



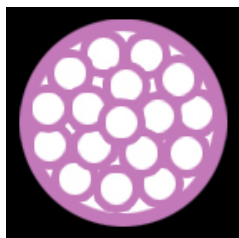
Language of Light (First 48 Glyphs) and Herbs



1. FORGIVENESS

Herb: Echinacea Purpurea

Echinacea Purpurea assists initiates in releasing cellular trauma during the transmutative process of ascension. In essence, this herb assists initiates in the act of biological forgiveness. Cellular trauma is recorded in a particular biochemistry that is often related to viruses and disease. As such trauma is released, it is not unusual for some initiates to become ill or feel ill. Echinacea will assist in boosting the immune systems at such times for a more rapid biological transcendence through the trauma.



2. STRUCTURE

Herb: Saw Palmetto

Saw Palmetto will assist initiates in ascending into a new structure upon a biological level, which is crystalline. Saw Palmetto assists with the transmutative process during which the cell recomposes itself into a new genetic structure. In a deep way, Saw Palmetto is acting as a bridge to assure that the new crystalline genetic structure becomes physical in the act of biological ascension. Those who have difficulty bringing the ascension into the physical may therefore call upon our kingdom for support or ingest our herb if one is so guided from within.



3. POWER

Herb: Ginger

Ginger assists initiates in increasing the metabolism of the digestion and cells in the act of ascension. Ascension requires that crystalline cells continue to consume more and more sugar as the entire form moves up in vibration. Ginger will trigger the cells to consume more so that one's biology may continue to ascend. Ginger is a good tonic herb that can be added to the diet daily if desired.



4. COMPASSION

Herb: Chamomile

Chamomile assists in opening the heart and processing the pain inherent in ascension to a biological level. Chamomile will comfort initiates in one's deepest moments of seeming darkness that one is transcending. In the biology, pain is associated with toxic substances one is releasing. Chamomile will attach to such substances and assist them in being removed through the waste management systems in ascension. Chamomile is a good tonic herb to have daily if desired.



5. BREATH OF LIFE

Herb: Feverfew

Feverfew will assist initiates in learning to breathe deeply to collect the oxygen required by an ascending crystalline form to subsist, and to continue to ascend. Conscious breath is an autonomic nervous system function that was long lost in the fall of humankind. Feverfew will also assist in the return of the biological mechanism and the repair of the brain stem so that ascending initiates will experience an ongoing ability to consciously breathe. For those who experience shortness of breath, one may call upon our kingdom for support, or may ingest the herb if so, guided from within.



6. NON-CONDITIONAL LOVE

Herb: Nettle

Nettle will assist initiates in transcending the ownership patterning that leads to attachment upon a biological level. Biological ownership is equated to certain “toxic” biochemical substances that cause a density of form and a lower vibration due to an ongoing loss of chi upon a molecular level. Nettle assists in clearing out such substances so that one no longer loses chi and may ascend upwards in biological vibration. If one has been exposed to toxic chemicals in one’s life prior to ascension, one may call upon our kingdom for support; or one may ingest the herb as one is so, guided from within.





7. FREEDOM

Herb: Lobelia

Lobelia assists initiates in transcending biological level slavery. Each is enslaved in the seeming requirement to provide enough to subsist; so much so that it is a deep-seated fear that one may not have enough. Lobelia assists ascending initiates in releasing the fear of not having enough, allowing balanced giving, and receiving to become the new foundation one ascends into, after which there is always enough. Upon a cellular level, Lobelia assists with proper distribution of blood sugar making sure all cells within the crystalline form are fed. If one is having difficulty with portions of the form failing to develop or that have lost development one had previously ascended into, one may call upon our kingdom; or ingest the herb as one is so guided from within.

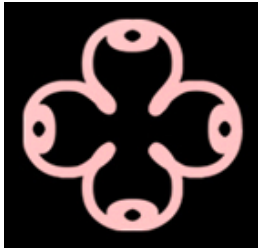


8. DIVINE UNION

Herb: Evening Primrose

Evening Primrose will assist initiates in releasing the biological fear of separation. Separation is a biological phenomenon in which entire cells or organs may be cut off from communication with the rest of the form due to decay or disease. Evening primrose allows all parts of the form to learn to communicate and relate to one another again in ascension. If one has a part of the form

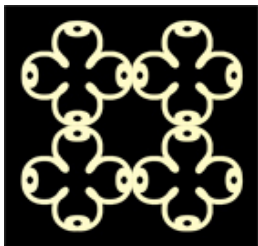
that is failing to become crystalline, one may call upon our kingdom for assistance; or ingest the herb if one is so guided from within.



