



## **ASPW – 3**

### **Your Next Step**

*All Workshops are recorded.*

#### **Outline**

#### **Ascension Information Covered in ASPW-3**

##### **Part I**

- **Divine blueprint and soul**
- **The core settles on Earth**
- **The akashic records**
- **Understanding our soul's journey**
- **Stepping into our highest truth and integrity**
- **The incoming children**

##### **Part II**

- **The crystalline form**
- **The initiation processes**
- **Mindset development**
- **Language of light tones of creation**
- **Dream weaving**

#### ***Handouts***

Language of Light Tri Tones 97 - 136

Language of Light and Language of ONE  
Meditation for Synthesis

### ***Mediation***

Meditation for Synthesis

<https://www.youtube.com/watch?v=eAxYMvE2xa0&t=7s>

### **About the Facilitator:**

Dr. Shakinah S. Judah (Spiritual Psychotherapist) is a researcher, scholar, and author who has worked in the spiritual and mental health fields for over 25 years. She is a spiritual intuitive and has been an empath her entire life. At age 23, Dr. Shakinah experienced a profound spiritual emergence(y) leaving her confused, hospitalized, and medicated. She rejected the western medical model of mental illness and began a spiritual quest to understand her experience and its purpose. This experience led her to pursue meditation, ancient studies, and work with spiritual teachers which have provided a deeper understanding of her Soul's Sacred purpose. Dr. Shakinah has continued to experience profound spiritual emergence experiences every ten years like clockwork. Dr. Shakinah presented a dissertation research study on spiritual emergence in an attempt to bridge the gap between Western medicine and Indigenous practices for supporting an individual's soul growth and purpose.



### **Your Ascension Books**

[https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs\\_p\\_pwh\\_rwt\\_cpsb\\_vgsr&storeType=ebooks](https://www.amazon.com/gp/product/B0D3BS92H6?ref=dbs_p_pwh_rwt_cpsb_vgsr&storeType=ebooks)

### **Your Images and Posters**

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