

January 2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4	5	6	7	8	9	10
Breakfast	breakfast snadwiches melon	scrambled eggs muffins	fried eggs toast	coffee cake scrambled eggs	poached eggs toast	scrambled eggs toast	pancakes berries and whipped cream sausage
Lunch	sweet & sour pork fried rice grilled mixed veggies	ribletts baked potatoes brussel sprouts	ham mashed potatoes squash gravy roll	marinated porkchops asparagus wild rice	shepards pie roll	baked stuffed shells spinach garlic bread	beef stir-fry asian cucumber salad
Dinner	grilled chicken wraps carrot sticks ranch dip	creamy sausage/parm soup crackers	white chicken chili cornbread	grilled cheese chicken noodle soup	PB&J chips	hot ham and swiss chips pickle	chicken salad sandwich cranberry sauce pickle
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11	12	13	14	15	16	17
Breakfast	scrambled eggs sweet bread	poached eggs toast	danish fruit	cheese omlett toast	scrambled eggs muffin	fried eggs toast	waffles berries bacon
Lunch	pot roast boiled potatoes candied carrots	tortolini mixed veg garlic bread	turkey meatloaf mashed roasted veggies	pork applesauce orzo & spinach	spaghetti & meatballs garlic bread	poached white fish stuffing roasted veggies	grilled chicken mixed veg rice or quinoa
Dinner	egg salad sandwich pickled beets	Soup 1/2 sandwich	loaded tater tots mixed vegetables	philly cheese steak french fries	taco Suffed Baked Potatoes	sloppy Joes tater tots	seafood salad sandwiches sweet potato fries pickle
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	18	19	20	21	22	23	24
Breakfast	scrambled eggs muffin	eggs benedict casserole	fried eggs toast	cinnamon buns parfait	scrambled eggs toast	fried eggs toast	french toast sausage
Lunch	Cheesy hamburger casserole roll cottage cheese	roasted butternut squash creamy polenta pork chops	chop suey cottage cheese roll	ham scalloped potatoes veg.	pork loin mashed potatoes sauteed toms & spinach garlic bread	Stuffed pepper casserole roasted summer squash and zucchini	sweedish meatballs egg noodles mixed veggies
Dinner	ham salad sandwich chips pickle	corn chowder corn bread	turkey sandwich pretzel bites	quiche lorraine side salad	Bacon cheese burgers tunamac salad	pizza chips	beef pin wheels in pastry mixed vegetables
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	25	26	27	28	29	30	31
Breakfast	breakfast sandwiches melon	scrambled eggs muffins	fried eggs toast	westerns homefries	scrambled eggs toast	poached eggs toast	pancakes berries & whipped cream sausage
Lunch	teriaki chicken fried rice grilled mixed vegetables	mac and cheese broccoli	orange chicken satay baked potatoes brussel sprouts	marinated porkchops asparigus wild rice	beef meatloaf baked potatoes carrots	shrimp alfredo spinach garlic bread	turkey stuffing mashed potatoes carrots
Dinner	open face roash beef gravy	turkey burger pasta salad	vegetable soup crakers	grilled chicken wraps carrot sticks ranch dip	chicken noodle sour roll	ham salad sandwich chips pickle	hot dogs baked beans
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6	7
Breakfast	quiche english muffins	hot cereal day muffins	fried eggs toast	french toast bacon	cheese omletts toast	scrambled eggs toast	pancakes berries & whipped cream sausage
Lunch	Tuscan pasta bake garlic bread	ham augrautan potatoes green beans	baked chicken rice mixed veg	Mary Me Chicken Pasta garlic bread	pork chops baked stuffed squash	fish and chips side salad	baked ziti side salad roll
Dinner	Turkey stew roll	grilled chicken ceasar salad roll	pot stickers lomein	egg salad sandwich chips	beef and barley soup crackers	tureky melts chips	soup crackers