



## ASPW – 9

### Crop Circles

*All Workshops are recorded.*

#### **Outline**

#### **Ascension Information Covered in ASPW - 9**

- What are crop circles?
  - What causes crop circles?
  - Examples of crop circle formations
  - Leaving the polarity cross behind
  - Holographic polarity wheel and ascension
1. First, we will tour the meaning of crop circles, the reason crop circles are formed, and how they are formed.
  2. Second, we explore the different patterns of crop circles.
  3. Third, we will better understand the Polarity Cross
  4. Lastly, we will learn about the Holographic Polarity Wheel and Ascension.

#### ***Handouts***

Crop Circle Images (jpeg) Found in the ASPW – 9 Recording Email.  
Fifteen Useful Assertions  
Introduction to Crop Circles  
Meditation for Abundance  
Meditation for Working with the Elements

#### ***Meditations***

Meditation for Working With the Elements

[https://www.youtube.com/watch?v=Fbv65vM\\_SpM&list=PL8cZ9vqVXZZbJCCWociOOs\\_nljLB0qOmm&index=18&t=103s](https://www.youtube.com/watch?v=Fbv65vM_SpM&list=PL8cZ9vqVXZZbJCCWociOOs_nljLB0qOmm&index=18&t=103s)

Meditation for Abundance

<https://www.youtube.com/watch?v=R8v5LWo5wVI>

### **About the Facilitators**

**MICHAEL FREEHAWK** is from the San Francisco Bay Area and has been a researcher for over 25 years and an experimenter for much longer. Starting as a child, Michael has had numerous experiences that range from sightings of craft in the skies, spirits and ghostly apparitions and paranormal activity. Michael has had firsthand experience within crop formations and is best known for his work on what came to be known as the Chandler Formation in Chandler, Arizona. Because of the Arizona Crop Formation, Michael had the pleasure of working in conjunction with well known researchers such as Linda Moulton Howe, Nancy Talbott, and the late Biophysicist Dr. William Leventov. As a result of Michael's discovery and research of the Chandler formation, he was invited to be a guest speaker at numerous engagements which includes Phoenix and Marin/Sonoma MUFON'S, Dr. Chet Snows "Signs of Destiny" conference and various radio shows and podcasts. He also went on to become a co-creator of the Phoenix Rising groups conference titled "Embracing Contact" in Scottsdale, Arizona and co-creator of Harmonic Wellness in Castro Valley, CA. You can find Michael FreeHawk on Facebook at <https://www.facebook.com/michael.polani>

**SHAKINAH** specializes in developing positive relationships with clients using mutual respect, trust, and transparency to assist you in getting to the place that you desire to be. She has worked in the clinical community for over 25 years. Dr. Shakinah has bachelor's degrees in sociology and human development, Masters' degrees in social service and counseling. In addition, she has a Doctorate in marriage and family therapy. Dr. Shakinah is a certified American Association of Marriage and Family Therapy supervisor. She is founder of Helm Counseling and has facilitated psychotherapy groups for over 25 years. Dr. Shakinah is an author, researcher, and a scholar.

### **Your Ascension Books**

[https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs\\_p\\_pwh\\_rwt\\_cpsb\\_vgsr&storeType=ebooks](https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs_p_pwh_rwt_cpsb_vgsr&storeType=ebooks)

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