



**ASPW - 12**  
**Working**  
**with the**  
**Ancestors in Ascension**

*All Workshops are recorded.*

**Outline**

**Ascension Information Covered in ASPW – 12**

- Tapestry of ancestry
  - Generational ascension
  - Anchoring ancestors in present time
  - Ancestors and false gods
  - Third, fourth, and fifth dimensional life
  - Recovering records
  - Ancestors and knowledge
  - Compassion in action
  - Reunion of ancestors within
  - Working with the ancestors
  - Language of Light and herbs
  - Holographic biology
  - Conscious dream weaving
  - New Astrology
1. First, we will tour the tapestry of ancestry.
  2. Second, we explore generational ascension.
  3. Third, we traverse anchoring of the ancestors in present time.
  4. Fourth, we investigate the ancestors and false Gods.

5. Fifth, we expand upon the third, fourth, and fifth dimensions.
6. Sixth, we survey the recovering of records.
7. Seventh, we study the ancestors and knowledge.
8. Eighth, we inspect dream weaving.
9. Ninth, we examine compassion in action.
10. Tenth, we review reunion of ancestors within.
11. Eleventh, we consider working with the ancestors.
12. Twelve, we take stock of Holographic biology.
13. Thirteenth, we inquire into conscious dream weaving.
14. Fourteenth, we go into the new astrology.

### ***Handouts***

Human Archetypes and Archetypal Nature  
Accord of Rays  
Eighteen New Archetypes for all Humans of Ascension  
Holograms Throughout History  
Language of Light and Herbs  
Creating Complete Meals

### ***Meditation***

Advanced Intention for Ascension Exercise (Read by Asur'Ana)

<https://aligningwithearth.com/wp-content/uploads/2021/03/Advanced-Intentions-for-Ascension.mp3>

### **About the Facilitator:**

Dr. Shakinah's work in the spiritual and mental health communities has been an exciting 30 plus years. Her soul's purpose is to help others who are unearthing their soul's path and purpose. Shakinah's work includes psychotherapy, research, authoring books on Ascension, and presenting workshops to a worldwide audience. She is a spiritual intuitive and has been an empath her entire life. At age 23, she experienced a profound SE(y) that left her confused, hospitalized, and medicated. She rejected the western medical model of mental illness and began a spiritual quest to understand her experience and purpose. Her SE(y) experience led her to pursue meditation, ancient studies, work with spiritual teachers, and Holotropic breathwork

which have provided a deeper understanding of her Soul's Sacred purpose. Shakinah has continued to experience profound spiritual emergence experiences every ten years like clockwork. One of her most prized accomplishments is completing a dissertation research study on spiritual emergence (SE) to bridge the gap between Western medicine and Indigenous practices. This research supports the clinical community to understand better SE and spiritual emergency (SE(y)).

Dr. Shakinah began consciously channeling the Arcturians in 2019. The Arcturians are an advanced 'positive' alien race that helps humanity at this time of global Ascension.

Dr. Shakinah offers Soul Purpose Workshops (SPW) for those ready to work on their Soul's path and learn about the Ascension process.

### **Your Ascension Books**

[https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs\\_p\\_pwh\\_rwt\\_epsb\\_vgsr&storeType=ebooks](https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs_p_pwh_rwt_epsb_vgsr&storeType=ebooks)

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<https://shakinahray.com/ascension-images%2Fposters>