

January 2026

| | Sunday 4 | Monday 5 | Tuesday 6 | Wednesday 7 | Thursday 8 | Friday 9 | Saturday 10 |
|-----------|--|--|---|---|-----------------------|---|---|
| Breakfast | breakfast sandwiches melon | scrambled eggs muffins | fried eggs toast | coffee cake scrambled eggs | poached eggs toast | scrambled eggs toast | pancakes berries and whipped cream sausage |
| Lunch | sweet & sour pork fried rice grilled mixed veggies | riblets baked potatoes brussel sprouts | ham mashed potatoes squash gravy roll | marinated porkchops asparagus wild rice | shepards pie roll | baked stuffed shells spinach garlic bread | beef stir-fry asian cucumber salad |
| Dinner | grilled chicken wraps carrot sticks ranch dip | creamy sausage/parm soup crackers | white chicken chili cornbread | grilled cheese chicken noodle soup | PB&J chips | hot ham and swiss chips pickle | chicken salad sandwich cranberry sauce pickle |

| | Sunday 11 | Monday 12 | Tuesday 13 | Wednesday 14 | Thursday 15 | Friday 16 | Saturday 17 |
|-----------|---|--|--|--------------------------------------|---------------------------------------|---|--|
| Breakfast | scrambled eggs sweet bread | poached eggs toast | danish fruit | cheese omlett toast | scrambled eggs muffin | fried eggs toast | waffles berries bacon |
| Lunch | pot roast boiled potatoes candied carrots | tortolini mixed veg garlic bread | turkey meatloaf mashed roasted veggies | pork applesauce orzo & spinach | spaghetti & meatballs garlic bread | poached white fish stuffing roasted veggies | grilled chicken mixed veg rice or quinoa |
| Dinner | egg salad sandwich pickled beets | Soup 1/2 sandwich | loaded tater tots mixed vegetables | philly cheese steak french fries | taco Suffed Baked Potatoes | sloppy Joes tater tots | seafood salad sandwiches sweet potato fries pickle |

| | Sunday 18 | Monday 19 | Tuesday 20 | Wednesday 21 | Thursday 22 | Friday 23 | Saturday 24 |
|-----------|--|--|-------------------------------------|-----------------------------------|---|---|---|
| Breakfast | scrambled eggs muffin | eggs benedict casserole | fried eggs toast | cinnamon buns parfait | scrambled eggs toast | fried eggs toast | french toast sausage |
| Lunch | Cheesy hamburger casserole roll cottage cheese | roasted butternut squash creamy polenta pork chops | chop suey cottage cheese roll | ham scalloped potatoes veg. | pork loin mashed potatoes sauted toms & spinach garlic bread | Stuffed pepper casserole roasted summer squash and zucchini | swedish meatballs egg noodles mixed veggies |
| Dinner | ham salad sandwich chips pickle | corn chowder corn bread | turkey sandwich pretzel bites | quiche lorraine side salad | Bacon cheese burgers tunamac salad | pizza chips | beef pin wheels in pastry mixed vegetables |

| | Sunday 25 | Monday 26 | Tuesday 27 | Wednesday 28 | Thursday 29 | Friday 30 | Saturday 31 |
|-----------|---|------------------------------|---|---|--|---|--|
| Breakfast | breakfast sandwiches melon | scrambled eggs muffins | fried eggs toast | westerns homefries | scrambled eggs toast | poached eggs toast | pancakes berries & whipped cream sausage |
| Lunch | teriaki chicken fried rice grilled mixed vegetables | mac and cheese broccoli | orange chicken satay baked potatoes brussel sprouts | marinated porkchops asparagus wild rice | beef meatloaf baked potatoes carrots | shrimp alfredo spinach garlic bread | turkey stuffing mashed potatoes carrots |
| Dinner | open face roash beef gravy | turkey burger pasta salad | vegetable soup crakers | grilled chicken wraps carrot sticks ranch dip | chicken noodle sour roll | ham salad sandwich chips pickle | hot dogs baked beans |

| | Sunday 1 | Monday 2 | Tuesday 3 | Wednesday 4 | Thursday 5 | Friday 6 | Saturday 7 |
|-----------|-----------------------------------|--|------------------------------------|---------------------------------------|------------------------------------|------------------------------|--|
| Breakfast | quiche english muffins | hot cereal day muffins | fried eggs toast | french toast bacon | cheese omletts toast | scrambled eggs toast | pancakes berries & whipped cream sausage |
| Lunch | Tuscan pasta bake garlic bread | ham augrautan potatoes green beans | baked chicken rice mixed veg | Mary Me Chicken Pasta garlic bread | pork chops baked stuffed squash | fish and chips side salad | baked ziti side salad roll |
| Dinner | Turkey stew roll | grilled chicken ceasar salad roll | pot stickers lomein | egg salad sandwich chips | beef and barley soup crackers | tureky melts chips | soup crackers |