

## **The Fifth World** **Adapted from Atwater (2012)**

The Mayan Calendar begins with the beginning of all things and can summarize the worlds it describes in the following manner:

**First World:** Jaguar/Ocelot Sun (Earth element, feminine energy). It is said to be a time when giants walked the earth. It ended in devastating winds, fire, and long periods of darkness. **Second World:** Winds Sun (air element, masculine energy). Said to cover the advance of early humans. It ended when huge forests flattened out because of cyclones. Great winds, hurricanes, darkness. **Third World:** Rain of Fire Sun (fire element, feminine energy). It is said to be a time of creative invention, large structures, flourishing societies.

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**Fourth World:** Water Sun (water element, masculine energy). Said to stimulate written language, law, cities, metalwork, much invention, art, commerce. It ended in great floods, rains, storms. The rise of materialism and the dark side of power.

**Fifth World:** Quake/Movement Sun (ether element, the fusion of masculine and feminine energies). Said to be the age of modern man and space travel, due to the end in massive shifts, movements, earthquakes, perhaps a pole shift.

Some “experts” stated that the five-cycle series of worlds ended December 21, 2012, with a Sixth World beginning the next day. They back this up by pointing out that the Sixth Root Race, or indigos, have appeared.

### **THE INCREDIBLE FIVES**

**Fifth World:** A time when polarities shift on every level, including gender issues, genetics, the two brain hemispheres, religious factions, wealth, relationships, governments, business-politics. In a time of fusion, they are merging.

**Fifth Root Race:** Children as volunteers, here to establish a new Earth and possessing the attributes, skills, weaknesses, and strengths needed to do the job. Coming in waves. Can harness challenges and disasters if mentored when young. To them, the universe is alive and intelligent and stuffed full of potential.

**Fifth Element:** Ether (also spelled aether) is the substance of space, an invisible, interconnecting, threaded fabric or webbing that constitutes the matrix time-and-space collapse into when energy

expands. Ether is not an Earth element; rather, it is a realm of patterns and causality. All manifests from here. All thoughts, feelings, actions are recorded here. The akashic records (the record of all things, all people, all life), written upon the skeins of time, are found in the ether.

**Fifth Dimension:** The first through third dimensions have to do with the laws of time and space. The fourth dimension includes the astral and etheric planes. The fifth dimension frees us from time/space dynamics altogether while enabling us to weave our intentions directly into the fabric of what we want to manifest. Nothing is hidden in the fifth dimension; all is revealed. Intention directs movement and manifestation in this dimension. Consciousness exists here as a resonance pattern, a harmony. Says physicist James E. Beichler, Ph.D.: “Through the fifth dimension, all particles in existence link to all other particles. We can detect the fifth dimension through emotions, intuitions, intangibles. It is a single field—wave function is a volume in the fifth dimension.”

**Fifth Chakra:** Various mystery school traditions tell us that as each Root Race advances, challenges specific to the wave of energy that group represents will accompany it. These energy waves correspond to specific chakras (or spinning wheels of light) located at each of the body’s major endocrine centers. Each Root Race is to fully develop the power of its corresponding chakra throughout the populace, thus energizing those particular qualities, activities, and challenges within the time’s social structures. The fifth chakra (willpower) is associated with the throat, thyroid, neck, mouth, and nervous system and has to do with the world of ideas. Fifth-chakra energy wraps around will and domination issues and the question of power over or who power goes to.

**Fifth Brain:** The science of neurocardiology has established that 60 to 65 percent of heart cells are the same type of neural cells as those located in the brain. Thus, the heart is now considered our fifth “brain” (the other four are the reptilian or old brain, the limbic system, neocortex, and prefrontal lobes). Science has also shown that the heart produces an electromagnetic field in the shape of a torus five thousand times more powerful than that of the brain and is the major glandular center in the body. It converts energy to create infinite wave harmonics and reacts to conditions four to five seconds, sometimes minutes, before occurrence. Our heart is our first responder, alerting the brain to what is about to happen before it does. The heart corresponds with higher energy fields when one feels good and when in love.

