



Mapmaker Workshops (MMWs)

Exercises and Meditations

MMW-1 Inner Light and Sound Of God Meditation

<https://www.youtube.com/watch?v=K0mvHfkAcPo>

MMW-2 Our Beloved Terra/Earth

<https://www.youtube.com/watch?v=vKe53R7Irvq&t=2s>

MMW-3 Release of Nuclear Weaponry Exercise

<https://www.youtube.com/watch?v=m22Op7qSom4>

MMW-4 Biological Record Keeper Exercise

https://www.youtube.com/watch?v=_jgmaIL8L_M&t=4s

MMW-5 Key Words of Ckanton

<https://youtu.be/cHLdhJGkCMc>

MMW - 6

Blessings for Remembrance That You are the Creator

<https://www.youtube.com/watch?v=ox25ZFVTCos>

MMW-Bonus Opening to the Heart of the Tao Mediation

<https://www.youtube.com/watch?v=xFQ10qKw13c&t=10s>