

What is a Walk-in Soul?

As Perry (2013) explains, the concept of a walk-in is simple; if you can accept that being born into a body is not the *only* way of Soul can enter into the Gaia/Earth experiment and that death is not the only way that a Soul can leave this world, you will understand that there are several ways to enter an experience or Soul contract on Gaia/Earth. The incoming Soul either walks along with the Natal Soul or assumes full responsibility for the human body and completes the life in progress. A walk-in can only take place with the entire agreement of both the outgoing and incoming souls. The walk-in Soul is typically more evolved than the Natal Soul.

When two individual Souls have agreed to switch places, this is often referred to as a “walk-in.” The first Soul (the walk-out) has either completed their task or development or has suffered a traumatic experience and is ready to move on. The second Soul (the walk-in) serves, often, in a completely different capacity. Also called a “Soul transformation.”

A walk-in may arrive at each evolutionary step to advance the masses, adding clarity and stability while leaving a clearly marked pathway as they move forward in the service to humanity. These “way-showers” embark upon rugged terrain, determine what needs to be done to navigate and create the necessary changes safely, and then assist others in integrating the vibrational shifts as they find their own personal journey, they become the model for others to follow. An example of a person like this is Jeshua-9/Jesus (Judah, 2020). According to Perry 2013, author of *Walk-ins among us*, these walk-ins are much like Dolphins that receive and send signals to one another; we transmit our unique signal that activates the information encoded in our cells. Many walk-ins carry symbols and encodings within their energy field. These codes automatically help others gracefully integrate higher vibrational energy into a physical body. When we connect, we share our puzzle piece, expand our experience, and we are all changed.

According to Perry (2013), the common types of walk-ins include exchanges that are between two unrelated Souls (different Soul groups, monads, or over Souls) who have partnered for a particular incarnation. Other walk-ins involve primary Soul mates from a Souls (matrix) group governed by the same monad, the perfect God essence or consciousness. Much like the brain is to the body, a monad is the highly developed nucleus of a system. The monad is the ultimate guidance or Control Center of a group of Souls that includes twin flames, Soul mates, and Soul aspects such as personalities and archetypes: inner child, the critical parent, the wounded healer, etc. A monad supplies the life-force, love, and attention needed to maintain an embodied soul's existence on Gaia/Earth as well as in non-physical realms. Your monad is responsible for your evolution as it ensures that all aspects of your being or it can harmony towards soul integration. One monad contains 12 over Souls, and an oversoul has 12 personalities (144 Soul aspects).

Walk-ins and Soul Exchanges

Walk-ins

The walk-ins are part of the Ascension process. Soul exchanges and walk-ins are not uncommon. They are becoming more frequent as a shift in the human consciousness is occurring across the globe. Walk-ins are here to help humanity expand consciousness and become aware of the multidimensional aspects of the Soul. According to Perry (2013), author of *Walk-ins Among*

Us, there is an agreement between the ‘walk-in Soul’ and the ‘walk-out Soul.’ A walk-in can be a companion Soul in spirit form walking along with an embodied Soul. Some walk-ins are a blend of Soul essences or consciousnesses inhabiting one body simultaneously. These may rotate in and out of the “driver’s seat” as needed to accomplish a task.

What is a Soul Exchange?

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A walk-in can be a companion Soul in spirit form walking along with an embodied Soul. Some walk-ins are a blend of Soul essences or consciousnesses inhabiting one body simultaneously. These may rotate in and out of the “driver’s seat” as needed to accomplish a task. These walk-ins are part of the Ascension process. Many people are going through this type of shift. You may feel like a different person from one day to the next; seem dissociated or scattered like you live simultaneously in two realities; have little emotion or feeling about a situation or person. Some hear voices that are totally opposite to one another. This increased sense of polarity is part of the Divine-human template.

In truth, we are all walk-ins. Souls walk into the body of an infant, right? Others walk into the body of a teen or adult. If you stop to think about it, it is not all that strange that some souls incarnate without spending time learning lessons brought about through infancy and childhood. To that, I add that there are reports of children having Soul exchanges. A walk-in Soul is usually due to some trauma that the child cannot bear (some part of the Soul fragments). A higher aspect of that Soul group will come in to animate the body and relieve the weary Soul who needs some TLC in higher dimensions. A walk-in spirit may stay temporarily or long-term.

There was an influx of Soul exchanges in the 1980s and '90s. Those who had their first walk-in during that time may have had a huge adjustment to make to be in a body. The natal Soul may have left physical or emotional messes for the walk-in Soul to sort through and repair. In addition to wading through all that, the body had to deal with the influx of higher vibrating energy that the walk-in Soul emanates. Recent changes in the template for the Divine-human have been downloaded into the DNA and physical form.

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Types of Walk-Ins

There are several types of walk-in experiences. Some are Soul exchanges between two unrelated beings (differing Soul groups or star/planetary origins) who have partnered for a particular incarnation; others are from the same Soul group or star family. These Souls are in partnership and may rotate in and out depending upon which aspect has the skills best suited to a task or situation. The Galactic Souls (Starseeds) with a purer consciousness benefit from carrying out a particular part of a Soul group's mission more quickly and effectively because they bypass the infant and childhood stages of human body development.

