



## **MMW – 2**

### **Elements and Etheric Languages**

#### **Outline**

#### **Ascension Information Covered in MMW - 2**

Imbalanced Elements and Etheric Languages  
Atoms and Ascension  
Releasing Karma  
The Language of Light a review  
Problematic Foods  
The New Magnetism  
Elements, Molecular Structure, Dream, and Field  
The Etheric Cells  
About the Etheric Body

#### **Handouts**

- About Photonic or Self Sustaining Thoughtform
- Ascension in the Etheric
- Imbalanced Elements and Etheric Languages
- Intentions Useful for Entry into the New Dream
- Learning Ohana Music
- The Act of Blessing
- Love of Self
- The-Ten Octaves of Love
- Tao Realization
- A Hope and Dream for a Better Tomorrow Intentions
- Return and Retrieve Light Body Exercise

#### **Recording Exercise**

## **Our Beloved Terra/Earth**

<https://www.youtube.com/watch?v=yKe53R7Irvq&t=11s>

### **About the Facilitator:**

Shakinah is an author, spiritual channel, and global workshop presenter. As an international speaker and intuitive, Shakinah's workshops, Soul Purpose Sessions (SPS), and channeled messages have touched people's lives throughout the world.

In the same vein as Edgar Cayce, Shakinah channels her higher self, Altaria. In her books, *In the Beginning*, Volumes 1 and 2, she takes us on a historical journey that stretches back to the very beginning of time, to our Starseed origins and our planet's relationship with our star brothers and sisters. Shakinah helps to explain the current ascension process through her workshops and her books.

Through a humble and down-to-earth approach, Shakinah delivers teachings and messages of empowerment that bring to light the divine essence of one's sacred soul purpose and helps to make sense of the current ascension process. As founder of Helm Counseling, she acts as a guide and mentor for those seeking to find their soul's sacred purpose.

### **Your Ascension Books**

[https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs\\_p\\_pwh\\_rwt\\_cpsb\\_vgsr&storeType=ebooks](https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs_p_pwh_rwt_cpsb_vgsr&storeType=ebooks)

### **Your Images and Posters**

<https://shakinahrav.com/ascension-images%2Fposters>