



MMW – 3

The Elements Continued

All Workshops are recorded.

Outline

Ascension Information Covered in MMW – 3

Managing Your Grid Work and Biological Ascent
First Wave of Mapmakers
Ascending from the Top Down and Bottom Up
Grand Master Inheritance
Human Ascension and Loss of Body Level Consciousness
Imbalanced Elements and Etheric Languages
Atomic and Molecular Level Awareness
Earth Based Atoms
Karma and Imbalanced Elements
Elements and Language of Light

Handouts

- Environmental Toxins
- Intentions: Retrieving Body Level Consciousness
- Inverse Elements & Ascension
- Mahavishnu History
- The Mineral Kingdom and Ascension
- The Elements
- The New Elements Can Evolve
- Multidimensional Consciousness

Recording Exercise

Release of Nuclear Weaponry Exercise (Month 3)

<https://www.youtube.com/watch?v=m22Op7qSom4>

About the Facilitator:

Shakinah is an author, spiritual channel, and global workshop presenter. As an international speaker and intuitive, Shakinah's workshops, Soul Purpose Sessions (SPS), and channeled messages have touched people's lives throughout the world.

In the same vein as Edgar Cayce, Shakinah channels her higher self, Altaria. In her books, *In the Beginning*, Volumes 1 and 2, she takes us on a historical journey that stretches back to the very beginning of time, to our Starseed origins and our planet's relationship with our star brothers and sisters. Shakinah helps to explain the current ascension process through her workshops and her books.

Through a humble and down-to-earth approach, Shakinah delivers teachings and messages of empowerment that bring to light the divine essence of one's sacred soul purpose and helps to make sense of the current ascension process. As founder of Helm Counseling, she acts as a guide and mentor for those seeking to find their soul's sacred purpose.

Your Ascension Books

https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs_p_pwh_rwt_epsb_vgsr&storeTy pe=ebooks

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