

# August Menu

	Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1	Saturday 2
Breakfast	breakfast sandwiches melon	scrambled eggs muffins	blueberry pancakes bacon	coffee cake scrambled eggs	breakfast sandwich on croissant	scrambled eggs toast	pancakes berries & whipped cream sausage
Lunch	sweet and sour pork fried rice grilled mixed vegetables	chicken cordon blue (homemade) mixed veggies stuffing	tortolini pesto sauce mixed veggies cottage cheese roll	cashew chicken broccoli egg noodles	marinated porkchops asparagus wild rice	BBQ! (burgers and dogs)	beef and broccoli stirfry white rice egg roll
Diner	grilled chicken wraps carrot sticks ranch dip	salmon-pea wiggle on saltines side salad	chicken salad sandwich cranberry sauce pickle	ham and cheese sandwich chips	grilled chicken ceasar salad toasted peta chips	egg salad sandwich chips pickle	turkey sandwich doritos

	Sunday 3	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8	Saturday 9
Breakfast	cinnamon roll casserole melons	scrambled eggs danish	parfait danish	breakfast quiche bacon	Loaded Hash Browns	fried eggs toast	french toast sausage
Lunch	marinated porkchops asparagus wild rice roll	turkey meatloaf au gratin potatoes mixed veg	stuffed shells garden salad garlic bread	fried chicken mashed pots corn	mongolian pork shite rice mixed veg	poached fish mixed veggies quinoa	roasted chicken thighs rice mixed vegetables
Diner	turkey sandwiches chips	chicken wings coleslaw	taco salad fried rice	grilled chicken salad roll cranberry sauce	Pear Helene day meatball sub side ceasar salad (dressed, cruton and cheese only)	turkey club sandwich chips	grilled hot dogs baked beans brown bread

	Sunday 10	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15	Saturday 16
Breakfast	scrambled eggs sweet bread	poached eggs toast	egg bake bacon	cheese omlett toast	scrambled eggs muffin	sweet breads berries yogurt	pancakes bacon
Lunch	Mac and cheese with ham broccoli	beef meat loaf baked potato side salad	pork asperagas orzo & spinach	ravioli cream sauce side salad	BBQ chicken OUTSIDE baked potato side salad	fish and chips garden salad	chicken kabobob tuna-mac grilled squash
Diner	egg salad sandwich pickled beets	ham sandwich chips pickle	chicken patty sandwiches broccoli salad	philly cheese steak french fries	Loaded Corn Dogs tom/cuke salad	sliders potato salad pickle	seafood salad sandwiches fries pickle

	Sunday 17	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	Saturday 23
Breakfast	scrambled eggs muffin	eggs benedict english muffins ham	scrambled eggs bacon	cinnamon buns scrambled eggs	quiche toast	fried eggs toast	french toast sausage
Lunch	baked ham mashed potato peas & carrots roll deviled egg	roasted butternut squash polenta cakes pork loin	chop suey cottage cheese roll	honey garlic chicken jasmine rice asperagus	creamy garlic porkchops carrots baked potato	Stuffed pepper casserole roasted summer squash and zucchini	sweedish meatballs egg noodles mixed veggies
Diner	turkey sandwich chips pickle	flatbread pizza ceasar salad	tomato sandwiches cottage cheese	ham salad sandwich cottage cheese	White chicken stew corn bread	tuna salad sandwich chips	beef pin wheels in pastry mixed vegetables

	Sunday 24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	Saturday 30
Breakfast	breakfast sandwiches melon	scrambled eggs muffins	blueberry pancakes bacon	coffee cake scrambled eggs	breakfast sandwich on croissant	scrambled eggs toast	pancakes berries & whipped cream sausage
Lunch	marinated porkchops asparagus wild rice	chicken cordon blue (homemade) mixed veggies stuffing	tortolini pesto sauce mixed veggies cottage cheese roll	cashew chicken broccoli egg noodles	chicken parm spaghettl cottage cheese	BBQ! (burgers and dogs)	beef and broccoli stirfry white rice egg roll
Diner	grilled chicken wraps carrot sticks ranch dip	cucumber sandwiches cottage cheese	chicken salad sandwich cranberry sauce pickle	ham and cheese sandwich chips	grilled chicken ceasar salad toasted peta chips	egg salad sandwich chips pickle	turkey sandwich doritos