on Old Harding Road, and the Myhr Home further east on Old Harding Road.

**Riverside:**
The original portions of Riverside (the kitchen, dining room, upstairs bedrooms, and smokehouse) are said to be built by James Skelton DeMoss, the eighth child of Abraham DeMoss who was killed in the dining room of Riverside by a former DeMoss slave just after the end of the Civil War.

The newer portions of the house were built by Dr. William J. Carter for his wife, Nancy Amonica (Nannie) DeMoss, the youngest daughter of Abraham DeMoss and sister of James Skelton DeMoss. Nannie married Dr. William J. Carter in 1850 when he was forty-two and she was just twenty-two. Dr. Carter constructed newer portions around the original Riverside just before the Civil War.

Dr. Carter died in 1878 and Nannie remained at Riverside for almost thirty-five years after his death. Their only son, Belfield Francis (Frank) Carter, inherited the home and established Carter's Market at the corner of Old Harding Road and Bellevue Road. Frank Carter was murdered at his market in 1996 and his wife Dolly passed away in 2018.

**DeMoss Home (Belle Vue II):**
A log cabin which was the original nucleus of the DeMoss House was apparently built in 1795 by John Garrett. Garrett sold the cabin and surrounding land to Thomas Harding in 1801. Thomas Harding died in 1805 and his wife died in 1816, after which the home became the property of Abraham Demoss, the oldest son of Louis Demoss who had built the Belle Vue cabin in 1800 across the river. Abraham Demoss built a frame house around, and incorporating, the cabin he had purchased. After his father, Louis Demoss, died in 1820 at the humble log cabin overlooking the Harpeth River, Abraham Demoss transferred the Belle Vue name from the log cabin where he grew up to his newer and larger home on what is now Old Harding Road. The Louis Demoss cabin was often called Belle Vue I. To distinguish Abraham DeMoss' newer home on Old Harding Road, he renamed his home Belle Vue II, where a Metro Historical Marker currently stands.

**Myhr Home (Maple Row):**
Christmas in the Myhr home was a time of joy, excitement, and giving. Gifts were exchanged with family and friends on Christmas Eve. There was a large tree at the Bellevue Christian Church and a gift for each child in the church was placed under the tree.

Around 1930, members of the Bellevue Christian Church started the tradition of caroling to collect money for the Fanny Battle Day Home. Soon, the Christian churches of Pasquo, South Harpeth, and Harpeth Valley joined in singing Christmas carols. Everyone would gather at Maple Row and sing Christmas carols at neighbors doors until about ten o’clock. They would return to the Myhr Home for sandwiches, cookies, and piping hot chocolate.

Later, Mrs. Virginia Horn would take Ivar Lou Myhr and Kari Eileen Myhr to Christ Church Episcopal at Ninth Avenue and Broadway where they deposited bags of money they had collected.
Celebrity Birthdays

December 11th - actress Hailee Steinfeld is 22, bassist Nikki Sixx is 60, singer Jermaine Jackson is 64, actress Rita Moreno is 87, singer Brenda Lee is 74; December 12th - actress Mayim Bialik is 43, host Bob Barker is 95, actress Jennifer Connelly is 48, singer Dionne Warwick is 78, posthumous - singer Frank Sinatra (1915-1998); December 13th - singer Taylor Swift is 29, actor Jamie Foxx is 51, actor Dick Van Dyke is 93, actor Steve Buscemi is 61, golfer Rickie Fowler is 30, actor Christopher Plummer is 89; December 14th - singer Vanessa Hudgens is 30, posthumous - actress Patty Duke (1946-2016); December 15th - actor Adam Brody is 39, NFL star Josh Norman is 31, actor Don Johnson is 69, posthumous - comedian Tim Conway (1933-2019); December 16th - actor Benjamin Bratt is 55, posthumous - writer Jane Austen (1775-1817), composer Ludwig van Beethoven 1770-1827; December 17th - Pope Francis is 82, boxer Manny Pacquiao, actress Sarah Paulson is 44, MMA fighter Chuck Liddell is 49.

Jennifer Connelly is 48

This Date in History

December 11th - in 1936 Edward VIII becomes the first English monarch to voluntarily abdicate the throne.

December 12th - in 1980, Armand Hammer pays $5,126,000 for a notebook containing writings by the legendary artist Leonardo da Vinci.

December 13th - in 2000 Vice President Al Gore reluctantly concedes defeat to Texas Governor George W. Bush in his bid for the presidency.

December 14th - in 1911 Norwegian Roald Amundsen becomes the first explorer to reach the South Pole, beating rival, Robert Falcon Scott.