9. UNITY CONSCIOUSNESS

Herb: Angelica

Angelica assists ascending initiates in the redistribution of resources upon a biological level so that all cells receive enough sugar, water, and oxygen to subsist; along with the amino acids, lipids or minerals required to transmute to the crystalline form. In essence, Angelica assists initiates in embodying unity consciousness biology. If one is having difficulty with certain cells embracing the unity blueprint, one may call upon our kingdom; or ingest the herb if one is so guided from within.



10. NON-CONDITIONAL GOVERNANCE

Herb: Lady's Mantle

Lady's Mantle will assist ascending initiates in the development of the thymus gland and the pituitary gland. The thymus is a master gland that handles all autonomic functions of the form, including blood flow, blood pressure, waste management, and cellular metabolism. The pituitary is the master ascension gland that develops 1,000 nodes over time, each of which is necessary to the ascent of the entire form. If one is having difficulty in the proper development of the thymus or pituitary in ascension, one may call upon our kingdom, or ingest the herb if one is so guided from within.



11. JURISDICTION

Herb: Red Clover

Red Clover assists each organ in assuming the function that it is required to do to support a crystalline cellular structure. Red Clover assists in anchoring the blueprint for the unity-based system for an organ by organ, gland by gland set of instructions. Those who are having difficulty with a particular organ or gland in ascension may therefore call upon our kingdom or ingest the herb if one is so guided from within.





12. HOPE

Herb: Skullcap

Skullcap assists with balancing the hormones associated with the nervous system and brain so that ascending initiates may maintain the right amounts of all substances required to ascend. Often times depression is a biological issue in which the biochemistry in the nervous system is off causing either highs or lows of an emotional sense. Skullcap strives to balance the chemistry so that one remains in a greater level of inner peace in ascension. If one feels depressed, call upon our kingdom and if guided, ingest the herb for a time.



13. PEACE

Herb: Chaparral

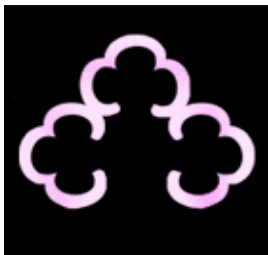
Chaparral assists initiates in ascending into biological peace. Biological peace can be equated with a system that is free of viruses and agents that destroy the biology. Chaparral assists in transmuting all viruses and bacteria harmful into agents that either support ascension or are pushed out of the system through the waste management functions. If one is overrun with an infection in ascension, call upon our species or ingest the herb if one is so called from within.



14. ABUNDANCE

Herb: Comfrey

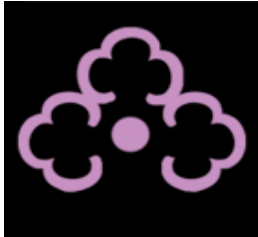
Comfrey assists in the balance of chi and electrolytes required in the form any given day, week, or month of ascension. Upon an energetic level, Comfrey assists in assuring that there is chi running through all channels and will assist in unblocking unstuck meridians. Upon a biological level, Comfrey assures that there are the proper salts in the system to assure adequate lubrication and non-dehydration. If one finds oneself lacking in chi, call upon our kingdom, or take the herb if guided from within.



15. PROSPERITY

Herb: Urva Ursi

Urva Ursi assists initiates with releasing excessive fluids and salt no longer required by the emerging crystalline cellular structure. Urva Ursi also assists in the release of toxic substances through the urine, and in the regeneration of the bladder and kidneys of the form. Upon an emotional level, Urva Ursi assists initiates in letting go of the past and embracing the new foundation that ascension brings. If having trouble letting go, or difficulty with the bladder or kidneys in ascension, call upon our kingdom, or ingest the herb if one is so guided from within.



