Bling Twinkles (Wed. 12:30-1:15p)

*Classes for 4 to 5yr olds*

Introduction to Ballet through rhythm, movement and song. Teaches little ones to understand about space around them, socialization, creativity and very basic Ballet steps.

Bling Cuties (Tues/Thurs 5:30-6:30p)

*Classes for 6 to 8yr olds*

Continues the introduction of Ballet and also teaches more fundamentals such as the positions, arm movements, age appropriate Ballet steps and how these steps can be used to create a dance.

Bling Shimmers (Mon/Wed 6:30-7:30p)

***Adult*** *Classes for Beginners/Intermediates*

This class is tailored for Adults who are beginners or who have taken Ballet in the past. Instruction can be given to accommodate either beginners or intermediates.

Bling Sparklers (Tues 12:00-1:00p)

***Adult*** *Ballet Barre Class*

A challenging class that combines Ballet with everyday exercises.

Adult - Bedazzlers (Thurs 9:30-10:30a)

*Ballet for* ***Senior Adults***

For any Senior Adult who wants to learn Ballet or re-acquaint themselves with this beautiful art! This age appropriate class improves balance and strengthens muscles.

Open Bling Kids (Sat 9:00-10:00a)

***Open class for Kids (any level)***

**(Can be used as a make up class).**

Open Bling Adults (Sat 10:30-11:30a)

***Open Class for Adults*** *(Beginner/Intermediate)*

**(can be used as a make up class)**