

August 2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7	8
Breakfast	scrambled eggs banana bread	quiche muffins	scrambled eggs toast	breakfast sandwiches fruit	poached eggs toast	breakfast bake sausage patties	scrambled eggs muffins
Lunch	cheese chicken bake broccoli	cheese tortellini garlic bread	roasted chicken spinach wild rice	Chili potato wedges corn bread three bean salad	Mediterranean stuffed peppers asparagus toasted pita	marinated beef broccoli baked potato	chop suey bread & butter cottage cheese
Dinner	soup roll	chicken and veggie kabobs macaroni salad	turkey sandwiches chips	ham salad sandwiches three bean salad	soup crackers	chicken & waffles gravy	chef salad hard boiled egg
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9	10	11	12	13	14	15
Breakfast	pancakes bacon	scrambled eggs sweet bread	fried eggs toast	cheese omelets fruit salad	breakfast bake bacon	poached eggs english muffins	french toast sausage
Lunch	Turkey mashed pots squash gravy rolls	chicken alfredo broccoli	ham rice pilaf veg mix	beef stirfry rice rangoons eggrolls	riblets baked potatoes brussel sprouts	baked fish rice veg	sweetish meatballs egg noodles mixed veggies
Dinner	tuna salad chips	cheeseburger casserole	turkey sandwiches chips pickles	cheese burgers mac salad	egg salad sandwiches pickled beets	baked beans grilled hot dogs	ham and cheese cottage cheese
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	16	17	18	19	20	21	22
Breakfast	scrambled eggs muffins	fried eggs toast	parfaits muffins	westerns corned beef hash	poached eggs toast	scrambled eggs muffins	pancakes bacon
Lunch	stuffed pork chops asparagus baked potato	chicken parm garlic bread mixed veg	beef stroganoff broccoli	chicken & biscuits peas and carrots cranberry	Mediterranean stuffed peppers asparagus toasted pita	vegetarian lasagna garlic bread	roasted chicken thighs stuffing mixed veggies
Dinner	tomato soup grilled cheese	sloppy Joes tater tots	tuna melts pickle chips	ham and swiss puff pastry cottage cheese	Turkey sandwich tomato& Cucumber salad	pizza side salad	quiche homefries
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	23	24	25	26	27	28	29
Breakfast	fried eggs toast	scrambled eggs toast	bacon & cheese omelets toast	breakfast bake muffins	poached eggs toast	fried eggs hash browns	french toast bacon
Lunch	pot roast boiled potatoes boiled carrots/onions roll	spaghetti & Meatballs garlic bread	tomato/monzerella chicken baked sweet potato marinated vegetables	pork chops brussell sprouts baked potatoes	Meatloaf carrots mashed pots	poached fish roasted squash mix stuffing	ravioli pesto sauce garlic bread
Dinner	soup crackers	egg salad sandwiches chips pickle	philly cheese steaks pickle	Casserole side	meatball subs cottage cheese	taco salad	turkey sandwiches chips pickle
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30	1	2	3	4	5	6
Breakfast	scrambled eggs toast	quiche muffins	fried toast	breakfast sandwiches fruit	poached eggs toast	fried eggs english muffins	scrambled eggs muffins
Lunch	cheese chicken bake broccoli	BBQ	beef wellington roasted potatoes carrots	chicken anchilatas side salad	cheese tortellini garlic bread	crab cakes coleslaw grilled asparagus	chop suey bread & butter cottage cheese
Dinner	Beef puff pastry fresh veggie sticks	turkey sandwiches chips	chicken and veggie kabobs macaroni salad	ham salad sandwiches three bean salad	soup crackers	BLT pickle	chef salad hard boiled egg