



ASPW - 8

**Meditation
to
Meet Your Personal Ancestral
Council of Twelve**

Each human is to receive an Ancestral Council of Twelve to guide the dream towards completion of karma or ascension ahead. The Council of Twelve is made up of ancestors that held ascension information or key karma in their given lifetimes.

As karma is settled, or the information from the lifetime retrieved, the members of each council shall shift and change.

Of the twelve, two are larger headed humans or Ancient Ones that are choosing to aid in overseeing the overall dance of ascension ahead.

Each may call upon their Ancestral Council of Twelve for guidance and support in the continued path of ascension ahead.

Now we begin our meditation.

You may wish to light some incense and or a candle, dim the lights and play some beautiful acoustic music in the background.

Sit back in a comfortable chair, feet flat upon the ground and uncrossed.

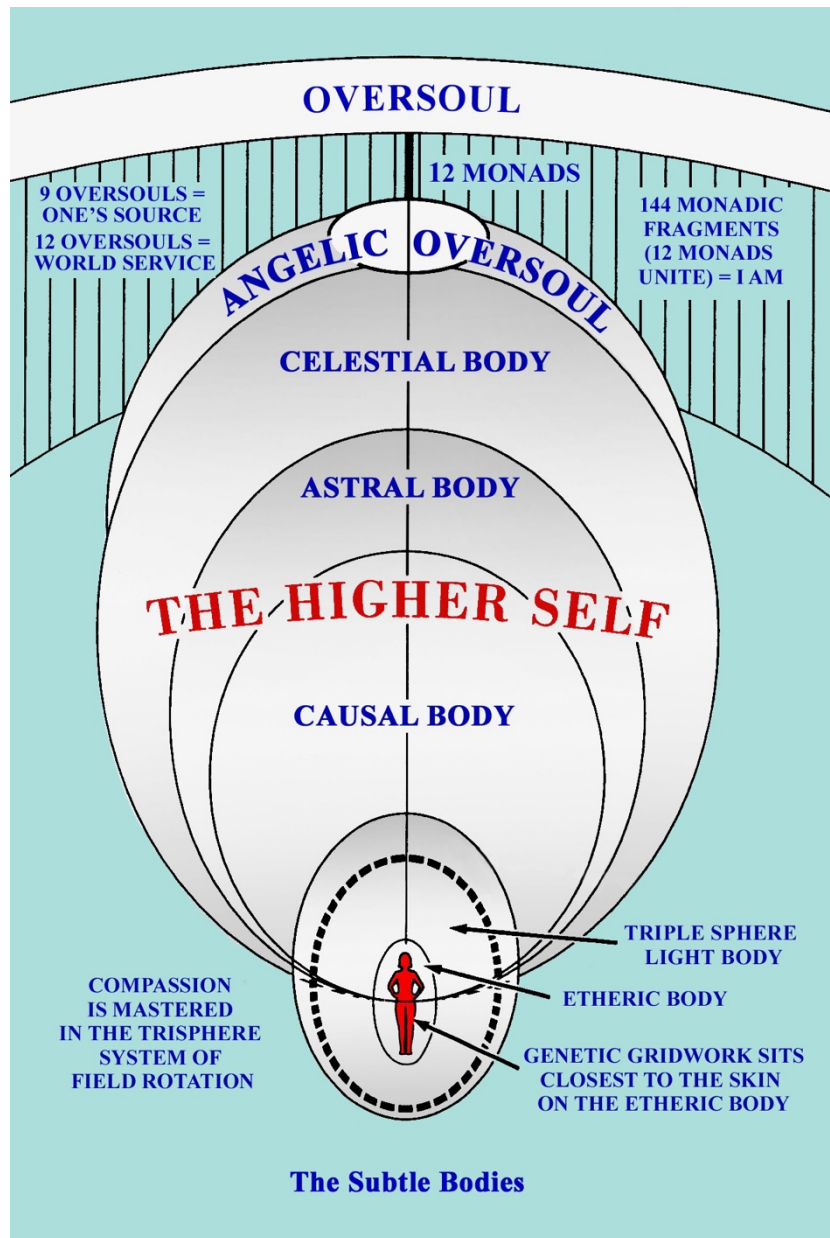
Take a deep breath slowly inhaling and exhaling.