The incoming Soul knows it has arrived and may feel strange initially as it acclimates to being in a human body. Some Starseeds who have never incarnated into a human form on Gaia/Earth may want to go back home as soon as they experience the unpleasant density and negativity of life on Gaia/Earth.

Even though there is compatibility in the mission of two companion Souls of the same Soul group, there will likely be an adjustment period following a walk-in. The body must acclimate or calibrate to the higher vibrations of the incoming Soul. Like an organ transplant being rejected by the body, the human psyche or physical body may resist the walk-in Soul—especially during the clearing of karmic patterns left by the former Soul. Inner child work is an integral part of loving the body and psyche into wellness. Sometimes integration work is needed to help connect the Soul with the body's electromagnetic grids and nervous system.

The more we ascend, the more desire we have to help the Gaia/Earth ascend and comfort, educate, and assist others struggling to manage the changes they are experiencing.
Placeholder or Wandering Soul

The body has been referred to as a vehicle, temple, or dwelling place, a means for expressing Source energy's various individuations. There may be times when a more evolved Soul or higher aspect of your Soul acts as a marker Soul or placeholder Soul, maintaining the body, while the natal Soul (or previous walk-in Soul) does galactic travel or accomplishes a mission in another realm. These are called wandering Souls or galactic ambassadors. The higher aspect of your Soul acting as a marker Soul or placeholder is a temporary assignment. When the previous Soul returns, a re-transfer of Souls is made.

You may not notice it as much when a Soul returns to the body a second time—the body is familiar with that Soul's signature frequency even though the returning Soul may have raised its frequency through what it has experienced in other realms. This acclimation and adjustment phase for the second or third (possibly more) experiences is usually much smoother—but they are still spiritually transforming.

The video below, "Walk-Ins: The Wandering Souls," gives a good definition of the purpose of a walk-in Soul and the Soul exchange.

Soul Braids

Many people who have done the work of spiritual purification are starting to blend their Gai/Earth Soul's energy of their with the multidimensional energy of their higher selves,

monads, and twin flames. Soul braids can walk alongside the embodied Soul or rotate in and out of the body. Both can be in the body at the same time.

Soul Aspects

We have multiple expressions of our Soul essence residing in many dimensions, parallel lifetimes, and simultaneous incarnations. Most of the past life regressions we have encountered enabled us to glean information about what is going on with these other aspects. In this time of rapid shifting, the veils of separation are much thinner and we can access portals and interact daily with our many Soul aspects on different frequency levels.

Soul Fragments

Parts of the Soul that fragmented or left during a traumatic experience are returning of their own accord once they have rested or felt safe with the changes made in a life situation. As part of the “whole-ing” process, some Soul aspects may need etheric assistance from a celestial shaman and a galactic team of geneticists, surgeons, technicians, etc., to be reunited and peacefully integrated.

Some may sense that more than one walk-in has occurred in their body. As we move forward in our Ascension, things are speeding up, and our Souls multidimensional aspects are coming in to assist the planet with its evolution.

A revolving door walk-in has come to understand and experience the human body as a portal through which galactic beings or members of the Soul’s monad (higher/god self) can enter the Gai/Earth’s 3rd dimension and wear the Earth suit for temporary incarnation. Revolving door walk-ins allow a rotation of highly evolved spirit team members to complete a task or mission. The monad is the overseer in this process.

The beings come in and out of the vehicle like changing drivers in a car. Sometimes one may be a driver for a while and then a companion passenger to the next Soul/consciousness. There is little trauma involved, and the shifts are usually subtle, depending upon how well the body handles the frequencies of the new consciousness and how much the psyche resists the process. Changing drivers gets easier after a few swaps.

Hand-Me-Down Bodies—The Mystery of Soul Exchanges

You can trade in a used car for a new one. You can trade stocks, houses, and ideas, but whoever heard of two Souls swapping places with one another? Spiritually advanced Souls are walking into adult bodies and bringing a whole new meaning to charity. This idea of body donation isn’t as crazy as it sounds. Almost daily, we hear from someone who knows this phenomenon or has experienced a Soul exchange.

Known in Sanskrit as “body change” and in the Hindu, as a bodhisattva, the American term for this swap in identity is “walk-in” or “Soul exchange.” Spiritually advanced Souls can walk into adult bodies rather than incarnate into a baby’s Soul through the birth process. By not having to go through the childhood programming, a Soul can get right to the business of carrying out a divine mission to help others as Gai/Earth shifts into a higher dimension.

When a new Soul comes into physical embodiment through the walk-in process, the original Soul often leaves (unless a walk-along or braid better serves the partnership), moving on to other experiences in the non-physical worlds, just as it would if it had gone through physical death. This exchange comes only by permission and full agreement between the outgoing and incoming Souls.

