



ASPW -2

Exercise with Silver and Gold Tones of Creation Utilizing Cancellation to Clear Karma Meditation for Conscious Recasting

We will start with the silver and gold tones of creation exercise.

To begin, crosscheck for missing Language of Light tones and retrieve them while releasing the karma with those who took them.

Now release the cords of attachment that one is ready to release in the act of synthesis.

Fill each of your small chakras and grid work with a combination of gold and silver tones best suited to your new astrology sign.

You may simply intend to allow your dragon soul and source to determine the best combination.

Now fill the larger chakras with a combination of gold and silver, including the first through seventh or twelfth chakras (those who are ascending beyond 3,000 segments, five additional chakras gradually open).

Now balance the left and right side of the form, filling the left or feminine side with gold tones and the right or masculine side with silver tones.

Balance the right and left sides of the field so that they hold the same amount of chi and are the same size.

Now fill all four subtle bodies with the gold and silver tones.

Add silver tones to the mental and creative bodies and gold tones to the intuitive and emotional bodies, balancing all four bodies with even amounts of chi so that they are the same size.

Now fill the larger chakras in your auric field with the gold and silver tones as your source determines appropriate.

You will find that the gold and silver assists in more greatly unifying your field.

However, you may also then become aware of schism that you previously skipped over in your ascent.

As this occurs, simply intend to integrate the schisms during dreamtime.

Utilizing Cancellation to Clear Karma

The gold and silver planes are “mirrors” through which one may cancel karma now that they are available again surrounding Earth.

Cancellation of karma occurs generally in the act of recasting for most ascending initiates and while one is asleep.

However, now that the gold and silver planes are available in dreamtime; one can be recast while in meditation and while conscious.

In so doing, one can increase the pace of their ascent by doing what one was previously restricted to do at night and in dreamtime while asleep.

Up until now, one would travel holographically to a temple that would provide the mirrors.

Now one can sit quietly in meditation and call a gold mirror in front of oneself and a silver behind oneself.

One can utilize such mirrors to allow ancestral karma to be cleared while awake.

One can utilize the simple meditation provided next as suggested to augment your ascension.

Meditation for Conscious Recasting

Sit quietly with your eyes closed.

Synthesize and anchor the gold and silver tones of creation and all chakras.

Dr. S. Judah, 2023

Imagine in front of yourself a golden mirror and behind yourself a silver mirror.

Request that all ancestors that you have karma with founded upon a particular thoughtform to stand in front of you in the golden mirror.

Next, request that all ancestors that have the opposite karma founded upon the same thoughtform to stand behind you in the silver mirror.

When you are ready, push the two mirrors together canceling the two sets of ancestors out entirely. You will notice that the ancestors disappear in the process.

In so doing, all karma is erased that is related to whatever thoughtform that you are working upon transcending in the moment.

Repeat steps 3 through 5 with the next layer of karma and thoughtforms you are transcending, until there are no further ancestors available.

As all ancestors are cleared of their karma, invite them to merge with you, blending their knowledge and experience with your continued life dance.

Any ancestors that fail to disappear as the two mirrors are pushed together are not your own ancestors or may be ascended master souls pretending to be your ancestors.

We suggest that you send such fake ancestors to the Aurora and source of Earth for examination.