Now imagine a large tree growing in the center of your room with you in the middle of the trunk.

This is the Pine Tree Kingdom that has agreed to support the ancestors in connecting with all humans incarnate today.

Allow yourself to connect to the Aurora sprouting roots that grow deep into Earth's core.

Allow the branches above you to rise high to your Oversoul. See image below for image of the higher self.



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Take a deep breath slowly inhaling and exhaling.

Allow yourself to come fully into present time with all chakras aligned above and beneath you.

Now allow the tree surrounding you to dissipate that which is not your own, allowing it to rise through the branches and through the roots going back to whomever it belongs to.

Allow that which is your own to flow back to you through the tree kingdom from wherever you have left it.

Take a deep breath slowly inhaling and exhaling.

Now come to the center of yourself. You are a unique truth, a budding lotus in human form.

If you can, sink deep into your heart opening to your human hologram and your own personal library of knowledge within.

If the hologram in the heart appears a closed door at this time, follow the roots of the tree to the Aurora and into a temple that is purely for your own information to be gathered, understood, recast, and reunited into greater wholeness.

Take a deep breath slowly inhaling and exhaling.

There is a lovely space within your temple that is only for you to visit.

For some this may appear as a beautifully furnished room with fireplace, or a cave of magnificent crystals, or a beachside gazebo, or any one of a million possibilities that is a reflection of a place that gives you comfort and allows for your healing within.

This is your golden space or golden room for healing, beloved.

Take a deep breath slowly inhaling and exhaling.

Sit in your golden space and allow yourself to be surrounded by your council of twelve ancestors now. Allow the ancestors to sit and begin to present themselves one by one.

Take a deep breath slowly inhaling and exhaling.

The first ancestor steps forward now.

This ancestor will hold significant karma that you are working upon since your birth in order to fulfill upon your agreements to ascend this lifetime.

Allow this ancestor to present him or herself and share a little about their lifetime experiences and karma associated that you are clearing in this lifetime.

Take a moment to acknowledge this ancestor. Intend to complete with the karma that they are sharing in your ascent ahead.

Take a deep breath slowly inhaling and exhaling.

The second ancestor steps forward now.

This ancestor will hold key records you require to fulfill upon your ascension in this lifetime.

Allow this ancestor to present him or herself and share with you a little about the records that they hold.

Take a moment to acknowledge this ancestor. Intend to retrieve the records from this lifetime in support of your ascent ahead.

Take a deep breath slowly inhaling and exhaling.

The third ancestor steps forward now.

This ancestor will hold key karma that you are working upon in your current phase of ascension.

Allow this ancestor to present him or herself. Allow this ancestor to share about the karma and experiences that they had when they were alive.

Take a moment to acknowledge this ancestor. Intend to release the karma that they are sharing in your ascent ahead.

Take a deep breath slowly inhaling and exhaling.

The fourth ancestor steps forward now.

This ancestor attempted to ascend in their particular lifetime.

The ascension was not fulfilled upon as greatly as they desired. Allow this ancestor to present him or herself now and share a little about their experiences of ascension in their lifetime.

Take a moment to acknowledge this ancestor. Intend to retrieve the knowledge from their ascension and release the patterning at cause of why their ascension failed in your continued path ahead.

Take a deep breath slowly inhaling and exhaling.

The fifth ancestor steps forward now.

This ancestor holds karma at cause of why you chose the particular birth parents and family that you were raised within in this lifetime.

Allow this ancestor to present him or herself now and share a little about their experiences and karma incurred in their lifetime.

Take a moment to acknowledge this ancestor. Intend to release all karma associated in the continued ascent ahead to complete with your family in this lifetime.

