



ASPW – 7

Subtle Bodies

All Workshops are recorded.

Outline

Ascension Information Covered in ASPW - 7

- Ascension as a viable Dream
- The subtle bodies and Etheric body
- New chakra systems and Initiations
- Moving out the belief in enemies
- Biological honor and transcending self-sacrifice
- Full consciousness
- Transcending codependence
- Group dynamics
- False Gods

Handouts

Changes in the Ascending Field in the Ascent to Bodhisattva

Commands for Ascension

Everyday Blessing Meditation

Muscle Testing

The Act of Intention

Meditation

Everyday Blessings Meditation

About Dr. Shakinah:

Dr. S. Judah, 2023

Dr. Shakinah (Spiritual Psychotherapist) is a 55-year-old mother and grandmother living in California. She works as a licensed psychotherapist, offering Soul Purpose Sessions (SPS), Sound Healing Sessions (SHS), and Soul Purpose Workshops (SPW) to enthusiastic participants. Her first and second books are written utilizing the transcripts of her transcribed verbatim communications with her higher self and the Arcturians through channeling (clairaudience/telepathy). She is gently guided by her starseed family, the angelic realm, and the Arcturians during the writing of these Memoirs.

Dr. Shakinah is the author of *The Clinicians Guide to Spiritual Emergence*. The *Clinicians Guide to Spiritual Emergence* supports clinicians' working with the spiritually emergent. A spiritual emergent individual is in a state of being where their vision of the world and their relationship to it, are being transformed. The experience of spiritual emergence (SE) may bring a sense of clarity, revelation, and well-being in which one becomes more aware of a deeper (or higher) level of reality, leading to a sense of harmony and meaning, which allows an individual to transcend their normal sense of separations from the world.