**Fifth Brain Wave Frequency:** A fifth brain wave has been verified: gamma waves. Gamma operates at 25 to 60 hertz. It modulates perception and consciousness and relates to simultaneous processing of information from different brain areas (i.e., involves memory, learning abilities, integrated thoughts, and information-rich task processing). The other brain waves are beta (12–25 Hz), alpha (7–12 Hz), theta (4–7 Hz), and delta (0–4 Hz). When a dowser is in the dowsing “mode,” they can simultaneously register gamma and delta waves (a sign of being wide awake while fast asleep). The new kids do this often, making it difficult to measure the true range of their intelligence.

**Five Types of Intelligence:** Intelligence IQ measures processes of thought and rational analysis. Emotional EQ measures intuitive, emotional understandings of the heart. Spiritual SQ measures wisdom in connecting with the higher self. Wholistic WQ measures profound connections to

potential, knowing, and others. Quantum QQ measures superspeed creativity and links to Allness. Science does not recognize anything it cannot physically measure; thus, SQ to QQ is considered fiction. It is at QQ levels that many of our young function.

**Fifth Ray of Destiny:** As the human family advances in a quest to fulfill its destiny on the Earth plane, various rays of light are said to be beacons or guiding lights to make the way easier. Not to be confused with personal rays that may color one's aura or signify his or her life's work, these destiny rays overspread evolutionary movements. The Fifth Destiny Ray can best be understood through its symbolic connection to the planet Venus and the qualities of mercy, compassion, and unconditional love. It signals a time of embracing the Divine Feminine, the power of women, the joy of consensual sex, and the possible healing when we honor and care about each other.

**Fifth Communication Wave:** The first was sign language. The second was the use of stelae—inscriptions on markers, stones, pillars, flat surfaces, walls. The third concerned the invention of papyrus as a paper-like material for writing scrolls and ancient documents. The fourth heralded the printing press and movable type—the first published book was the Gutenberg Bible. The fifth communication wave was the personal computer, introduced in 1982, when the new children began to enter the earth plane in mass (the Millennial Generation's primary start). Our new kids understand computers because they bear the "mark" or energy frequency of the computers' entry into the world at large.

**Fifth Discipline:** This heralds the development of organizations, corporations, and businesses as learning centers can go beyond adversarial approaches and endless debates of head versus heart, left versus right, science versus religion, business versus government, altruism versus self-interest, vision versus practicality. They mark a new synthesis for combining the desire for profit with the dedication of seeking a higher road to the future and better ways of operating the discipline to overcome obstacles using a structured framework of personal mastery, mental models, shared vision, and team learning.<sup>9</sup>

**Fifth Agreement:** Don Miguel Ruiz gave us The Four Agreements, which are: be impeccable with your word; don't take things personally; don't make assumptions; always do your best. The Fifth Agreement is: be skeptical; learn to listen.<sup>10</sup> Ruiz reached back to the Toltec wisdom of his heritage and brought forth the essence of truth found within them. The guidance to do this came from his near-death experience. The world's people say, "Thank you." There is another way to look at that Fifth Agreement, though. It goes like this: "Show up. Tell the truth. And don't be attached to the outcome." Both versions of that Fifth Agreement speak directly to the heart of the Fifth Root Race and the Fifth World.

**Five Races/Five Senses:** The five human family's five races are already known (although some scientists point out technically to only four). Edgar Cayce, one of the most famous psychics ever to have lived, said that each of our five sense faculties corresponds to each of the races as if that race had a significant or dominant way of sensing that was recognizably unique in its strength. Indeed, all peoples can use of all faculties of perception and sensing (unless hampered individually); still, according to Cayce, there are standouts, depending on one's race. His revelations follow:

White race = vision insight  
Red race = sensitivity and touch  
Black race = emotions and taste  
yellow race = sound in hearing  
Brown race = earthiness/physical and smell

Five: it's the number of humankind's—two legs, two arms, one head, in spread-eagle stance, forming the five-pointed star . . . the biblical star of the Magi. Five: in the art of numerology, where each number has symbolic meaning, it refers to progress; change; sexuality; moving forward; curiosity; ideas; travel; communication; nervous energy; the physical need to move, exercise, experiment.

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## **References**

Atwater, P. (2012). *Children of the Fifth World: A Guide to the Coming Changes in Human Consciousness*. Inner Traditions/Bear & Company. Kindle Edition.