

JULY 2026

	Sunday 28	Monday 29	Tuesday 30	Wednesday 1	Thursday 2	Friday 3	Saturday 4
Breakfast	quiche english muffins	scrambled eggs muffins	fried eggs toast	westerns bacon	cheese omletts toast	scrambled eggs toast	pancakes blue & Straw berries & whipped cream sausage
Lunch	baked stuffed pork chops cranberry sauce stuffing mixed veggies	Hamburgers potato salad grilled mixed veggies strawberry rhubarb crisp w/ vanilla IC	roasted squash pork chops polenta	chicken alfredo broccoli garlic roll	meatloaf baked potatoes green beans	stuffed shells spinach garlic roll	BBQ Chicken mac. Salad baked beans Red white blue cake or cupcakes
Dinner	Chef's Choice Casserole	turkey sandwich chips	Chicken sandwich side salad	ham and cheese sandwich chips	loaded baked potato	fish sandwiches coleslaw	hotdogs coleslaw chips red white blue chip cookies

	Sunday 5	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11
Breakfast	coffee cake melons	scrambled eggs toast	parfait muffin	quiche sausage	poached eggs toast	fried eggs toast	french toast strawberries whipped cream
Lunch	Ham mashed potatoes carrots	mac & Cheese meatloaf cottage cheese tom & Cuke salad	chicken alfredo roasted veggies garlic bread	pork sausage & rice stuffed peppers cottage cheese	chicken potpie bisquits cranberry sauce	veggie pasta with garlic butter sauce garlic bread	roasted chicken thighs mixed veggies rice
Dinner	egg salad sandwich chips	Mock KFC bowl	Pizza chips	meatball sub chips	Tuna sandwich tomato salad Ntnl Sugar Cookie Day	Parmasean crusted chicken green salad	grilled hot dogs baked beans

	Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
Breakfast	pancakes bacon	fried eggs bacon toast	french toast sausage	cheese omlett toast	scrambled eggs Muffin	poached eggs toast	pancakes bacon
Lunch	pork orzo spinach	Cheese Burgers with sharp cheddar cheese frnech fries shredded carrot salad	sweet sausage mixed veggies augratin potatoes	cheese tortolini garlic bread broccoli	pot roast (one pot) (potatoes, carrots, onions) mashed potatoes gravy choc cake w/ van. Frosting	poached white fish stuffing roasted veggies	chop suey cottage cheese roll
Dinner	italian subs chips	chicken & waffles sausage gravy	turkey sandwich chips	philly cheese steak fries	chicken salad sandwich chips	cobb salad roll	Beef pinwheels w/ cream cheese cucumber & tomato salad

	Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
Breakfast	scrambled eggs muffin	fried eggs toast	scrambled eggs toast	cinnamon buns scrambled eggs	fried eggs toast	egg benedict casserole ** Toast	french toast sausage
Lunch	Roast Turkey stuffing mashed potatoes squash cran sauce/ cravy/ roll	Chicken BBQ Potato Salad baked beans	mac & cheese mixed veggies	turkey meatloaf baked potatoes spinach	ham scaloped potatoes carrots	fish and chips coleslaw	beef stroganoff egg noodles peas
Dinner	ham salad sandwich chips pickle	pasta salad 1/2 sandwich	Butternut squash soup roll	chef salad roll	quichje lorraine three bean sald	pizza chips	chicken salad sandwich french fries

	Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1
Breakfast	quiche english muffins	scrambled eggs muffins	fried eggs toast	westerns bacon	cheese omletts toast	scrambled eggs toast	pancakes bacon
Lunch	baked stuffed pork chops cranberry sauce stuffing mixed veggies	Hamburgers potato salad grilled mixed veggies	roasted squash pork chops polenta	Meat Lasagna texas toast cottage cheese	meatloaf baked potatoes green beans Ntnl Cheesecake Day	stuffed shells spinach garlic roll	BBQ Chicken polenta garden salad
Dinner	salmon Pea Weggie crackers	turkey sandwich chips	Chicken sandwich side salad	ham and cheese sandwich chips	loaded baked potato	fish sandwiches coleslaw	Grilled Cheese tomato soup