

DANCE FOR JOY

An Affiliate of the ARTifice Foundation



October 2026

Recital News!

We are so excited to announce our second annual recital! We are doing something different this year! In lieu of telling a story, we are going to focus on exploring the Names of God through dance and scripture. Primary 1, 2, 3, Ballet Joy, and Adult classes will participate this year! Please mark your calendars now to join us for an evening of praise and worship through dance and music!

Our Scripture verse theme for this year is Psalms 8:1:
O LORD, our LORD, how majestic is thy name in all the earth!

Recital Dates:

Monday, May 24	Dress Rehearsal	time: TBA
Tuesday, May 25	Recital	time: TBA

Bring a Stuffed Animal / Doll to Class Week

October 26 – 30th students are invited to bring a favorite non-noise making stuffed animal or doll to class to watch them dance! We will send out an email closer to the week to remind you!

October Memory Verse:

Psalm 24:10: "Who is this King of glory? The Lord of hosts, he is the King of glory."

IMPORTANT

DATES

October 12 – 16
Fall Break – No Class

October 26 – 30
Bring a Stuffy To
Dance Week

November 15
Costume Fee Due for
Recital Classes

November 24 – Dec 4
Thanksgiving Break –
No Class

December 7 – 11
Christmas Theme
Week

December 14 – 17
Studio Wide Parent
Watch Week

January 4
Classes Resume

February 8 – 12
Valentine's Theme
Week

A Note from Ms Amy

I have seen an increase in dancers sitting with a “W” shape or “frog leg” position while sitting. While the evidence is divided on the long-term issues with W-sitting, over the years of teaching, I have seen it cause issues with skill development in dance, sports, and general movement as children age out of toddlerhood. I want to encourage our dancers to sit either crisscross applesauce, or in a z-shape (feet to one side of the body) to help build their core strength, decrease the pressure on their knee joints, as well as improve posture. The Cleveland Clinic has a great article regarding W-sitting on its website if you would like more information:

<https://health.clevelandclinic.org/w-sitting>

If you have any questions, please do not hesitate to contact me via email: amy@danceforjoyga.org.

Looking Ahead



Family Watch Day

Mark your calendars NOW for our Family Watch Day in December! Parents and close family are invited to come to your dancer's class to see all we are learning this season! Your dancers are working hard and we have some fun things to show you! Family Watch Days will happen during your child's regularly scheduled classes the week of December 14th!

Dancer's Corner

Each month, we will highlight something our classes are learning!

Mommy&Me and Tiny Tutus: We are working on making 1st position and doing demi plie in our 1st position

Primary 1 Ballet: We are working on dancing in first position with our hands on or hips!

Primary 1 Tap: We are working on shuffles with only our toe taps and balancing in between steps.

Primary 2 Ballet: We are working on side chasse gallops and spring points

Primary 2 Tap: We are working on building steps together into short combinations as well the iconic “shuffle ball-change”

Primary 3 Ballet: We are working on Polka in multiple directions and petit jetes.

Primary 3 Tap: We are learning Exercise 1 and 2 from the Tommy Sutton method

Ballet Joy: We are working on chasse temps-leve on one leg

Tap for All: We are working on transitioning from our finger taps to our wrist taps

Adult Ballet: We are working on spotting our turns, grand jete, and building balance

Adult Tap: We are working on Shim Sham as well as Exercise One from the Tommy Sutton method!

COSTUME FEE

For dancers in Primary 1, 2, and 3 Ballet and Tap, Ballet Joy, and any adults who would like to participate in the recital, a costume fee will be charged to your account in November. There will be a separate fee for ballet and tap this year. This fee is not covered by scholarships nor is eligible for a discount and is due by November 15th. This costume rental fee will cover the rental of a recital costume as well as pair of recital tights for the dancer to have for recital in May! If you would like your costume fee paid through auto-billing, please email Ms. Amy and she will be sure to take care of that for you.

There is no costume fee for Mommy & Me, Tiny Tutus, or Tap for All classes.



OPTION CHANGES TO ADULT CLASSES AND TAP FOR ALL

Dance for Joy is excited to announce a new option for Adult classes as well as Tap for All! Students in Adult Ballet, Zumba, Adult Tap, and Tap for All have the option of selecting monthly tuition OR a punch card. These options are on the portal now! Prices for the 4-class punch cards are below! They are divided up based on the class length. The options are for 1 hour or 45 minutes. Please ask Ms Amy or the Desk Volunteer if you would like more information!

Adult Ballet Punch Card – 1 hour	\$75
Zumba Punch Card – 45 minute	\$60
Adult Tap Punch Card – 45 minute	\$60
Tap for All – 45 minute	\$60

Please help us spread the word!

Classical Training | Christian Character

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