16. MAGNITUDE

Herb: Yarrow

Yarrow assists ascending initiates in anchoring the ascension blueprint for the entire form from one's ancient red ancestry. Each initiate has a history in one's ancestry of a crystalline form; it is the purpose of yarrow to assist in uncovering and decoding this blueprint making it available to those who are ascending at this time in history. If one is having difficulty with one's overall ascension grid work, call upon our kingdom or ingest the herb if so, called from within.



17. INTUITION

Herb: Horse Chestnut

Horse Chestnut assists ascending initiates in opening to the dreamtime realities that surround oneself. Upon a biological level, such an opening is created through a particular set of nodes upon the pineal gland which as they develop, augment one's sensory perception. One may call upon our kingdom to support the opening to the nonphysical realities, or one may ingest the herb to support the development of this particular part of the brain in ascension.



18. FUNCTION

Herb: Osha

Osha assists initiates in standing in the truth that one's ascension translates into within the physical life dance. Upon a biological level, Osha supports the ascension into one's biological truth from one's ancient red ancestry. Each initiate has a unique truth, and this translates into a particular bandwidth of vibration that is expressed energetically as well as within the biological organism. If one is having difficulty discerning one's truth, call upon our kingdom or ingest the herb if one is so, called from within.





19. PERSEVERANCE

Herb: Vitex

Vitex assists initiates in pushing forward in the continuous biological transmutation process of ascension. Ascension requires a certain stamina that is cellular and physical, and vitex will assist in revitalizing the system so that one does not cease moving forward in any given phase of ascension. Upon an emotional level, Vitex will assist in the reparation of the will centers, including the will to ascend. Call upon our kingdom if one feels that they have lost the will to live, or ingest the herb if so, guided from within.



20. STEALTH

Herb: Astragalus

Astragalus assists the ascending initiate in holding one's boundaries so that one may continue to ascend. Upon a biological level, boundaries equate to the division of form between ascended and non-ascended portions of the form that remain in decay or scar tissue. Such portions of form are separated off until they can ascend so that they do not cause deterioration of the whole. Viruses and other toxic substances are quarantined so that they do minimal damage. This Astragalus assists with, and if one finds oneself in need of support in holding one's boundaries, call upon our kingdom, or ingest the herb if so, guided from within.



21. CONSCIOUSNESS

Herb: Devil's Claw

Devil's Claw assists ascending initiates in awakening non-crystalline cells so that they may ascend into a new blueprint. In a sense, our kingdom supports the return of consciousness that is cellular and biological in nature to all ascending species at this time in history. If one is having difficulty ascending a particular part of the form, call upon our species for support, or ingest the herb as one is so guided from within.



22. INTERNAL

Herb: Bloodroot

Bloodroot assists initiates in learning to consciously dream and access dreamtime so that one develops an internal relationship with one's inner allies. Bloodroot will also assist the body in entering a deep sleep state to rest. Ascending bodies require rest for the purposes of regeneration. As the consciousness retracts, the body may realign without the confines of the persona and the stress of one's daily life. If one requires rest or desires to open to dreamtime, call upon our kingdom, or ingest the herb if one is so called from within.



23. EXTERNAL

Herb: Oregon Grape Root

Oregon Grape Root assists in balancing the busy outer activities with the internal need to spiritual quest upon the path of ascension. Upon a biological level, Oregon Grape Root assists in the metabolism of oxygen into all cells, but in particular into the nervous system and brain. Oxygen deprivation is one manner that humanity lost consciousness long ago; and therefore, it is our species purpose to assist in the assimilation and transportation of oxygen to all parts of the ascending body. If one feels oxygen deprived or in other terms tired, or mentally drained, call upon our kingdom or ingest the herb if so, called from within.





24. ONENESS

Herb: Lady's Slipper

Lady's Slipper will assist initiates in experiencing the joy and communion between body, soul, and earth, and with the nature kingdoms including the plant, animal, and mineral species. Upon a biological level, Lady's Slipper will assist in assuring that there are enough minerals to all parts of the form requiring such to sustain the cell life or ascend the region of the form. If one is having difficulties with the ascending bone structure or bone marrow, Lady's Slipper can assist. Call upon our kingdom or ingest the herb if one is so called from within.



