



MMW - 4

Intensions for Ascension

All Workshops are recorded.

Outline

Ascension Information Covered in MMW – 4

Assertions for Transfusion into the Now
Growing Yourself
Intentions for Ascension
Development of Crystalline Organs, Glands, and Systems

Handouts

- Blessings of Freedom and Magic
- Complementary Body Systems
- Love Heals All Wounds
- Development of Crystalline Organs, Glands, and Systems
- Original Masculine and Feminine Blueprint
- Prayer vs Intent
- Shakti
- The Will Centers
- Transcendental Self
- Transmutation
- Energetic Bodies

Recording Exercise

Biological Record Keeper Exercise (Month 4)

<https://www.youtube.com/watch?v=uLpGuPO-eCg&list=PL8cZ9vqVXZZbrs-AATLMDDPMDuQOS69i&index=4>

About the Facilitator:

Shakinah is an author, spiritual channel, and global workshop presenter. As an international speaker and intuitive, Shakinah's workshops, Soul Purpose Sessions (SPS), and channeled messages have touched people's lives throughout the world.

In the same vein as Edgar Cayce, Shakinah channels her higher self, Altaria. In her books, *In the Beginning*, Volumes 1 and 2, she takes us on a historical journey that stretches back to the very beginning of time, to our Starseed origins and our planet's relationship with our star brothers and sisters. Shakinah helps to explain the current ascension process through her workshops and her books.

Through a humble and down-to-earth approach, Shakinah delivers teachings and messages of empowerment that bring to light the divine essence of one's sacred soul purpose and helps to make sense of the current ascension process. As founder of Helm Counseling, she acts as a guide and mentor for those seeking to find their soul's sacred purpose.

Your Ascension Books

https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs_p_pwh_rwt_cpsb_vgsr&storeType=ebooks

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