



ASPW – 1

The Golden Age of Light

All Workshops are recorded.

Outline

Ascension Information Covered in ASPW-1

Part I

Soul Purpose Work Through Exploration of the Mind

First, we will take a tour of our inner landscape through multidimensional thought form.

Second, we investigate the mixing of incompatible energy signatures leading to biological distortion.

Third, we expand upon distortion and separation.

Fourth, we traverse the 5D world.

Fifth, we will look at removing time delay.

Sixth, we inspect the integration polarities.

Part II

Manifestation and Full Ascension the Ego, Soul, and Monad

Seventh, we will study creative power.

Eight, we focus on calling forth our ancestors.

Ninth, we comprehend greater freedom, honor, and internal mastery through ascension.

Handouts

About the Light and Dark Earth Dream
Handout on Meditation
The Act of Intention
The Red Nation History

Recording Exercise

Our Mother Earth

<https://www.youtube.com/watch?v=SnFAblC0Cfw&t=3s>

Meditation

Prescription for Manifestation (Read by Asur'Ana)

<https://aligningwithearth.com/wp-content/uploads/2021/02/Prescription-for-Manifestation.mp3>

About the Facilitator:

Shakinah, is an author, spiritual channel, and global workshop presenter. As an international speaker and intuitive, Shakinah's workshops, Soul Purpose Sessions (SPS), and channeled messages have touched people's lives throughout the world.

In the same vein as Edgar Cayce, Shakinah channels her higher self, Altaria. In her books, In the Beginning, Volumes 1 and 2, she takes us on a historical journey that stretches back to the very beginning of time, to our Starseed origins and our planet's relationship with our star brothers and sisters. Shakinah helps to explain the current ascension process through her workshops and her books.

Through a humble and down-to-earth approach, Shakinah delivers teachings and messages of empowerment that bring to light the divine essence of one's sacred soul purpose and helps to make sense of the current ascension process. As founder of Helm Counseling, she acts as a guide and mentor for those seeking to find their soul's sacred purpose.

Your Ascension Books

https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs_p_pwh_rwt_cpsb_vgsr&storeType=ebooks

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