25. TRUTH

Herb: Corydalis

Corydalis assists ascending initiates in separating from others so that one can more greatly discern one's own truth on the path of ascension. Upon a biological level, Corydalis will assist the immune system in developing to produce all 18 forms of white blood cells required to support a crystalline form. If having problems with the development of the immune system in ascension, call upon our species or ingest the herb if guided from within.



26. ACTION

Herb: Blue Cohosh

Blue Cohosh assists initiates in taking action to bring about change in the life dance that supports ascension. Upon a biological level, Blue Cohosh assists with the elimination of wastes through the intestinal tract, and the development of an ascending digestive system and waste management system. If one is having difficulty eliminating, embracing change, or letting go, call upon our kingdom or ingest the herb if so, called from within.



27. FLUIDITY

Herb: Aloe Vera

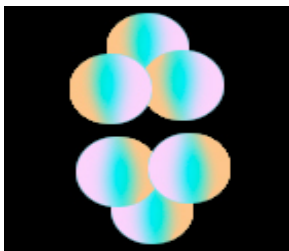
Aloe Vera assists initiates in becoming fluid in their life dance, dancing only with those that serve one's ascent in any given interlude or exchange. Upon a biological level, Aloe Vera assists in the development of mucous like substances that allow for fluidity of movement throughout the ascending biology; whether that movement be food through the digestive system; fluid through the veins and arteries or lymph; or fluid that suspends the brain in the cranial cavity. If one is having difficulty with fluidity, call upon our kingdom or ingest the herb if so, guided from within.



28. PURPOSE

Herb: Shepherd's Purse

Shepherd's Purse will assist initiates in staying on track in the purpose that one has taken form to fulfill upon. Upon a biological level, Shepherd's Purse will assist in the development of the spleen and develop marrow to produce crystalline blood and all components therein. Crystalline blood has a different biochemical structure that is far more efficient at carrying agents either to feed the cellular structure or toxins to be disposed of either through the pores of the skin or the waste management systems of the form. If one is having difficulty with one's blood in ascension, call upon our kingdom or ingest the herb as one is so, guided from within.

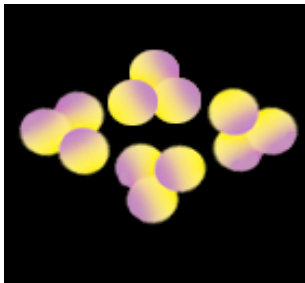




29. INTEGRITY

Herb: Burdock

Burdock will assist initiates in learning to operate in integrity with one's truth as an ascending being. Upon a physical level, Burdock assists with the assimilation of nutrients through the intestinal tract, and the development of a vegetarian tract for those species that consume flesh at this time in history. The ascending intestinal tract has stronger enzymes that are secreted in small pockets to assure that food is adequately broken down and the nutrients therein absorbed. Call upon us if one is having digestive problems or take the herb if so, guided from within.



30. BALANCE

Herb: Milk Thistle

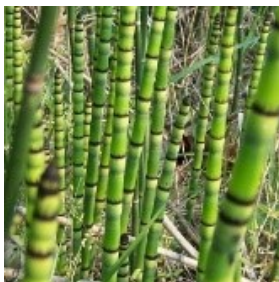
Milk Thistle will assist initiates in remaining in balance in the dance of life. Upon a biological level, Milk Thistle assists in balancing the ratios of fat to protein to mineral to sugar required to hold a crystalline form together, and through the process of ascension. For those who tend to gain too much weight or fat, or not expand enough in ascension, our kingdom can assist in coming to balance so that one holds one's vibration in ease. Call upon our kingdom or ingest the herb as one is so, guided from within.



31. HONOR

Herb: Chickweed

Chickweed will assist initiates in learning to honor oneself and all others in the dance of life. Upon a biological level, chickweed assists the ascending form coming to a state of biological honor, in which each cell, each gland, each organ and each system receives what is required to be sustained and continue to ascend. If one finds that portions of the form are deprived, call upon our kingdom for support, or ingest the herb if so, guided from within.



32. DREAM

Herb: Horsetail

Horsetail assists initiates in learning to consciously dream weave or intend their heart's desire. Upon a biological level, horsetail assists with the stepping down of one's biological dream for ascension into physicality. The form is a giant receptor for a dream that steps down into form; horsetail assures that the dream for one's ascension stepsdown into physicality each step of the way. If one is having difficulty manifesting one's dream for biological ascension, call upon our kingdom, or ingest the herb if so, guided from within.



