

Community Resources

Click on the link to learn more about each organization and supports provided.

[Wheels for Work](#)

[Every Kid a Bike](#)

[Down Syndrome Iowa Information](#)

[United Way](#)

Childcare:

[Iowa Childcare Resource and Referral](#)

[Childcare Availability Map](#)

[Early Access](#)

[Drake Headstart](#)

[MICA](#)

[St. Paul Preschool](#)

[Prairie Flower](#)

[Adventures Preschool](#)

[ACPC](#)

[St. Cecilia Parish Preschool](#)

[ChildServe](#)

[University Community Childcare](#)

[Formative Years](#)

[ISU Lab School](#)

[Play & Learn](#)

[Lily Pad](#)

[Bright Horizons: Vet Med](#)

Clothing:

[Bethesda Lutheran Church](#)

Phone: 232-6256 | Address: 1517 Northwestern, Ames

Hours of Operation: Mon/Wed 9:30-11 AM, Tues 6:30-8 PM

[Harmony Clothing Closet](#) - Free Clothing

Phone: 382-6509 | Address: 122 6th Street, Nevada

Email: harmonyclothingcloset@gmail.com

Hours of Operation: Mon/Th 4:30-7 PM, Wed 9-11AM (Sept - May)

[Goodwill Store](#)

Phone: 292-8454 | Address: 3718 Lincoln Way, Ames

Low priced clothing.

Clothing that Works

Phone: 292-2156 | Address: 130 South Sheldon, #308, Ames

Hours of Operation: Wed 2-5 PM;

Over Flow Store

Phone: 515-290-0732 | Address: 202 S Duff Ave, Ames

Hours of Operation: Wed/Sat 10 AM - 4 PM, Th 10 AM - 8 PM, Fri 10 AM - 6 PM

Second hand clothes at low price.

Salvation Army Thrift Store

Address: 620 Lincoln Way Suite B, Ames

Food Assistance:

Story County Food Pantries

Housing/Rent/Utility Assistance:

CIRHA

Iowa Finance Authority

ACCESS Housing

Emergency Residence Program (ERP)

YSS Youth Transitional Housing

YSS Youth Emergency Shelter

DCAT/CPHC Jenny Felt jfelt@dhs.state.ia.us

Story County Community Services

515-663-2930 / communityservices@storycountyiowa.gov - Rent/utility assistance.

MICA- LiHEAP Program

Utility assistance - one time payment.

Good Neighbor Emergency Assistance

515-296-1449 / assistance@gnea.org - Rent/utility/gas/food vouchers available.

The Salvation Army

515-233-3567 / cari.mcpartland@USC.salvationarmy.org - Rent/utility/other emergency assistance.

To apply for FIP, food, medical, and/or child care assistance:

<https://dhsservices.iowa.gov/apspsp/ssp.portal>

To apply for WIC:

<https://www.signupwic.com/>

Health:

To apply for COVID testing if uninsured:

https://secureapp.dhs.state.ia.us/dhs_titan_public/covid/application

[Story County Public Health](#)

Prescription Savings

When calling in your prescriptions, ask that the FamilyWize discount be applied by providing them the following information:

BIN: 610194

Card ID: FW100

Group ID: FW100

PCN: FW

Registration is not required for this program so anyone can use it!

CVS is offering FREE delivery of prescriptions. Call 515-292-2990.

Hy-Vee Clinic pharmacy is offering FREE delivery of prescriptions in Ames for those who can't get out due to health concerns. Call 515-233-7315.

Walgreens is offering FREE delivery of all prescriptions. Call 515-232-8284.

Mental Health Providers:

[Central Iowa Psychological Services](#) this provider is in agreement to provide services for elementary schools.

[Ames Counseling and Psychological Services](#)

[Clear Brook Counseling Services](#)

[Forward Consulting](#)

[Compass Tree Counseling](#)

Internet/Phone:

[Mediacom Connect2Compete | Affordable low-income internet from Mediacom](#)

[Free WIFI connection locations in Ames](#)

Legal Assistance:

<http://www.legalaidstory.com/>

Iowa Legal Aid may be able to assist you at no cost.

Phone: 1-800-532-1275

Domestic Violence Support:

[ACCESS](#)

Safe At Home

Substance Abuse Resources:

<https://yourlifeiowa.org/>

[Ames AA](#)

[Online AA Meetings](#)

[Al-Anon and Alateen](#)

Unemployment:

[Iowa Workforce Development](#)

Immigrant Resource Guide

Mobile Crisis- CICS 844-258-8858

Residential Placement

CINA