

MAGIC MOUNTAIN YOGA RETREAT

Hosted By: The Kemetic Yogi Living Collective

Location: Blue Ridge Mountains, Georgia (1.5 hr drive from ATL)

Duration: Four Days & Three Nights

Capacity: Fifteen Participants

Accommodation: All accommodations are shared occupancy (Double & Triple)

TOTAL COST: \$777

- **Deposit Payment:** \$259 (Due By July 21st)
- **Second Payment:** \$259 (Due On September 21st)
- **Final Payment:** \$259 (Due On Oct 21st)

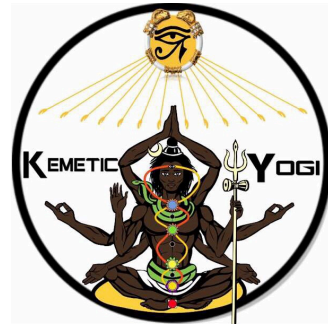
On this **Magic Mountain Yoga Retreat**, the **Kemetic Yogi Living Collective** aims to expand your consciousness and unlock your deepest potential for growth and transformation. On this sacred journey, participants will experience daily yoga, sound bath meditation, group chanting, sacred movement, in addition to an insightful and transformative plant medicine journey to create a fully-activated awakened state. This shamanistic experience will allow you to transcend your ego and find your true Self.

Live out your true purpose and personal transformation on this mystical journey in the mountain wilderness of Georgia. Discover deep inner healing and profound mystical revelations in a safe setting amongst a holistic community of like-minded people.

We will be spending time meditating and going inwards with the help of sacred plant medicine to discover the subconscious and the Self, doing yoga, doing group reiki and integration, bonding over healthy and cleansing meals and relaxing in the hot tub.

On this retreat you will learn the art of vibratory alchemy, the use of plant medicine in indigenous cultures and the use of sacred medicinal plants to create a bridge between the physical, mental and spiritual plane; producing profound and lasting benefits both physically and psychologically. These medicines have the power to connect us to those parts of ourselves we have forgotten, ignored, or covered up. This retreat will definitely change the way you live.

Our retreat leaders will help you fully integrate the sacred plant medicine experience so that you can reset your mind and become the best version of You. Your experience will be tailored specifically to your needs and goals to lead you to your maximum potential.



Our mission is to bridge this gap between head and heart for those who seek it. In a world of increasing disconnection from ourselves, our earth, our history, and each other, we aim to find balance by providing an authentic, safe, and loving space for each individual, no matter their background, to get in touch with their truth. We are honored to serve medicine in sacred ceremony, empower our guests with knowledge and tools to continue their journey back home, raise cultural awareness, and continue our cherished duty as stewards and caretakers of our Earth. We feel that by engaging in this healing work, aligning our past experiences and future actions with deep meaning and purpose, we can become true beacons of light and affect positive change in our lives and our world.

WHAT IS INCLUDED:

- 3 nights, 4 days stay at a private cabin with a hot tub
- Daily yoga, meditation, chanting and sound therapy sessions
- Hiking, grounding and energy clearing activities
- Fresh flower baths
- A sacred plant medicine ceremony
- Community integration time with like-minded people
- Group reiki sessions
- Relaxing 60-minute aromatherapy sound therapy session
- Jeju Spa Purification Ritual (Last Day)
- 3 healthy detoxing meals daily
- Fresh alkaline water & fruits for snacking

WHAT'S NOT INCLUDED:

- Transportation To & From Retreat Space
- Personal Items (Including but not limited to yoga mats, yoga blocks, soap, blankets, towels, etc.).
- Additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control.

WHAT TO BRING:

- Hiking Shoes
- Warm Clothing
- Yoga Mat & Accessories
- Personal Item for Nature Altar {something of sentimental value e.g. crystal, picture, etc.}.
- Flashlight or Head Lamp
- Positive Attitude & Open Mind
- Personal Items and Toiletries
- Personal Snacks

RETREAT SCHEDULE:

Day 1:

- Orientation & Opening Circle
- Settle into Rooms
- Group Hike
- Create Nature Altar
- Eat Dinner
- Hot Tub & Fresh Flower Baths

Day 2:

- Rising Yoga w/ Kemetic Yogi
- Breakfast
- Preparatory Meeting with Plant Medicine Facilitators
- Journaling

- Lunch
- Sunset Walk In The Forest
- Sacred Plant Medicine Ceremony
- Light Dinner
- Hot Tub & Fresh Flower Baths

Day 3:

- Group Reiki Session
- Breakfast
- Group Integration Ceremony w/ Plant Medicine Facilitators
- Rest and Recovery
- Lunch
- Relaxing 60-minute aromatherapy sound therapy session
- Relaxing Time In Hot Tub
- Evening Yoga & Meditation w/ Kemetic Yogi
- Rape' Ceremony
- Dinner

Day 4:

- Rest and Recovery
- Breakfast
- Closing Circle
- Depart to Jeju Spa For Final Purification Ritual

***Please note that on the day of the ceremony we will be skipping lunch or having only light lunch.**