



How music therapy uses musical elements

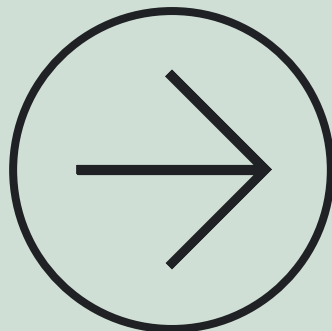


Music therapists intentionally manipulate musical elements to support a client's individualized goals. The specific elements used depend on what you're targeting.

#1

Tempo

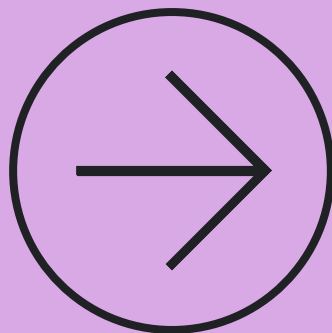
**Adjusting the pace of music to
support movement, regulation, or
participation**



#2

Rhythm and beat

**Supporting motor coordination,
timing, turn-taking, or speech
production**

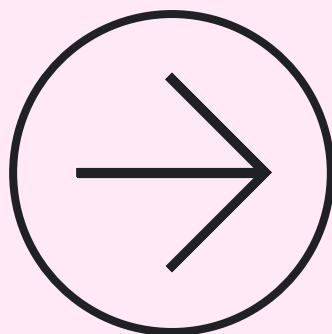


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#3

Melody

**Creating predictable opportunities for
vocalization, communication, and
anticipation**

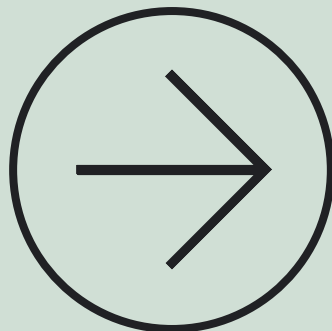


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#2

Dynamics

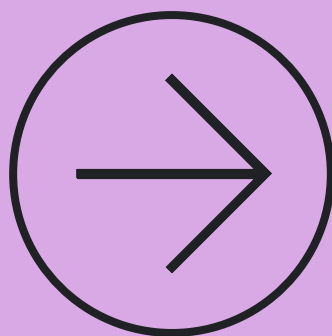
**Using changes in volume to cue
attention, movement, or responses**



#5

Repetition

**Supporting familiarity, anticipation,
participation, and opportunities to
practice skills**



#6

Pauses

**Creating opportunities for initiation,
independent responses, and
communication**



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