Take a deep breath slowly inhaling and exhaling.

The sixth ancestor steps forward now.

This ancestor holds key karma at cause of why you work in a particular preoccupation that you have in this lifetime.

Allow this ancestor to present him or herself now and share a little about their experiences and karma incurred in their lifetime.

Take a moment to acknowledge this ancestor. Intend to release all karma associated in the continued ascent ahead to complete with your occupation in this lifetime.

Take a deep breath slowly inhaling and exhaling.

The seventh ancestor steps forward now. This ancestor holds key karma at cause of why you had love affairs with particular others this lifetime.

Allow this ancestor to present him or herself now and share a little about their experiences and karma incurred in their lifetime.

Take a moment to acknowledge this ancestor. Intend to release all karma associated in the continued ascent ahead to complete with your significant relationships in this lifetime.

Take a deep breath slowly inhaling and exhaling.

The eighth ancestor steps forward now.

This ancestor holds key karma at cause of why you married whomever you have married this lifetime, or whom you might marry into the future.

Allow this ancestor to present him or herself now and share a little about their experiences and karma incurred in their lifetime.

Take a moment to acknowledge this ancestor.

Intend to complete your karma for karmic based marriages in this lifetime so that you can give birth to ascending partnerships and ascending marriage.

Take a deep breath slowly inhaling and exhaling.

The ninth ancestor steps forward now.

This ancestor holds key karma at cause of the children that you have either given birth to or will give birth to this lifetime.

Allow this ancestor to present him or herself now and share a little about their experiences and karma incurred in their lifetime.

Take a moment to acknowledge this ancestor.

Intend to complete your karma for karmic based family relationships in this lifetime so that you can give birth to soul driven and ascension-based family relationships ahead.

Take a deep breath slowly inhaling and exhaling.

The tenth ancestor steps forward now.

This ancestor holds key karma for creative self-expression that could be shared ahead to bring one joy or contribute to others or a community.

Allow this ancestor to present him or herself now and share a little about their experiences and karma incurred in their lifetime.

Take a moment to acknowledge this ancestor. Intend to release all karma that blocks you from giving creative expression flight in the dance of life ahead.

Take a deep breath slowly inhaling and exhaling.

The eleventh ancestor steps forward now.

This ancestor is larger headed and holds keys to the ascension to full consciousness within your inheritance ahead.

Allow this ancestor to present him or herself now and share a little about their experiences and karma incurred in their lifetime.

Take a moment to acknowledge this ancestor. Intend to retrieve all keys pertinent from this ancestor to your personal ascent ahead.

Take a deep breath slowly inhaling and exhaling.

The twelfth and last ancestor steps forward now.

This ancestor is larger headed and a part of a larger council here upon Earth that oversees human evolution at this time.

Allow this ancestor to present him or herself now and share a little about what they perceive ahead for your evolutionary journey this lifetime.

Take a moment to acknowledge this ancestor. Intend the best possible ascending dream for oneself ahead.

Take a deep breath slowly inhaling and exhaling.

Now sit with your Ancestral Council of Twelve.

If you have concerns about your personal life circumstance, request their guidance now.

The ancestors with the advice to share will step forward. Take a moment to listen to what they have to share.

Take a deep breath slowly inhaling and exhaling.

If you have concerns about your health and the ascent of your body, then request your ancestors' guidance now.

The ancestors with the body level advice to share will step forward now. They may also bring forward herbs that will aid you in your current ailment.

Take a deep breath slowly inhaling and exhaling.

Now allow your ancestors to guide you to any one of many other temples to support you in your continued ascension.

You may fall asleep at this point and awaken refreshed after a short nap or a full night's sleep.

Take a deep breath slowly inhaling and exhaling.

Take a moment to honor and thank your ancestors. Know that your Council of Twelve will shift from time to time as karma is complete or records are gathered, and you are complete with their association.

Aho Blessed be and so It Is....