33. ILLUSION

Herb: Poke Root

Poke Root will assist initiates in lifting the veils of illusion so that one may more clearly see the truth of the matter. Upon a biological level, Poke Root assists in the detoxification of mucous that gums up the ascending form. An ascending form is continuously releasing mucous filled with unneeded substances in the new genetic structure. If the mucous builds up too much, disease or cancer can be the result instead of ascension. If one finds oneself filled with too much mucous at any point in ascension, call upon our kingdom or ingest the herb if so, called from within.





34. PASSION

Herb: Passionflower

Passionflower will assist initiates in discovering their passion for life. Upon a biological level, passionflower assists with the development of the crystalline nervous system. The crystalline nervous system is a different biochemical formation that runs not upon epinephrine or norepinephrine which gives the flight or fright response or feeling prior to ascension. The crystalline nervous system is far more relaxed and at ease, more akin to how one feels after a runner's high or after consuming chocolate; alert, energized but relaxed. There are many stages of nervous system development, and sometimes nerves will spasm causing back aches. Call upon our kingdom at such times or ingest the herbs as one is so guided from within.



35. CREATIVITY

Herb: Motherwort (Bellwort)

Motherwort will assist initiates in the movement of the creative energy to assist one's dream in stepping down into form. Upon a physical level, Motherwort will assist with the transcription of the DNA into physicality. If there are distortions in the DNA, Motherwort will assist in uncovering the karmic cause of the distortion, and then rectify it. If one is having difficulty with

a portion of their genetic encoding for ascension, call upon our kingdom, or ingest the herb if one is so guided from within.



36. SEXUAL ENERGY

Herb: Wild Yam

Wild Yam will assist initiates in owning their sexual energy flow and kundalini energy system necessary to the act of ascension. Upon a biological level, Wild Yam assists with the assimilation of the element of fire. Fire flows freely through the meridians from Mother Earth feeding the cells with the chi necessary to assist. Fire also flows from each cell which in the act of cell metabolism creates fire that contributes to the vibration of the whole. Wild Yam assists in the management of fire so that all cells within the form are warmed. If one has issues with fire or sexual wounds from the past, call upon our kingdom for support, or ingest the herb if one is so, called from within.





37. FRIENDSHIP

Herb: Cascara Sagrada

Cascara Sagrada will assist initiates in allowing the friends to come and go in the dance of life within ascension. Upon a physical level, Cascara Sagrada will assist with the elimination of the waste management systems, and in particular the large intestine. In ascension, it is important to keep the bowels moving so that the toxins do not build up slowing down the process of ascension. If one is constipated, call upon our kingdom or ingest the herb if one is so guided from within.



38. COMMUNION

Herb: Sorrel

Sorrel will assist initiates in learning to commune with soul, Earth and nature for guidance and healing. Upon a biological level, Sorrel assists with cellular communication. There is an intricate modality of cellular communication that is biochemical in nature. Such biochemical communication develops and is managed by the thymus and pituitary glands and includes messages to increase or decrease the metabolism along with when to produce more blood cells or varying kinds, along with a host of chemistry required for neural function along with limbic function. If one is having difficulty with communication upon a biological level, call upon our kingdom for support or ingest the herb if so, guided from within.



39. DANCE OF LIFE

Herb: Valerian Root

Valerian Root will assist one in embracing one's life dance in the moment and as it is. Upon a biological level, Valerian Root assists in the relaxation of the muscular structure so that the structure and function of all body parts is sustained. If one is having muscle spasms in ascension, or feels stressed, call upon our kingdom or ingest the herb if one is so guided from within.



40. COMMUNITY

Herb: Black Cohosh

Black Cohosh will assist humans in supporting the greater good of the whole in attempting to build community with one another. Upon a biological level, Black Cohosh assists with all parts of the form sustaining their particular function in contribution to the whole, plus the orchestration of the whole into a symbiotic set of relationships that sustain the life, health, and well-being of the ascending form. If one finds oneself ascending into disease, call upon our kingdom and ingest the herb if one is so, called from within.