December 15th - in 2011 the war that began in 2003 with the American-led invasion of Iraq officially comes to an end.

December 16th - in 1773 a group of Massachusetts colonists disguised as Mohawk Indians dump 342 chests of tea into the harbor.

Sudoku

Across
1. Free
2. Plugs
3. Cookware
4. Employ
5. Former magician --- Henning
6. Global auction website
7. Karate degree
8. Shift clockwise
9. M --- mouse
10. Some semiconductors
11. Take
12. Shirley ---, “Goldfinger” victim
13. Debussy composition
14. GWTW’s --- Butler
15. “Rosemary’s Baby” actress --- Farrow
16. --- feet in a fathom
17. Within people’s capability
18. The --- Four (The Beatles)
19. Oscar-winner --- Harrison
20. Rounded projections
21. Depends
22. Upstanding
23. 1990s tennis champ Andre ---
24. Exhale spasmodically
25. E.g. Diamond, Armstrong
26. Block
27. Vigor
28. Malacca
29. Dough
30. Australian running bird
31. Singles
32. And not
33. Talk music

Down
1. Steers a ship
2. First major Hebrew prophet
3. Indicate
4. Escapades
5. Female rabbits
6. Pursue at law
7. Serenity
8. Think constantly
9. Capital of Taiwan
10. Sentence structure
13. Au ---: with crumbs
19. "How --- the little crocodile..." (Lewis Carroll)
21. Ill-fated space shuttle
25. Largest possible quantity
28. “You make ---”: expression of anger
29. Yesteryear
30. Former Spanish dictator
31. Sea between Greece and Turkey
32. Barbie’s boyfriend
33. Cell-phone predecessor
36. Itchy skin disorder
37. Increase
39. Castaway locations
42. Alone
45. Computer inter-connection system

Crossword

Answers on Page 7
Community Calendar

Grand Opening of New Community Center on Saturday

Plarn Making Session at Bellevue Christian Church

Description: Recycle plastic bags and make “plarn” to use for crocheting mats for the homeless. They are delivered to Open Table to distribute to those in need. Great for our homeless and our environment.

We need all different levels of “plarn” makers from those who want to just fold the bags, cut, tie or crochet or knit the mats. It’s easy to learn! Come join us.

Date & Time: Friday Dec 13, 2019 11:45 a.m. - 2:15 p.m.
Location: 7201 Old Harding Pk Nashville, TN 37221

Santa Clause at Clarendale

Description: Santa Clause will be at Clarendale on Friday December 13th! Bring the kids for photos with Santa, a craft area, food & drinks, and holiday photo booth. Bring the whole family to see this beautiful new community at One Bellevue Place.

Date and Time: Friday Dec 13, 2019 4 - 7 p.m.
Location: Clarendale Community One Bellevue Place
Fees/Admission: Free

Glow in the Park at THE ADVENTURE PARK
Zipping & Climbing FUN!

Description: Glow in the PARK every Saturday night at THE ADVENTURE PARK at NASHVILLE. RIGHT HERE IN BELLEVUE.

Bring the family and enjoy a night full of adventure, dazzling lights, and music!
A different theme every week!

Date and Time: Saturday Dec 14, 2019 5 - 9 p.m.
Location: 801 Percy Warner Blvd.
On the Campus in the Forest of the JCC.
Fees/Admission: Only $29

Live Music:
Caitlin Eadie & Ellisa Sun

Description: With soulful melodies reminiscent of Norah Jones, the vocal strength of Aretha Franklin, and the authenticity of Adele, Caitlin Eadie quickly became a familiar name in both the Los Angeles and Nashville music scenes. Her captivating vocal performances walk the line between vulnerability and toughness, with lyrics and a smooth R&B / pop aesthetic that showcases her as an independently strong and passionate pioneer of modern pop.

Date and Time: Saturday Dec 14, 2019 7 - 9 p.m.
Location: Hidden Creek Music, 8468 Lewis Rd Nashville 37221
Fees/Admission: $10 advance through Eventbrite $12 at the door (limited seating)

Puzzle Solutions

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Grand Opening Bellevue Community Center
Join Mayor John Cooper, 22nd District Councilwoman Gloria Hausser and Metro Parks for the Grand Opening of the new Bellevue Community Center located at 7638A US 70 South.
The event is scheduled for Saturday, December 14 at 1 p.m. It includes music, fitness demos, street hockey, pottery demonstrations and more! Make plans to attend! You’ll be glad you did!

Date and Time: Saturday Dec 14, 2019 1 - 4 p.m.
Fees/Admission: Free!

Glow in the Park at THE ADVENTURE PARK
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