The exchange is typically made when the body is unconscious such as during sleep, surgery, a near-death experience, a suicide attempt, or emotional trauma. At first, a walk-in Soul may be bewildered as it acclimates to being Gaia/Earth plane body. If a person is not aware of the concept of walk-ins, the experience can be very disorienting.

Indications that a Soul exchange has occurred include the following:

- A person who was depressed is suddenly cheerful and optimistic.
- Someone who was in a coma unexpectedly regains consciousness or is miraculously healed.
- Changes regarding career path, religious beliefs, home environment, clothing style, and food preferences change rather quickly.

These changes resulting from a Soul exchange may leave family members and friends feeling like they are strangers. Additionally, loss of memory, especially regarding childhood, usually returns after some time.

In her book, *The World to Come*, Ruth Montgomery encourages people who are suicidal to check with their guides or ask the Divine to assist with a Soul exchange rather than destroying a healthy body. This choice to allow a spiritually advanced soul to trade places removes the repercussion of taking one's own life. The family is rarely upset by a member having a Soul-exchange. Most will never notice because the Soul's cellular memories that previously occupied the body are still accessible. Since the incoming Soul is responsible for resolving the karma and any outstanding issues left by the departing Soul, family members may even rejoice about the positive changes they see in their loved one. However, some rapid changes may cause the walk-in to distance themselves from loved ones that they no longer feel an affinity toward an individual.

Spiritually advanced Souls are walking into adult bodies in rapidly increasing numbers rather than incarnating into the body of a baby. The event is nothing like a possession, which is thought to take place against another Soul's will; this exchange comes only by permission and full agreement between the outgoing and incoming Souls. When a new Soul comes into physical embodiment through the walk-in process, the original Soul leaves, moving on to other experiences in the non-physical worlds, just as it would if it had gone through physical death. The incoming Soul assumes full responsibility for the human body and for completing the life in progress.

Walk-ins are spiritual messengers who enter behind the veil of another personality at an opportune moment to lend service to humanity. By not having to go through childhood

programming, a Soul can get right to the business of carrying out a divine mission to help others adjust as Gaia/Earth ascends into the fifth dimension.

Does this sound like something in a space-age or sci-fi movie? Those who believe in ‘New Earth’ (Tara) recorded in the Bible should not have any difficulty believing that God would send helpers to the planet to help create this shift from the third to the fifth dimension. The apocalyptic literature of Revelation 21, which speaks of this New Jerusalem, was said to be written by a seer named John as he received the material in the form of visions while living on the Greek island of Patmos.

The first person in contemporary times to write about this phenomenon was Ruth Montgomery in her 1979 best-selling book, *Strangers Among Us*. She indicated that walk-ins are beings who have attained sufficient awareness of life so they can forego the process of birth and childhood, incarnating directly into adult bodies.

Since the incoming Soul inherits the residual memory stored in the physical body cells, many times a walk-in is not consciously aware that there has been a Soul exchange. Life often continues on in a relatively seamless manner except that the new Soul may begin to make changes regarding their career path, religious beliefs, home environment, style of clothing etc.; and they may feel differently about their family members and friends. In some cases, these shifts in feelings are gradual and relatively subtle. But for others, the shifts may be immediate and dramatic. If a person is not aware of the concept of walk-ins, the experience can be very disorienting. We see more and more Starseed (ET) walk-ins coming to Gaia/Earth as humanity ascends into consciousness.

Should I Call Myself a Walk-in?

There are many variations of walk-ins and Soul exchanges, and each one is unique, so do not get caught up in labeling your experience. It is not always a good idea to let people know about your Soul exchange experience. That’s because people tend to judge what they do not understand or cannot accept. For personally, having an awareness that you are a walk-in is valuable for a couple of reasons:

1. It offers insight. Some walk-ins are unaware that they were not always in the bodies they now inhabit because they inherit the Soul’s cellular memory of the Soul that walked out.
2. It may shed light on the sudden changes occurring in the personality, likes/dislikes, and behavior of someone you know who has unwittingly experienced a Soul exchange. When Lavender Rose first walked in, she immediately divorced the first Soul’s husband, left organized religion, took a new job, changed friendships, and married another man within the first six months. Her family made comments like, “You sure have changed,” or “You are so different, I don’t even know who you are anymore.” They should have felt the confusion she was experiencing inwardly! She was no longer depressed, but her nerves were shot! “I felt like I had been hard-wired to an electrical outlet,” she said. “This body was having a difficult time adjusting to the higher energy of the new Soul.”

The higher-vibrating Soul of the walk-in is required to complete the body's previous owner's task before launching its own mission. Naturally, Lavender Rose had a lot of loose ends to tie up and some limiting mindsets to undo, but she knew she was here for a divine purpose. Like most walk-ins, she was chomping at the bits to get started. However, it is very important to care for the body while adjusting to the change of "drivers" (Perry, 2013).

Videos explaining these concepts:

https://www.youtube.com/watch?v=cIEAr9PPSrQ&feature=emb_logo

https://www.youtube.com/watch?v=99IbOb1qAyA&feature=emb_logo

https://www.youtube.com/watch?v=1A6omstlgk4&feature=emb_logo

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