41. HONESTY

Herb: Alum Root

Alum Root will assist initiates in honest communication without pretenses or masks, and in learning to love oneself as one is in the moment. Upon a biological level, Alum Root assists in the dismantling of old systems and the movement into new systems that support the form in entering the regenerative paradigm. Alum Root is directly involved in the new systems, such as the Joy Hormonal system development in ascending forms. If one is having difficulty with the new systems, organs and glands manifesting in ascension, call upon our kingdom or ingest the herb if guided from within.





42. COMMUNICATION

Herb: Hops

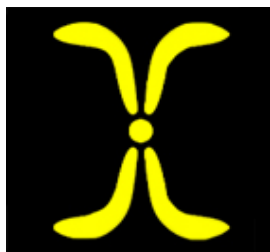
Hops assists initiates in learning to communicate with one another and one's guidance in ascension. Upon a biological level, Hops assists in the development of 18 nodes in the nervous system that allow for greater sensitivity to the etheric body. As initiates become more sensitive to the etheric, one can detect blockages long before they manifest in the physical by choosing to clear the associated karma. Call upon our kingdom if one has difficulty sensing the etheric body, or take the herb if so, guided from within.



43. UNSEEN WORLDS

Herb: Cramp Bark

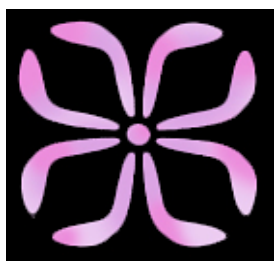
Cramp Bark will assist initiates in opening to communicate with the unseen worlds around oneself. Upon a biological level, Cramp Bark assists with the regeneration of the reproductive systems which evolve to produce many new hormones necessary to regenerate the cellular structure and youth the form. If one finds oneself aging rather than de-aging in ascension, call upon our kingdom for support or take the herb if so, guided from within.



44. UNSPOKEN WORLDS

Herb: Datura

Datura assists initiates in translating one's current language into the Language of Light so that all species may understand oneself. Upon a biological level, Datura assists in the development of command hormones that instruct the various systems within the form to a more greatly refined degree necessary for a regenerative biology. If one is having difficulty with a particular system within the ascending biology of the form, call upon our kingdom for assistance, or take the herb if so, guided from within.



45. UNDERWATER WORLDS

Herb: Flax

Flax assists in lubricating the form with the necessary fats that suspend movement through the various systems within the form. There are 18 forms of fat in a crystalline structure, and each performs a different modality of lubrication necessary to the sustenance of the whole. Flax assists in anchoring the blueprint for all forms of crystalline lipids and then assuring that there is enough of each to retain lubrication throughout the form. If one is having difficulty with lubrication in ascension, which may be symptomatic with dry skin, call upon our kingdom or ingest the herb if so, guided from within.



46. LAND BASED WORLDS

Herb: Echinacea

Echinacea assists the ascending form in the development of the crystalline immune system. The crystalline immune system is a more complex structure of 18 forms of white blood cells, each of which has the capacity to destroy and consume various toxic substances from waste matter to viruses to bacteria that would destroy the form otherwise. If one is having difficulty with the development of the immune system in ascension, call upon our kingdom or ingest the herb as one is so called from within.





47. HUMAN SPECIES

Herb: Goldenseal

Goldenseal assists the human ascending blueprint to find its truth and resonance within the new consensus of ascension of all other humans. Each human holds a particular truth that supports the ascent of the entire human species; it is the purpose of goldenseal to assist humans in ascending into their biological truth in relation to the interrelationships to all others of one's species. In essence, goldenseal is also assisting with the reconstruction of holographic knowledge and truth that shall one day be shared amongst all humans. If one is finding difficulty in finding one's place in the ascent of the whole, then call upon our kingdom for support.



48. GOD GODDESS/ALL THAT IS

Herb: St. John's Wort

Saint John's Wort assists humans in understanding their role as god goddess in form, and in the greater dance as a member of the consensus known as Earth. In essence, St. John's Wort assists humans in finding their truth in relationship to all other species upon Earth, and in releasing

inter-species karma that one may have acquired over time and in one's history and ancestry. If one finds it difficult to commune with other species, then call upon our kingdom for support, or ingest the herb if guided from within.